

# Upcoming Events For Secondary Parents Spring Term 2026

## Supporting your teenager's mental health webinars

**2ND MAR 26  
7 PM - 8 PM**



[SCAN OR CLICK HERE](#)

Supporting your  
teenager with Exam  
Stress (Years 11-13)

**3RD MAR 26  
12:30 PM - 1:30 PM**



[SCAN OR CLICK HERE](#)

**9TH MAR 26  
1 PM - 2 PM**



[SCAN OR CLICK HERE](#)

Conflict, Communication  
and Compromise - the  
teen years

**12TH MAR 26  
7 PM-8 PM**



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We also provide free 1:1 early help support programmes for young people to support with anxiety or low mood. Speak to your school to find out more.

To view further event details and descriptions, and to book on to any of the webinars, please scan the QR Code or follow the link to our Eventbrite collection.

[Click here](#)

