

















# Y7-8 Enrichment Activities Summer Term 2019





# Foreword

Our school motto, Serviam'I Will Serve', permeates all aspects of school life and our students are encouraged to participate in activities which are designed to develop the whole person and allow them to extend themselves to others.

Participation in the life of the school promotes a sense of belonging and pride in the school and is imperative to the success of every student. Our expectation is that all students will take part in an activity outside of the classroom. These experiences will enrich their lives, improve their skills and help them to enjoy school life to the full. This brochure outlines our Enrichment Programme for the Summer Term 2019.

Please encourage your daughter to choose some life-enriching activities. Please contact the staff member under each enrichment to book a place.

Julia Waters BSc (Hons) MA Headteacher

# MONDAY

# Year 7 Choir

Lunchtime, A4 Year Group: Y7 Staff Contact: Mr Williams paul.williams@ursulinehigh.merton.sch.uk **Description:** Singing a mixed repertoire in two parts (Soprano and Alto).

#### **Skills required:**

Commitment, loyalty, resilience, singing, vocal technique, breath control, reading music, aural skills. Willingness to perform and commit to regular rehearsals.

# **Book Club**

3.15 - 4.00pm, LRC Year Group: All Year Groups Staff Contact: Ms Spencer emily.spencer@ursulinehigh.merton.sch.uk **Description:** Fun environment where students can read an discuss books! **Skills required:** A love of reading-that's it!

# Science Club

# 3.10 - 4.00pm, S9

Year Group: Y7-9

Staff Contact: Mr Rushforth

alexander.rushforth@ursulinehigh.merton.sch.uk **Description:** 

Science club investigates exciting and thrilling aspects of science. Students get an opportunity to carry out practical investigations.

#### **Skills required:**

Analysis, evaluation, investigative, curiosity design and reflection.



# **Cricket Club**

3.30pm - 4.45pm, Morley Park Year Group: Y7-8 Staff Contact: Miss Doyle caitriona.doyle@ursulinehigh.merton.sch.uk

#### Tennis Club

3.20pm - 4.45pm, Tennis Court- UHS Year Group: All years welcome Staff Contact: Miss Doyle caitriona.doyle@ursulinehigh.merton.sch.uk .....

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#### TUESDAY

# History Club

Lunchtime, U2 Year Group: Y7-8 Staff Contact: Ms Beale debra.beale@ursulinehigh.merton.sch.uk **Description:** To understand how and why history is represented and to discuss current affairs history in the making. Skills required: An enthusiasm for history and a thirst for understanding. An interest in current affairs and the world in which we live.

#### Football Club with AFC Wimbledon

3.30pm - 4.45pm, Morley Park Year Group: All Years Welcome Staff Contact: Ms Corrigan rachel.corrigan@ursulinehigh.merton.sch.uk **Description:** 

Football practice: General game play and rules/ tactics of football. Students will be put into teams for Borough & Regional and national.

## Spartans Basketball Club

3.20pm - 4.45pm, Sports Hall Year Group: Y7-9 Staff Contact: Ms Corrigan rachel.corrigan@ursulinehigh.merton.sch.uk **Description:** Developing Skill - Improving Confidence -Encouraging Teamwork!

#### WEDNESDAY

# Junior Orchestra

Lunchtime, A4 Year Group: Y7-10 Staff Contact: Mr Williams paul.williams@ursulinehigh.merton.sch.uk **Description:** 

Learn a mixed challenging repertoire suitable for students on grades on grades I - III. **Skills required:** 

Enthusiasm and a willingness to develop their instrumental technique, sight reading and ensemble skills. Students will be expected to practise between rehearsals and take their parts to their instrumental tutors to help them learn them.

# D&T Club

Lunchtime, DT Block Year Group: Y7-8 (Max 10 students per *lunchtime*) Staff Contact: Ms Thomas paulalee.thomas@ursulinehigh.merton.sch.uk **Description:** Open workshop for students to receive support

with their current project work or to get advice to support their competition entries.



# Programming and Logics club

Lunchtime, B2 Year Group: Y7-8 Staff Contact: Ms Bhayat halima.bhayat@ursulinehigh.merton.sch.uk **Description:** 

Students have the opportunity to bring board games in to play or can play hotwires, Lego, python, scratch program or program a magic Harry Potter wand.

Skills required: Students will not need to have any prior knowledge before commencement of this course, however basic IT skills will aid in their understanding.

#### Year 8 Choir

Lunchtime, A6 Year Group: Y8 Staff Contact: Ms Lees katy.lees@ursulinehigh.merton.sch.uk **Description:** Singing a mixed repertoire in Soprano and Alto) **Skills required:** Commitment, loyalty, resilience, singing, vocal

technique, breath control, reading music, aural skills. Willingness to perform and commit to regular rehearsals.

# Maths Club

# Lunchtime, G7

Year Group: Y7-8 Staff Contact: Mrs Diviney louise.diviney@ursulinehigh.merton.sch.uk **Description:** Weekly mentoring programme for extra support

with maths. Students who sign up are expected to attend all sessions.

Skills required: Thinking skills, analysis, commitment, communication, number and a desire to improve in maths!

#### Year 7 Homework Club

3.10-4.10pm, M1 Year Group: Y7

Staff Contact: Ms Jefferies (Or Form Tutor) victoria.jefferies@ursulinehigh.merton.sch.uk **Description:** Quiet space to complete h/w, managed and supported by HoY. Students to bring laptops if required.

# Rambert Dance (FEE Required)

3.20 - 4.25pm, Dance Studio, \*FULL Year Group:Y8-9 Staff Contact: Ms Corrigan rachel.corrigan@ursulinehigh.merton.sch.uk

# Art Club

3.20 - 4.00pm, A2 Year Group: Y7-8 Staff Contact: Ms Ciechanowska agnieszka.ciechanowska@ursulinehigh.merton. sch.uk

**Description:** Large scale art projects done in groups. On invitation only. **Skills required:** 

Creativity, patience, problem solving, drawing.

## **Chamber Orchestra**

3.10 - 4.00pm, A4 Year Group: Y7-13 Staff Contact: Ms Maxwell alexandra.maxwell@ursulinehigh.merton.sch.uk **Description:** Learn a mixed challenging repertoire suitable for students on grades IV and above. **Skills required:** 

Ability to perform music of grade IV and above. Fluent sight-reading and thorough understanding of music theory. You will develop your knowledge of music from a range of historical periods and different genres.

# Skateboard Club

3.20 - 4.25pm, Sports Hall Year Group: Y7-9 Staff Contact: Miss Doyle caitriona.doyle@ursulinehigh.merton.sch.uk **Description:** Learn to skateboard or simply improve upon your

skateboarding skills in collaboration with Urban Sport Studios. Urban Sports provides maximum benefits to health and wellbeing, which promotes positive social, emotional, physical and cognitive development in children and young people. Skills required: Perseverance!

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# **THURSDAY**

#### Chaplaincy

12.45 - 1.20pm, Meetings twice per half-term Year Group: Y7 - Chapel, Y8 - M10

Staff Contact: Ms Murphy alana.murphy@ursulinehigh.merton.sch.uk **Description:** 

Planning, coordinating, organising Masses, services and Charity appeals.

#### **Skills required:**

Team work, thinking skills, listening, creativity, dedication, commitment, communication, action planning, Leadership, SERVIAM.

# Joint Ensemble

Lunchtime, A4 Year Group: Y8-13 Staff Contact: Ms Maxwell alexandra.maxwell@ursulinehigh.merton.sch.uk **Description:** 

A joint ensemble with Wimbledon College. Learn a mixed challenging repertoire suitable for students on grades VI and above.

# **Skills required:**

Ability to perform music of grade VI and above. Fluent sight-reading and thorough understanding of music theory. You will develop your knowledge of music from a range of historical periods and different genres.

# Year 8 Summer Reading Challenge

#### Thursday, 12.45pm, B12

Staff Contact: Ms Lewis jane.lewis@ursulinehigh.merton.sch.uk Year Group: Year 8 only Description:

An opportunity for Year 8 students to try reading new writers and genres and then share and discuss their ideas about the books in a relaxed and informal 'Book Club' style setting.. Skills required: Commitment to read the chosen novel in a four week time frame, willingness to discuss and share ideas about your discoveries, determination to persevere with challenging (but exciting!) stories .....

# African Dance Club

3:20-4:15pm, Dance Studio Year Group: Y7-9 Staff Contact: Ms Phillips loy.phillips@ursulinehigh.merton.sch.uk **Description:** 

African dancing, learning simple routines to afro beats music. Gain confidence whilst sharing in a style of music that has slowly become popular in recent time! PE kits and a bottle of water are needed and come ready to have fun! Skills required: A love of dance!

# Journalism Club

# 3.15 - 4.00pm, LRC

Year Group: All Years Welcome

Staff Contact: Ms Spencer

emily.spencer @ursulinehigh.merton.sch.uk **Description:** 

Members of Journalism Club work on a school magazine. Come along and get involved. **Skills required:** 

A love of writing, willing to work as part of a team an interest in Journalism.

# Rounders Club

3.30pm - 4.45pm, Morley Park Year Group: All Years Welcome Staff Contact: Miss Doyle caitriona.doyle@ursulinehigh.merton.sch.uk 

#### Geography Film and **Competition Club**

Lunchtime Year Group:Y7-8 Staff Contact: Miss Hoban maria.hoban@ursulinehigh.merton.sch.uk

#### FRIDAY

#### Archery Club (FEE required)

1.45-3.00pm, Sports Hall Year Group: Y7-11 Staff Contact: Miss Doyle caitriona.doyle@ursulinehigh.merton.sch.uk **Description:** 

Archery is a low-impact, very safe sport suitable for all ages and ability. You will learn to shoot arrows at a target and complete some archery awards

Sign-up fee: £5 per session LIMITED SPACES(x15)

Skills required: Basic co-ordination and a willingness to develop physical skill, a good core level of fitness and an interest in shooting. theatre-audience.

## **Cross Country Club**

3.30 - 4.45pm, Morley Park Year Group: Y7-11 Staff Contact: Miss Doyle caitriona.doyle@ursulinehigh.merton.sch.uk

#### Drama Club

1:45 - 2:30pm, A7 Year Group: Y7-13 Staff Contact: Mr Wootton

matthew.wootton@ursulinehigh.merton.sch.uk **Description:** 

Devising a performance that explores issues, identities and influences that are not our own. Weekly improvisation exploring social and political issues. Audition to take part then an invitation for an allocated role in the performance.

Skills required: Commitment, willingness to work as part of a group; desire to develop a range of performance devising skills. Interest in performing before a live theatre audience.

#### School Council

2.00 - 3.00pm, Sixth Form Study Centre

#### Year Group: Y7-11

Staff Contact: Ms Thefaut lisa.thefaut@ursulinehigh.merton.sch.uk

#### **Description:**

The School Council meets once every half term to develop plans to support student learning, respond to proposals for the Senior Leadership Team and to raise issues and concerns. School Councillors often represent the school.

#### **Skills required:**

Leadership, planning, teamwork, creativity, making your ideas happen.

# Dancebites – Academy of Dance & Performing Arts (FEE required)

1.45-3.00pm, Dance Studio Year Group: Y7-11 Staff Contact: Miss Doyle

caitriona.doyle@ursulinehigh.merton.sch.uk **Description:** 

Dancebites was founded in 1999 by Samantha Lindsay and it specialises in Street Dance, Classical Ballet, Tap, Jazz Technique, Drama and singing. Whether you are a budding dancer, want to have fun with friends, keep fit or learn something new, Dancebites is the place for you. Sign-up fee: £4 per session

#### **Skills required:**

Basic co-ordination and a willingness to develop physical skill, a good core level of fitness and an interest in street dance and general dance movement .....

# **VARIOUS DAYS**

Instrumental and Singing Lessons (FEE required)

Times to be arranged. School Hall, St Angela's Year Group: Y7-13

Staff Contact: Mr Williams paul.williams@ursulinehigh.merton.sch.uk **Description:** 

Individual 20 or 30 minute instrumental or singing lessons with a visiting peripatetic teacher. 10 sessions per term. Sign up. **Skills required:** 

- Organisation; commitment to regular practice and rehearsal schedules.
- Instrumental and/or vocal technique, communication, expression.
- The ability to read music and understand musical notation.

#### Student Leadership

Times will be arranged with the staff member allocated to the group. Year Group: Y7-10 Staff Contact: Paul Williams

paul.williams@ursulinehigh.merton.sch.uk

# **Description:**

Students will work on leadership opportunities in the following areas:

- **Digital Learning**
- International Links
- I RC
- **Public Speaking**
- Science
- Sports
- The Arts
- The Community
- **The Environment**
- The Media
- **Teaching and Learning**

#### **Skills required:**

You will be able to work individually and as part of a team; you will need to show initiative and be willing to share ideas and to listen to others' ideas. Commitment and a desire to develop an area of the school.

#### Debates

Please See Mr Cook for full arrangements Year Group: Y7-10

#### Staff Contact: Mr Cook

christopher.cook@ursulinehigh.merton.sch.uk **Description:** 

Weekly mentoring programme run by Debate Mate. Students who sign up are expected to attend all sessions. University mentors prepare students for pan-London and national debating competitions throughout the year. Sign-up with Mr Cook.

#### **Skills required:**

Develops public speaking skills, confidence, teamwork, research and critical thinking. 

#### Year 8 Homework Club

3.10-4.10pm, Mon - Weds, G5 Year Group: Y8 Staff Contact: Ms O Neill (Or Form Tutor) rachel.oneill@ursulinehigh.merton.sch.uk **Description:** Quiet space to complete h/w, managed and

supported by HoY. Students to bring laptops if required. . . . . . . . . . . . . . . .

#### Homework Support KS3

3.10-4.10pm, Mon - Thurs, B5 Year Group: Y7-8 (No more then 8 students per session) Staff Contact: Ms Delhoum jennifer.delhoum@ursulinehigh.merton.sch.uk

#### Autumn Term activities will be available to view prior to the start of Autumn Term.