

## MENU 1

3<sup>rd</sup> January- 6<sup>th</sup> January, 23<sup>rd</sup> January- 27<sup>th</sup> January,

6<sup>th</sup> March- 10<sup>th</sup> March, 27<sup>th</sup> March- 31<sup>st</sup> March

### Monday

Thai Pork Curry (**Ce**), Steamed Rice, Broccoli, Vegetarian Tikka Masala (**M, may contain: N, P and Mu**), Jacket Potato with Baked Beans

### Tuesday

Pasta Bolognese (**C**), Vegetable Goulash (**Ce**), Green Pesto and Parmesan Pasta (**C, M, E**), Jacket Potato with Baked Beans

### Wednesday

Jerk Chicken (**May contain C**), Roast Potatoes (**C**), French Beans, Vegetarian Burrito (**C, E, Ce**), Jacket Potato with Baked Beans

### Thursday

Beef Lasagne (**C, Ce, M, E, may contain Mu and So**), Herby Diced Potatoes (**C**), Garden Peas, Roasted Vegetable Pasta (**C, M, Ce**), Cheese and Tomato Pizza (**C and M**), Jacket Potato with Baked Beans

(Please read individual labels for the full ingredients and allergens list)

Salad bar, Cookies, Cakes, Jellies, and Cold Drinks

**Allergies: Ce = Celery, C = Cereal, E = Egg, F = Fish, L = Lupin, M = Milk,**

**Mo Molluscs, Mu = Mustard, N = Nuts, P = Peanuts, S = Sesame**

**seeds, So = Soya, Su = Sulphur dioxide**

## MENU 2

9<sup>th</sup> January- 13<sup>th</sup> January, 30<sup>th</sup> January- 3<sup>rd</sup> February,

20<sup>th</sup> February- 24<sup>th</sup> February, 13<sup>th</sup> March- 17<sup>th</sup> March

### Monday

Chicken Korma (Mu, may contain: N and P), Steamed Rice, Baby Carrot, Chickpea, Spinach and Sweet Potato Curry (Mu, may contain C and M), M), Jacket Potato with Baked Beans

### Tuesday

Oven Baked Sausages (C, So, Su), Herby Diced Potatoes (C) Indian Style Chicken Wrap (Mu, may contain N and P), Garden Peas, Jacket Potato with Baked Beans

### Wednesday

Southern Style Quorn Burger (C, E, M, may contain S), Roast Potatoes (C), Mixed Vegetables, Macaroni Cheese (C, Ce, M, E, may contain Mu and So), Jacket Potato with Baked Beans

### Thursday

Chicken Burger (C, Ce, may contain S), Potato Wedges (C), Broccoli, Tomato and Herb Pasta (C and Ce), Jacket Potato with Baked Beans

(Please read individual labels for the full ingredients and allergens list)

Salad bar, Cookies, Cakes, Jellies, and Cold Drinks

**Allergies: Ce = Celery, C = Cereal, E = Egg, F = Fish, L = Lupin, M = Milk,**

**Mo Molluscs, Mu = Mustard, N = Nuts, P = Peanuts, S = Sesame**

**seeds, So = Soya, Su = Sulphur dioxide**

### **MENU 3**

16<sup>th</sup> January- 20<sup>th</sup> January, 6<sup>th</sup> February- 10<sup>th</sup> February,  
27<sup>th</sup> February- 3<sup>rd</sup> March, 20<sup>th</sup> March- 24<sup>th</sup> March

#### **Monday**

Red Thai Chicken Curry (Ce), Steamed Rice, French Beans, Vegetarian  
Chilli Con Carne (C, E, may contain Ce), Green Pesto and Parmesan  
Pasta (C, E, M), Jacket Potato with Baked Beans

#### **Tuesday**

Beef Burger (C, may contain S), Cheeseburger (C, M, may contain S),  
Herby Diced Potatoes (C), Mixed Vegetables, Quorn Mince and  
Vegetable Wrap (C, E, may contain Ce), Jacket Potato with Baked  
Beans

#### **Wednesday**

Garlic and Herb Chicken (Mu), Roast Potatoes (C), Sweetcorn,  
Vegetable Lasagne (C, Ce, E, M, may contain: Mu, So), Vegan Sausage  
Roll (C, So), Tomato and Herb Pasta (C and Ce), Cheese and Tomato  
Pizza (C and M), Jacket Potato with Baked Beans, Jacket Potato with  
Tuna and Sweetcorn (F, E, Mu)

#### **Thursday**

Pork Meatballs (C and Ce), Steamed Rice, Garden Peas, Vegetarian  
Bolognese (C, E, may contain Ce), Jacket Potato with Baked Beans