

URSULINE HIGH SCHOOL

Welcome to

Year 10

Information Evening



Welcome

Ms Julia Waters Headteacher





URSULINE HIGH SCHOOL

'The one who has hope, lives differently'

Pope Benedict XVI



Ms Alana Murphey School Chaplain



Prayer of Saint Angela



Gracious God, Let us remain in harmony, United together; All of one heart and one will. Let us be bond to one another By the bond of love, Respecting each other, Helping each other, And bearing with each other In Jesus Christ. For if we try to be like this, Without doubt, You, Lord God, Will be in our midst. Amen



Teaching and Learning

Mr Owen Nichols

Assistant Head teacher

Teaching and Learning KS3/4
Assessment and Exams



Teachers

- Consistently high expectations of all students
- Outstanding progress in lessons and over time
- Systematically checking learning throughout the lesson
- Active and engaging learning that is personalised for every student through effective planning
- Excellent subject knowledge
- Assessment for learning for consistently high quality marking and feedback
- Questioning and dialogue to engage Learning
- Opportunities for students to plan, think and reflect



Current GCSEs

- More content to be studied (in some subjects A LOT more content).
- Longer written answers to be given in exams.
- All assessment will take place at the end of Year
 11 no controlled assessment any longer (with very few, small exceptions e.g. in Art)



Revision and Consolidation

Revision and consolidation of learning **MUST** be ongoing



Linear Learning

- 1. Knowledge Flashcards/notes and revision materials throughout the course.
- 2. Learn Revise throughout the course and not just at the end. Flashcards should be used at all times.
- 3. Apply Do as many questions as possible and use the mark schemes to adapt your revision materials.



Where to get this?

- 1. MS Teams knowledge mats, revision guides, practice questions.
- 2. Syllabus
- 3. GCSEpod



The principles of Teaching and Learning Have not changed...

4Cs

Consolidation, Context (Big picture), Checking the learning and Challenge.

MS Teams, Assignments, Class NoteBook are a tool to facilitate outstanding teaching practice.



Digital Learning Provision

Currently, all lessons are on Teams and will use Class NoteBook (OneNote) and Assignments.

All students need to bring it in fully charged and use the charging points around the school during the day. Students also need to bring in headphones.



New GCSEs

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Please see the case studies that have been distributed in this session.

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- 3. GCSEpod



Teaching and learning beyond school - how parents can help

- Curriculum guide for information on courses
- School calendar for events
- Homework timetable
- Planner- always check and sign
- Exercise books
- Time and space to study
- Talk about learning

Assessment, Reporting and Exams

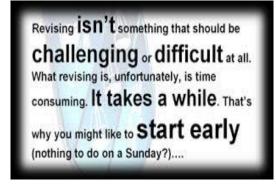


Mr E. Kelly Associate Headteacher







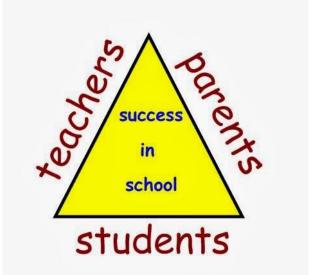


<u>Parents</u>

Parental support is eight times more important for your child's success than any other factor

- Parental support is a significant component of success. Being aware of what's going on in school is the first step
- Starting Points.
- UHS Target Standards.
- Progress.





Targets

- Last year we issued Predictive GCSE targets to Year 9 as they had already begun their GCSE courses.
- These will be reviewed this term once we have the information from FFT but there are likely to be very few changes. FFT will alter targets based on the national outcomes
- Grade 9s are not targeted, which does not mean they are not achieved or expected!
- Targets are a support guide they are not limiting!

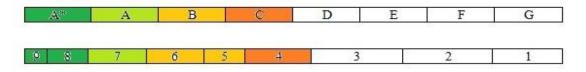
Standards of Attainment

- These are fine graded into the same subdivisions we use at KS3
- Standards = <u>Developing</u> (lower end)/ <u>Secure</u> (mid grade) / <u>Proficient</u> (top end)
- Health and Social Care is a L2 Btec.
- Child Care is CACHE. Level 2 Course graded A*-G
- Vocational L2 courses are equivalents for the purposes of Progression to 6th Form. So = one qualification in the students best 8 GCSEs
- Your daughter is not expected to be achieving her targets in year 10. She should be <u>no more than one whole grade</u> <u>away from her target;</u> beyond this is considered underachieving.
- •There are some exceptions to this in the case of MFL and Maths at this stage <u>before the course is completed being 2</u> grades below target is considered on track



- NEW GCSE gradings in all GCSE subjects
- Vocational Courses are Graded with GCSE equivalencies

Distinction*/Distinction/Merit/Pass/Fail



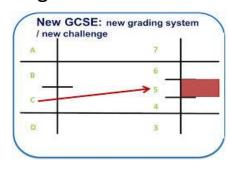
*Only top 3% of all students in England will achieve a grade 9



What do the grades mean?

- Grade 4 as the standard pass indicate a Pass
- Grade 5 grade which will be the expected threshold for year 10. (GOOD PASS)
- Grade 5 equates to the top grade C bottom Grade B of the old system.
- Broadly Old Grade C Converts to grade 4 'PASS'
- A Grade 5 is called 'GOOD PASS'
- Old Grade A Coverts to 7
- Top 20% of those who achieve grade 7&8 will receive a
 Grade 9 (Elite Performers)
 Grade 1 will convert to bottom grade





Continued

•You need to pay careful attention if you daughter is in the Vulnerable Zone (3p to 4d and 4p to 5d)

Effort grades are self explanatory

Outstanding
Good
Requires improvement
Poor



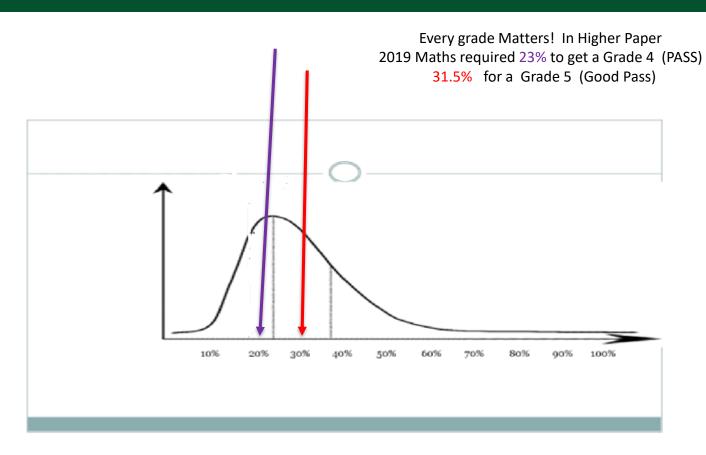
Levels and GCSEs

- Ks2 Scores have GCSE Equivalencies:
- So students starting with KS2 Scores are minimum base line expected
- 100 point score students from KS2 will be expected to achieve GCSE Grade 5 minimum
- 105 to Grade 6/7
- 110 to Grade 8/9.
- We don't set targets of a 9. But they can get them!
- These conversions are based on students making expected progress. They are not limiting in that they should be exceeded



Exams: What's going on?

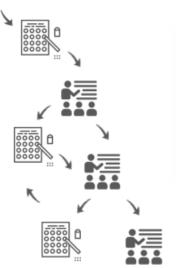
- Exams are linear style with only limited subjects still having Controlled Assessment elements. Art, Drama, DT, PE, MFL
- There are no early entry GCSE examinations
- Maths, Science and Languages are the only tiered Exams with grades 4 and 5 available through both Higher and Lower Tiers.
- Acquisition of Knowledge and Rote Learning



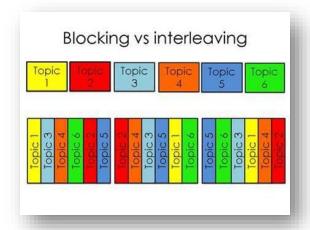








Interleaving



https://bjorklab.psych.ucla.edu/



"Research shows
unequivocally that mastery
and long-term retention are
much better if you interleave
practice than if you mass it."

However, learners and teachers do not *feel* like it is working. Even after taking part in studies, many say that they *prefer massed* practice!

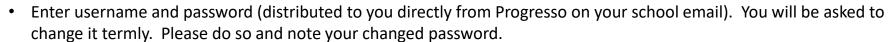
Intervention and Support Available

- Your daughter should be able to articulate the grade she is working at and know what she need to do to reach the next grade. Subjects will have specific interventions.
- After School or Lunch interventions
- Students being asked to re-draft and re-submit work particularly important in relation to Exam Practice. Green pen
- Differentiated learning in accordance with the assessment criteria.
- Revision classes/Extra help from staff –After school.
- Students with Specific SEND will have intervention as Co-ordinated by Mrs Delhoum
- Interventions 1:1 in English and Maths. Small groups in Science.



Accessing this Information

- www.ursulinehigh.merton.sch.uk
- Click on Progresso Link





• If you experience any difficulty please ask for extra help when you come to collect your daughter's laptop. Alternatively follow the Progresso Log in help on the school website clicking

• Please follow the instructions on the school website in this update button on how to retrieve your historic data/reports as they will have been removed in the Summer.



Assessment, Reporting and Recording

Autumn A EMB grades to be entered

1st Academic Review Day 22nd Oct P5-6 & 23rd October P1-5 (Parent/Student –Tutor Meeting)

Autumn B EMB grades to be entered (available online 17th December 2020)

Summary of Average Posted Home

Spring Term A EMB grades to be entered (Available online 11th February 2021)

Spring Term B EMB grades to be entered

2nd Academic Review Day; 25th March 2021 P5/6 & 26th March P1-6 (Parent/Student –Tutor Meeting)

Summer Term;

Summer Term A EMB grades to be entered (Available online 28th May 2021)

June 21st – End of Year exams

July 14th - Parents Evening



Sixth Form: Progression and Transition

Mr B Barton

Assistant Head Teacher KS5



Pathways

Pathway 1: At least five GCSEs grades 9-5 (including grade 4 in English and Maths)	Students have the option to study one T Level
Pathway 2: At least eight GCSEs grades 9-5 (minimum of six grade 7 or above)	Students can opt to do 4 A Levels or 3 A Levels and EPQ
Pathway 3: At least eight GCSEs grades 9-4 (minimum of four grade 5 or above)	Students study 3 A Levels
Pathway 4: At least eight GCSEs grades 9-4 (with fewer than four at grade 5)	Students study two Level 3 BTEC qualifications and can study one A Level or a further Level 3 equivalent qualification.
Pathway 5: At least five GCSEs grades 9-4 (including grade 4 in English or Maths)	Students study three Level 3 BTEC qualifications and may also retake GCSE Maths or English if they have not achieved a 4 in one or the other.
Pathway 6: Fewer than five GCSEs grades 9-4 (below grade 4 in Maths and English Language)	Students follow the Level 2 Courses and retake both GCSE English and GCSE Mathematics.



WELCOME TO THE MEXT LEVIEL

WELCOME TO THE NEXT LEVEL

WELCOME TO THE NEXT LEVEL T Levels are a brand new qualification designed to give you a head start towards the future you want.

They follow GCSEs and are equivalent to 3 A Levels.

The 2-year qualification brings classroom and work placement together, on a course designed in collaboration with the best employers.

https://www.tlevels.gov.uk/students/why

https://www.ursulinehigh.merton.sch.uk/sixth-form/sixth-form-life-2/find-out-more-2/





80% CLASSROOM

20%

WORKPLACE

You'll spend 80% time in the classroom and 20% on a 45-day placement to equip you with the knowledge and skills companies are looking for.

Your T Level will help you to step straight into your chosen career, an apprenticeship or a degree.

Wherever your future is heading, take it to the next level.

We will be offering T Levels in Digital, Construction, Education & Childcare from September 2020.

For more information, visit gov.uk/dfe/t-levels

Key Dates

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Tuesday 9th March
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Year 10 Sixth Form Transitions Parents' Meeting (6:30 – 7:30pm)

June

Period 1 – 4 Year 10 Networking with Year 12 students

Monday 5th July

Year 10 Sixth Form Taster Day

Tuesday 6th July & Wednesday 7th July

Year 10 Interviews for Sixth Form Courses



Pastoral Care

Ms Michelle Alexander

Assistant Head Teacher Safeguarding and Inclusion



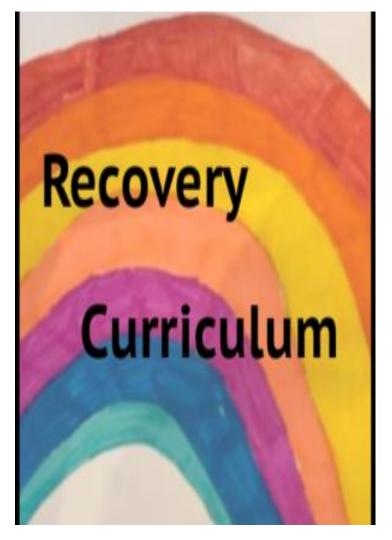
Rebuilding and Resilience

<u>Lever 1: Relationships</u>—we can't expect our students to return joyfully, and many of the relationships that were thriving, may need to be invested in and restored. We need to plan for this to happen, not assume that it will. Reach out to greet them, use the relationships we build to cushion the discomfort of returning.(fun, optimism etc)

<u>Lever 2: Community</u> – we must recognise that curriculum will have been based in the community for a long period of time. We need to listen to what has happened in this time, understand the needs of our community and engage them in the transitioning of learning back into school.

<u>Lever 3: Transparent Curriculum</u> – all of our students will feel like they have lost time in learning and we must show them how we are addressing these gaps, consulting and coconstructing with our students to heal this sense of loss.

<u>Lever 4: Metacognition</u> – in different environments, students will have been learning in different ways. It is vital that we make the skills for learning in a school environment explicit to our students to reskill and rebuild their confidence as learners.



Connect





Connect with family, friends, staff at school and neighbours. At home, school, through clubs or in your local community. Building these connections will support and enrich you every day.

- ✓ Plan time each week to spend time with a friend or relative.
- ✓ Do a random act of kindness for someone each day.
- ✓ When you connect with people always be mindful to really listen to what they say!
- ✓ Do something that doesn't involve technology. Remain connected, don't be distracted.
- ✓ Take the time to get to know your family. Ask them about their past. Do something together.
- ✓ Meet people who share your interests or try something new. Participate in a club/group/event online or in person.

Social Media

- Countless friendship issues which are exacerbated by the misuse of social media
- Drawn into issues with other student
- Tempted to say unkind comments
- Unable to move past comments online
- We are asking for your support in helping ensure the students are using social media responsibly.
- If students do use social media irresponsibly, this will be taken into consideration when dealing with issues raised
- We need to work together to support our young people and we are stronger is we all do the same



Your daughter and alcohol

Teenage years are a time of experimentation and <u>no</u> young person is entirely immune to the pressures and temptations available

- The average age for first trying alcohol is 13
- 70% of 15 year olds from affluent backgrounds have tried alcohol
- In an international survey of 15-16 year olds 29% of girls in the UK had indulged in binge drinking at least three times in the previous month
- Around one in eight girls aged 15 to 16 have unsafe sex after drinking alcohol

Your daughter and illegal drugs...

- 37% of 15 year olds have tried at least one illegal drug
- Cannabis is the most widely used illegal drug; two in five 15-yearolds in the UK have tried cannabis.
- Nitrous oxide (laughing gas, hippy crack) is popular among teenagers and very easy to get hold of.
- New psychoactive substances or NPS (formerly known as "legal highs") are a group of drugs designed to bypass the former legislative controls of illegal drugs – the list is ever changing



Equalities, Diversity and Cohesion

The Ursuline Have a clear policy on inclusivity and we respect all of the protected characteristics

- Age
- Disability
- Gender Reassignment
- Race and ethnicity
- Sex
- Sexual Orientation
- Religion

We will look at each one across the year and think about how inclusive our community is and what actions we as individuals will take to work towards better equality for all.



Anti-bullying Policy

- UHS Process for dealing with alleged bullying
- Incident reported to school by staff/parent/student
- HOY/SLT begins investigation of incident
- Statements taken from all concerned, including witnesses
- Parents informed of investigation by HOY/SLT
- Decision regarding incident is made once all evidence is collated
- Appropriate sanction/support given, and parents informed
- Support /strategies offered to students
- Conflict resolution between students
- Incident logged and monitored by HOY. Further incidents will be considered in future

Need Support?



Ms Michelle Alexander Assistant Headteacher

Designated Safeguarding Lead



Mrs Rachael
Gilmore
Mental Health
Lead & 6th Form
Designated
Safeguarding
Lead



Ms Dena Donaldson Safeguarding Officer Health and Wellbeing Coordinator



Mrs Anna
Osarose Harrison
Safeguarding
Officer and
Safeguarding
Support
Assistant



Mrs Sarah McCourt Safeguarding Officer Year 7 & 8 Pastoral Assistant















DO WHAT YOU CAN.

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EMBRACE NEW EXPERIENCES. Your time.

Support on Offer Can help with strategies for sleep, anxiety, low mood



Contact the Pastoral team for a discussion about how we can help including the HOY for your daughters year group. Please email wellbeing@ursulinehigh.merton.sch.uk

Off The Record

 <u>Counselling</u> - Free and confidential counselling to young people aged 11-25. All Ursuline Students are entitled to access services.

 Online Support - Free online counselling for young people aged 11-25.

https://www.talkofftherecord.org/merton/

Kooth

 The Kooth team are here to provide free, safe and anonymous online support and counselling.

 The whole team are made up of friendly and experienced individuals who want to help you.

https://www.kooth.com/meet-the-team

Attendance and Punctuality

- We want the students to be in school wherever possible.
- We must know if your daughter is not attending by 9.30am as this is a safeguarding duty
- We monitor all students with under 92% attendance weekly.
- Students with excellent attendance have a much higher chance of succeeding socially and academically.
- Please support us in ensuring our students have the best access to our curriculum, so they can achieve in areas.
- Punctuality is being reviewed due to travel restrictions and staggered start times/ We will not have the school policy in place until we are secure with students travelling at this more challenging time.

Drugs Education

As you can see through the PSHEC curriculum Drugs education is part of what we teach. At the Ursuline we are aware of the harm that drugs can do to individuals, families and the community.

- Our Policy is contributing to the national drug strategy and Merton's corporate drug strategy.
- We are committed to the health and well-being of the whole school community
- We are aware of the continuous changes to the drugs scene both locally and nationally and will continuously review our policy to reflect this.

Drug Test

This may be done at the Head Teacher's discretion. If a student is believed to be under the influence of an illegal substance the Headteacher has the right to use a urine test to conclude whether the student has taken an illegal substance. The Parent/ Carer of the student will be informed that this is happening. The Parent will be informed of the result and if positive will be asked to pick up the student from school immediately. A sanction will be given according to the school's behaviour policy and an immediate referral made to Catch 22.

Police Community Support Officer

This is PC Gunn our school police officer who your daughters will see around school and in assemblies.

PCSOs work with schools and young people as well as supporting crime and disorder reduction partnerships. He also helps to educate on some of the issues that arise in PSHEC such as gang crime, peer abuse and Sexual exploitation.



Y10 Online Pastoral Workshops for Parents

Autumn Term

KS4 and KS5 Parental Workshop Online, Media and safety (focus on CSE, grooming) Thursday 8th October

Spring Term

KS4 and KS5 Drug Parental Workshop January 28th

Summer

KS4 and KS5 Relationships and Sexual health Parental Workshop 4th June

Mental Health Partnership Parental Workshop

- Autumn A Managing uncertainty and return to school-September 24th
- Autumn B Building resilience-November 12th
- Spring A Emotional regulation 11th Feb
- Spring B Managing social relationships 18th March
- Summer A Understanding the adolescent brain 13th May
- Summer B Eating disorders TBC

Further Parental support

- <u>Childnet offers</u> a toolkit to support parents and carers of children of any age to start discussions about their online life, to set boundaries around online behaviour and technology use, and to find out where to get more help and support
- <u>Commonsensemedia</u> provide independent reviews, age ratings, & other information about all types of media for children and their parents
- <u>Government advice</u> about protecting children from specific online harms such as child sexual abuse, sexting, and cyberbullying
- Government advice about security and privacy settings, blocking unsuitable content, and parental controls
- <u>Internet Matters</u> provide age-specific online safety checklists, guides on how to set parental controls on a range of devices, and a host of practical tips to help children get the most out of their digital world
- Let's Talk About It provides advice for parents and carers to keep children safe from online radicalisation
- <u>London Grid for Learning</u> provides support for parents and carers to keep their children safe online, including tips to keep primary aged children safe online
- <u>Lucy Faithfull Foundation StopItNow</u> resource can be used by parents and carers who are concerned about someone's behaviour, including children who may be displaying concerning sexual behaviour (not just about online)
- <u>National Crime Agency/CEOP Thinkuknow</u> provides support for parents and carers to keep their children safe online
- <u>Net-aware</u> provides support for parents and carers from the NSPCC and O2, including a guide to social networks, apps and games
- Parentzone provides help for parents and carers on how to keep their children safe online
- <u>Parent info</u> from Parentzone and the National Crime Agency provides support and guidance for parents from leading experts and organisations
- <u>UK Safer Internet Centre</u> provide tips, advice, guides and other resources to help keep children safe online

School Ethos

Ms K. Connor

Assistant Head Teacher – Behaviour & Catholic Ethos



School Ethos



Our school motto is Serviam – 'I will serve' All Ursuline students are expected to use their gifts and talents for the service of God and our community.



- The school offers a wide range of opportunities for personal development, learning skills, developing character and promoting confidence.
- Participation in the wider life of the school is a basic expectation and there are activities suited to lots of different interests.

Our theme for the year is 'The one who has hope lives differently' – Pope Benedict XVI

As we settle in to the new normal, hope is even more important. Hope for a better future is the driving force for change. We encourage students to take a lead on pushing for a fairer and more hopeful future.

Student Voice

- The term "Student Voice" describes how students give their input to what happens within our school and classrooms.
- Our desire is for students to know that their expertise, opinions and ideas are valued in all aspects of school life.
- Student Voice permeates all levels of our work together, from students participating in small group classroom conversations, to students partnering in curriculum design or establishing school norms and policy.
- A key tool of Student Voice is the School Council I
 would encourage your daughter to stand for
 election.

The Serviam Passport

Students record their acts of Serviam on their passport

- Minimum expectation of two entries per half term
- Passport is monitored by tutors
- Recognition of students' contribution to Serviam takes
- place at the end of each term certificates for those who show exceptional commitment
- Serviam assembly at the end of the year where students share their contributions with their peers
- Serviam Award at celebration

The App

CONFIDENCE
CURIOSITY
COMMUNICATION
RESPECT
RESILIENCE
LEADERSHIP
PROBLEM SOLVING
MORAL COMPASS

- Our ethos, values, and curriculum enable students to develop positive character traits that will contribute to their success in life beyond school.
- New addition to the Serviam Passport allows students to map their progress in developing these qualities
- One per key stage
- Mapped across 6 strands of personal development:

Character	Spirituality	Citizenship	Health &	Cultural	Employability
development			Wellbeing	Capital	

Rhythm of Year 10 & Parental Support

Ms Rachel Donohue

Head of Year 10



Y10 Form Time



MONDAY-READ
MINDFULNESS
WELLBEING TASKS
STUDENTS TO READ
AND TEACHER
DISCUSS WHAT TO
DO THIS WEEK



TUESDAY-RESPECT TASK DISCUSSION



WEDNESDAY- NEWS



THURSDAY- RECORD
AND DISCUSS THE
WELLBEING AND
MINDFULNESS AND
TUTOR TO CHECK

EMOTION PICTURE



FRIDAY-ASSEMBLY



Diary

Autumn A - Connect

Think: "People forget what you said and what you did. But they never forget how you made them feel." - Maya Angelou

Do: Give sincere compliments to 3 people you meet in school this week. Note down who you complemented so they would feel good about themselves.

Mindfulness



Choose two acts of or someone each day them out.

Respect



Discuss the haracteristics of long-term relationships. What does that mean?

Wellbeing



Talk to someone about your worries. Sharing your worries can make them seem smaller.

Week 1 August/September

Monday 14th	DUE	~
	·	
Tuesday 15 th		
Wednesday 16th		
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		·i

Thursday 17th
Friday 18 th

Three good things from this week:						
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Student Leadership

- Student Leadership:
- Sports leaders
- Equalities leaders
- School council reps
- Public speaking
- Chaplaincy
- Digital learning
- Teaching and learning
- International links
- Arts
- Community
- STEM
- Environment





Enrichment

- MFL Singing club
- Netball
- History Film Club
- History Club
- Zumba
- Writing Club
- School Council
- Eco Club
- Chaplaincy Team
- The Devising Club
- Literary Classics Club
- Homework Club



Enrichment Activities

KS4 Autumn Term 2020





Year 10 Careers

- Ursuline High School is committed to ensuring students experience a full, varied and interesting careers journey through our dedicated programme
- During this year:
 - All Year 10 will hear about careers and apprenticeships during assemblies and are able to meet employers and hear about their careers journeys at Lunch and Learn sessions
 - All Year 10 students will participate in either a Hacker Box or a Speak Out Challenge Careers Workshop developing key employability skills
 - All students will hear from employers and apprentices during National Apprenticeship Week (February) and National
 Careers Week (March) to develop an understanding of how the curriculum they learn links to career pathways
 - All Year 10 students will have access to START the careers software to explore different jobs and careers which they can share with and show their parents/guardians too
 - All students will explore future Sixth Form subjects have access to Unifrog to explore their future pathways and destinations
- Parents/carers have an important role to play in supporting their daughter with their careers planning and exploring. We welcome the offer of your support to the school and its careers activities. For further information please see the Parent and Carer volunteering page on the website- https://www.ursulinehigh.merton.sch.uk/curriculum/careers-programme/
- All students and parents can contact the Careers Advisor Shirley Ward in the LRC & Careers Lead Lorraine Petheram –
 Lorraine.petheram@uhsw.com. Further Careers information can be found on the school website







How can parents help?

Please check your daughter's diary daily to see what is set, outstanding from yesterday.

Develop the habit of asking questions like:

- What homework do you have?
- How long will that take?
- What equipment do you need to complete that?
- How do you think you might plan that piece of work?
- What are the key words that you need to use?
- Explain them to me?
- Show me how to do that?
- What did you learn?
- Look at comments teachers are making and targets that are being set in their Notebooks.
- Devise a revision timetable and ensure it is being used.



Be Informed-Planners

- Know what your daughter's subject targets are.
- Track current grades in planner/Progresso.

Important Dates & Parental Involvement

Academic Review Day (Autumn): Thursday 22nd – Friday 23rd October 2020

Academic Review Day (Spring): 25th and 26th March 2021

Year 10 Parents' Revision Evening: Tuesday 25th May 2021 6 pm - 7 pm

Y10 Taster Day for Sixth Form – Mon 5th July

Year 10 Sixth Form Interviews: Pop A 6th July, Pop B 7th July

Year 10 Parents Evening – Wednesday 14th July 2021

Year 10 Celebration: Thursday 15th July 2021 1.25 pm – 3.10 pm

Progresso

Reports

