

Year 7 Update

See page 2 for a snapshot of upcoming events!



Autumn A Term 2022

Make sure to check out our Autumn Term >>> Enrichment programme! <<<

Dear Parent(s)/Carer(s),

We are delighted to share our first Year 7 newsletter of the academic year.

A particularly special moment this half term was welcoming the Year 7 cohort at the school gates on their very first day and seeing them receive their welcome letters from our Year 8 students. We are proud to see them settle into Ursuline so well.

Every student has engaged with our extensive enrichment programme and is involved in the wider opportunities we have to offer. Even at this early stage of the year, our year group has demonstrated SERVIAM in all that they do. Also, our student consultative and council groups have come together as a collective student voice to discuss fantastic ideas and suggestions for the school.

Students thoroughly enjoyed our Black History Month celebrations, the theme this year being 'Black and Great.' In particular, the Year 7s enjoyed listening to our guest speaker, Ms Hamilton, the author of the novel 'Rising Warrior.' She inspired our students to think about the importance of understanding and reading diverse cultural genres. Students have produced exceptional posters describing a 'Black and Great' female which has been showcased in our Year 7 tutor block.

We look forward to the next half term and seeing the students continue to settle into Ursuline life. I am particularly excited about their 1st Ursuline residential to PGL, Liddington on the 7th-9th of November and look forward to seeing you on the 1st of November for our PGL information evening for parents.

We wish you and your families a restful half term holiday.

Yours faithfully,

Ms Pinto and Mr Dunne
Head of Year 7 and Assistant Head of Year 7

There have also been some fantastic sports achievements this half term, you can find these on our [school twitter!](#)

Autumn A Highlights

- Year 7 Induction Days
- World Afro Day
- School Production 'A Christmas Carol' auditions and rehearsals
- European Day of Languages
- The Feast of St Francis
- Safer Travel Morning with Pc Gunn
- The Wimbledon Bookfest, David Almond Author Visit
- Black History Month Celebration
- Social Media Parental Workshop
- The Feast of St Ursula



Year 7 enjoyed our Wimbledon Ball Girl Taster Event this half term!

Students' Achievements

Year 7 Total Rewards: 4499

1 - Most Rewards:

1. Grace C
2. Anna G
3. Grace D
4. Olivia T
5. Sariah D

7M – Most rewards since September!

2 – Highest Attendance:

There are currently **132** students in Year 7 who have **100%** attendance. Please do keep up the good work!

7C – best tutor group attendance overall! Well done!

3 – External Success:

- **Sofia L** – Selected to attend an International Languages programme in Berlin!
- **Carolina P-F** – performed at Wimbledon Theatre in Inspector calls!
- **Raffaella C** – Won second place in the Merton borough cross country!
- **Constance J** – Selected to represent the Surrey Netball team!

If your daughter participates in sport or other activities outside of school do encourage her to let me know – I would love to celebrate their efforts.

Year 7 Update



Upcoming Events:

November

- **31st October** Inset Day
- **1st November:** Inset Day
- **1st November:** PGL Information Evening for parents, 6pm
- **2nd November:** Start of Autumn B Term
- **7th- 9th November:** PGL residential
- **10th November:** Year 7 Commissioning Service, 7pm
- **17th November:** Energy Quest workshop
- **18th November:** Careers talk with Ms Milne
- **24/25th November:** School production 'A Christmas Carol'
- **25th November:** Christmas Tree Service

December

- **2nd December:** Year 7/8 Interhouse netball competition
- **8th December:** Christmas Drink and Mince Pie Evening
- **9th December:** Christmas Fair (Year 7 selling to Year 8)
- **12th December:** 'Jump Rope for Heart' Skipping Competition Fundraiser
- **12th December:** Christmas Carol Service, 8.00pm, Sacred Heart Church
- **16th December:** Christmas Assembly and Last Day of Term
- **3rd January:** Start of Spring A Term

Looking Ahead

- **20th January** – Hindu Temple visit
- **23rd February** - Raise Tower Bridge Maths Trip
- **31st March** – Ski Trip to Austria

**Please note this is not a complete event list and is intended to provide a snapshot only. Events may be subject to change.*

Wellbeing

Parental Workshops

- **7th Nov: Students with SEND**
- **10th Nov: Emotional regulation**
- **17th Nov: Emotional regulation**

Cost of living crisis: please use the link to check if you qualify for the governments Free School Meals scheme:

<https://self.merton.gov.uk/service/Pupil Premium and Free School Meals application>

NHS
South West London and St George's Mental Health NHS Trust

Education Wellbeing Service

Upcoming Events For Secondary Parents 2022/23
Supporting your teenager's mental health webinars

- 22ND, 26TH OR 27TH SEPT**
Mental Health during the teenage years - an introduction and overview
For year 7 & year 8 parents
- 9TH, 10TH OR 15TH NOV**
Supporting your teen through emotional storms - emotion regulation skills and strategies
For all secondary school parents
- 26TH, 30TH OR 1ST JAN/FEB**
Understanding and supporting anxiety during the teenage years
For all secondary parents
- 13TH, 16TH OR 17TH MAR**
Supporting and managing exam and assignment stress: top tips and ideas for parents
For all secondary parents - year 11 and 13 focus
- 4TH, 9TH OR 11TH MAY**
Understanding and supporting teen sleep: an overview of the research and recommendations
For all secondary parents

Scan QR code with your phone's camera to sign up for free via eventbrite or search:
www.eventbrite.com/cc/secondary-parents-nhs-wellbeing-workshops-725989

We also provide free 1:1 early help support programmes for young people to support with anxiety or low mood. Speak to your school to find out more.