

Upcoming Events For Secondary Parents Autumn Term 2025

Supporting your teenager's mental health webinars

10TH SEPT 25
7.30 PM-8.30 PM



[SCAN OR CLICK HERE](#)

Mental Health During
the Teenage years

17TH SEPT 25
12.30 PM-1.30 PM



[SCAN OR CLICK HERE](#)

23RD SEPT 25
1 PM-2 PM



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Getting into school -
common challenges and
supporting school
avoidance

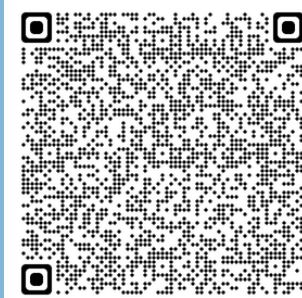
24TH SEPT 25
6 PM-7 PM



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To view further event details and descriptions, and to book on to any of the webinars, please scan the QR Code or follow the link to our Eventbrite collection.

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wellbeinginschoolsevents@swlstg.nhs.uk

We also provide free 1:1 early help support programmes for young people to support with anxiety or low mood. Speak to your school to find out more.

Upcoming Events For Secondary Parents Autumn Term 2025

Supporting your teenager's mental health webinars

**3RD NOV 25
6 PM-7.30 PM**



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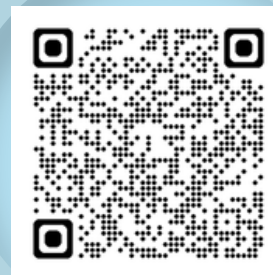
Healthy habits in
teenagers with Autism

**4TH FEB 26
12.30 PM-2 PM**



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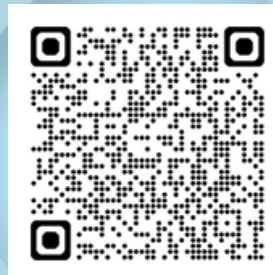
**11TH NOV 25
1 PM-2 PM**



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Understanding and
supporting teen sleep

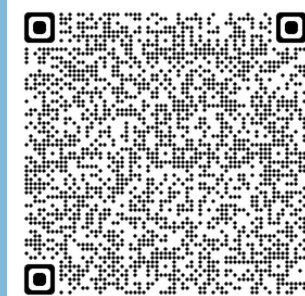
**11TH NOV 25
7 PM-8 PM**



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