

Upcoming Events For Secondary Parents Spring Term 2026

Supporting your teenager's mental health webinars

We also provide free 1:1 early help support programmes for young people to support with anxiety or low mood. Speak to your school to find out more.

4TH FEB 26
12.30 PM - 2 PM

Healthy Habits in
Teenagers with
Autism

9TH FEB 26
7 PM - 8.30 PM

Supporting Siblings
of Children with
SEND

10TH FEB 26
1.30 PM - 3 PM

To view further event details and descriptions, and to book on to any of the webinars, please scan the QR Code or follow the link to our Eventbrite collection.

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Upcoming Events For Secondary Parents Spring Term 2026

Supporting your teenager's mental health webinars

We also provide free 1:1 early help support programmes for young people to support with anxiety or low mood. Speak to your school to find out more.

**16TH FEB 26
7 PM - 8 PM**

Supporting your
teenager with Exam
Stress (Years 11-13)

**17TH FEB 26
1 PM - 2 PM**

**9TH MAR 26
1 PM - 2 PM**

Conflict,
Communication
and Compromise -
the teen years

**12TH MAR 26
7 PM - 8 PM**

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