

BREAK TIME MENU- WEEK 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Buttermilk Chicken Strips (C, M, m/c: E, Ce, Mu, Su)	English Muffin with Cheese and Bacon (C, M, So, m/c Se)	Mexican Chicken Wrap (C)	Jamaican Patties: Beef, Lamb (C, Mu, Ce, So)	Southern Style Ciabatta (V) (C, M, E, m/c: Mu, Se, So)
English Muffin with Cheese and Bacon (C, M, So, m/c Se)	Wholemeal Margarita Pizzini (V) (C, M)	Fresh Tomato, Basil and Mozzarella Wholemeal Hoagies (V) (C, M, m/c: E, M, Se, So)	Cheese and Tomato Crumpets (V) (C, M, m/c So)	Margarita Calzone Pizzini (V) (C, M)
Toasted Pepperoni Pizza Wrap (Tortilla with Marinara, Pepperoni and Cheese) (C, M)	Cheese and Tomato Brown Bread Panini (V) (C, M)	Pork Sausage Roll (C, M, So, Su)	Toasted Ham and Cheese Bagel (C, M)	Cheese and Tomato Brown Panini (V) (C, M)
Cheese and Tomato Brown Bread Panini (C, M,)	Pepperoni and Cheese Brown Bread Panini (C, M, So)	Pepperoni and Cheese Brown Bread Panini (C, M, So)	Pepperoni and Cheese Brown Bread Panini (C, M, So)	Vegetable Spring Roll (V) (C, So)
Vegan Sausage Roll (C, So, m/c M)	Mini Garlic Bites (V) (C, E, M, m/c: L, S, So, N)	Vegan Sausage Roll (C, So, m/c M)	Mini Garlic Bites (V) (C, E, M, m/c: L, S, So, N)	Garlic Bread (V) (C, m/c M)
Garlic Bread (V) (C, m/c M)	Pepperoni and Cheese Crumpets (C, M)	Ham and Cheese Croissant (C, M, E, m/c: So, N)	Vegan Sausage Roll (C, So, m/c M)	Hash Brown (V, Gluten Free)

Week commencing: Same dates as Week 3 Lunch Menu

Allergies: Ce- celery, C- Cereal, E- Egg, F- Fish, M- Milk, Mu- Mustard, N- Nuts, P- Peanuts, S- Sesame Seeds, So- Soya, Su- Sulphur Dioxide

BREAK TIME MENU- WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef and Cheddar Cheese Ciabatta (C, M, m/c: Mu, Se, So)	Chicken Tikka Samosa (C, So)	Vegetable Spring Roll (V) (C, M, So)	Toasted Ham and Cheese Bagel (C, M, m/c Se)	Southern Style Ciabatta (V) (C, M, E, m/c: Mu, Se, So)
Butter and Jam Crumpets (V) (C, M, m/c So)	BBQ Pulled Pork Wrap (C)	Pork Sausage Roll (C, M, So, Su)	Jamaican Patties: Beef, Lamb (C, Mu, Ce, So)	Margarita Calzone Pizzini (V) (C, M)
Cheese and Tomato Brown Bread Panini (V) (C, M)	Southern Style Ciabatta (V) (C, M, E, m/c: Mu, Se, So)	Cheese and Tomato Brown Bread Panini (V) (C, M)	Cheese and Tomato Pizza (V) (C, M)	Cheese and Tomato Brown Panini (V) (C, M)
Pepperoni and Cheese Brown Bread Panini (C, M, So)	Pepperoni and Cheese Brown Bread Panini (C, M, So)	Pepperoni and Cheese Brown Bread Panini (C, M, So)	Pepperoni and Cheese Brown Bread Panini (C, M, So)	Vegetable Spring Roll (V) (C, M, So)
Pork Sausage Roll (C, M, So, Su)	Hash Brown (V) (Gluten Free)	Mini Garlic Bites (V) (C, E, M, m/c: L, S, So, N)	Garlic Bread (V) (C, m/c M)	Vegetable Jamaican Pattie (V) (C, Mu, Ce, So)
Garlic Bread (V) (C, m/c M)	Vegan Sausage Roll (C, So, m/c M)	Ham and Cheese Croissant (C, M, E, m/c: So, N)	Vegan Sausage Roll (C, So, m/c M)	Hash Brown (V) (Gluten Free)

Week commencing: Same dates as Week 1 Lunch Menu Allergies: Ce- celery, C- Cereal, E- Egg, F- Fish, M- Milk, Mu- Mustard, N- Nuts, P- Peanuts, S- Sesame Seeds, So- Soya, Su- Sulphur Dioxide, L- lupin

BREAK TIME MENU- WEEK 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Buttermilk Chicken Strips (C, M, m/c: E, Ce, Mu, Su)	Vegetable Spring Roll (V) (C, M, So)	Jamaican Patties: Beef, Lamb (C, Mu, Ce, So)	Halal Chicken Ciabatta (C, M, Ce, m/c: Mu, Se, So)	Southern Style Ciabatta (V) (C, M, E, m/c: Mu, Se, So)
Pork Sausage Roll (C, M, So, Su)	Toasted Ham and Cheese Bagel (C, M, m/c Se)	Cheese and Tomato Pizza (V) (C, M)	Mini Garlic Bites (V) (C, E, M, m/c: L, S, So, N)	Margarita Calzone Pizzini (V) (C, M)
Southern Style Ciabatta (V) (C, M, E, m/c: Mu, Se, So)	Barbeque Chicken Wings	Mexican Chicken Wrap (C)	Cheese and Tomato Brown Bread Panini (V) (C, M)	Cheese and Tomato Brown Bread Panini (V) (C, M)
Pepperoni and Cheese Brown Bread Panini (C, M, So)	Pepperoni and Cheddar Brown Bread Panini (C, M, So)	Pepperoni and Cheese Brown Bread Panini (C, M, So)	Pepperoni and Cheese Brown Bread Panini (C, M, So)	Vegetable Spring Roll (V) (C, M, So)
Hash Brown (V), (Gluten Free)	Hummus and Tortilla Chips(V) (Se, m/c So)	Mini Garlic Bites (V) (C, E, M, m/c: L, S, So, N)	Toasted Ham and Cheese Bagel	Vegetable Jamaican Pattie (V) (C, Mu, Ce, So)
Garlic Bread (V) (C, m/c M)	Vegan Sausage Roll (C, So, m/c M)	Ham and Cheese Croissant (C, M, E, m/c: So, N)	Vegan Sausage Roll (C, So, m/c M)	Hash Brown (V, Gluten Free)

Week commencing: Same dates as Week 2 Lunch Menu

Allergies: Ce- celery, C- Cereal, E- Egg, F- Fish, M- Milk, Mu- Mustard, N- Nuts, P- Peanuts, S- Sesame Seeds, So- Soya, Su- Sulphur Dioxide

