

Year 10 Update

Summer B Term 2025

Check out our Sports Day video [here](#).

See page 2 for upcoming events/recent achievements, page 3 for our wellbeing directory.



Dear Parents / Carers,

As is always the case, the Summer B newsletter carries with it the opportunity to recognise so many achievements made by students throughout the year – particularly those made or completed in Summer B. We are extremely proud of Year 10!

Firstly, we would like to commend all students for their maturity in how they approached the end of year exams. Students received their grades and engaged incredibly well with their feedback. All students were acutely aware of their gaps and made great strides in closing them. This will be great preparation for what comes ahead in Year 11.

Secondly, congratulations to 10 Ursula on their fourth consecutive sports day victory, and to 10 Teresa on again finishing in second place and winning the house cup! Congratulations to all students who participated in events, especially those who won medals. It was a fantastic day – again, one of the highlights of the school calendar – and the enthusiasm and camaraderie of students was simply inspiring. It filled us with incredible pride seeing the year group carry two of the big trophies of the day.

Also, congratulations to all students who have recently won awards for their achievements in school – both at the sports dinner on 4th July, and at the Year 10 celebration assembly on 10th July. It is always a pleasure to witness and hear about students' achievements, and important to celebrate them. Please see the second page for a full list of award winners from the celebration assembly.

Lastly, a huge congratulations to the many students in Year 10 who completed their bronze Duke of Edinburgh award a few weeks ago! This year we had an unprecedented number of students applying for places on the course, and I am glad that we were able to accommodate all students who wanted to participate. The undertaking of students to complete the expedition, together with their voluntary work, is a huge commitment – well done to all!

Last but by no means least, a shout out to the Year 10 students who were selected to represent the school as Ball Girls at the Wimbledon Championships. Congratulations to Lottie A-L (10U), Elia B (10U), Halili W (10B), Keiyan W (10U), Annabel W (10B) and Lucy H (10F) on making the final cut. I hope you have all had an amazing time after your hard work in getting there!

As the school year comes to an end, this week students are enjoying *Fest Week*. Some have had the incredible opportunity to travel abroad while others took part in enriching local activities. Check out our Instagram for photos!

Before we sign off, we want to take a moment to say a huge thank you to each one of you. The last three years have been an absolute pleasure, and that's down to you. Your energy, kindness, resilience, and the way you've supported each other (and us!) has made such a difference. You've shown real maturity and a fantastic attitude throughout – whether in lessons, around school, or during events and activities. It's been a privilege to work with such a brilliant group of young people. Keep being the great people you are – and thank you for making our first years as Heads of Year such a positive experience. We are confident Year 10 will continue to thrive under the leadership and guidance of Mr MacSweeney.

Wishing you and your families a restful and joyful summer holiday (don't forget to check out our [Summer Inspiration & Resources](#)).

Warmest thanks, **Miss Smith and Miss Guiheen**

There have also been some other great achievements this half term and Fest Week activities, you can find these on our [Instagram](#).

Students' Achievements

1 – Celebration Award Winners:

- Serviam Award: Layla B-S (10U)
- Achievement: Emily B (10B)
- Year 10 Virtue Awards:
 - Attentive: Mary M (10C)
 - Leading for Justice: Mia A-I (10A)
 - Acting with Truth: Rachel G (10F)

2 - Most Rewards:

1. Kinga K - 36
2. Rosa V - 35
3. Clodagh McG- 33

Congratulations to **10 Catherine** who finished in 1st place with 630 Rewards, and to **10 Bernadette** who finished in second with 615!

3 – Highest Attendance:

There are currently **10** students in Year 10 who have **100%** attendance. A fantastic achievement!

Congratulations to **10 Angela** who lead the way with **95.3%** attendance!

4 – External Successes:

- **Lottie A-L (10U)** – Carried the runners up trophy onto Centre Court at Wimbledon for the ladies singles final.
- **Juliana T (10B)** - She represented her Explorer Scout Unit at **Strategy+**, placing **12th out of 139 teams**. Juliana also took part in **London Band Week**, performing at **Hampton Court Palace** - as well as with the **Merton Youth Concert Band** at **Wimbledon Tennis**, and completed the **Fantasy Wings aviation programme**. WOW!

If your daughter participates in sport or other activities outside of school, please do encourage her to let us know.

Summer B Highlights

- Student Leaders Celebration
- Sports Day / Sports Awards
- Celebration Assemblies
- Wimbledon Ball Girls
- Fest Week



Wimbledon Ball Girls



Sports Awards Dinner



Going Forth Mass

Year 10 Update

Summer B Term 2024



Upcoming Events: September / October

- **Mon 1st/Tues 2nd Sept:** INSET DAYS
- **Thurs 4th Sept** – School returns for Year 11
- **Thurs 4th Sept**– Year 11 Information Evening, 6.00-7.00pm, in the school hall
- **Fri 5th Sept**– Year 11 Opening Mass of the Year 9.50-10.40am, in the school hall
- **Weds 24th Sept** – Main school Open Evening, 6.00-8.30pm
- **Weds 8th Oct** – Ursuline & Wimbledon College Joint Sixth Form Open Evening, 4.30-7.00pm, held at Wimbledon College.
- **Thurs 23rd Oct** – Academic Review Day (from 1.35pm)
- **Fri 24th Oct** – Academic Review Day (from 12.50pm)
- **Fri 24th Oct** – Autumn B Ends
- **Mon 27th – Fri 31st Oct:** Half Term

**Please note this is not a complete event list and is intended to provide a snapshot only. Events may be subject to change.*



GO URSULA – Form winners of this year's sports day! Well done.

Many Year 10s were buddies with our Taiwanese visitors this half-term!

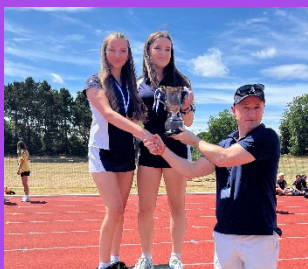


Celebration Assembly

Achievement Award
Layla

Serviam Award
Emily

Congratulations!
See full list of awards [here](#).



Congratulations to the overall house winners TERESA.

Wellbeing Parental Workshops

Education Wellbeing Service

South West London and St George's Mental Health NHS Trust

Upcoming Events For Secondary Parents Autumn Term 2025

Supporting your teenager's mental health webinars

10TH SEPT 25 7.30 PM-8.30 PM	17TH SEPT 25 12.30 PM-1.30 PM
SCAN OR CLICK HERE	SCAN OR CLICK HERE
23RD SEPT 25 1 PM-2 PM	24TH SEPT 25 6 PM-7 PM
SCAN OR CLICK HERE	SCAN OR CLICK HERE

To view further event details and descriptions, and to book on to any of the webinars, please scan the QR Code or follow the link to our Eventbrite collection. [Click here](#)

wellbeing@schoolsevents@swlsg.nhs.uk

We also provide free 1:1 early help support programmes for young people to support with anxiety or low mood. Speak to your school to find out more.

More Summer B Successes:

Honor has had a successful year, receiving a **Jack Petchey Award** through her Ranger Unit and working towards her **Silver Duke of Edinburgh Award**. She completed her **Grade 7 violin exam** earlier in the year and played in the **finals of a rugby competition at the Stoop** with her team.

Georgia H (10T): Was accepted by the National Youth Theatre to do their summer course.

Aleksandra M (10A): won gold at the London southern district rowing regatta (sea cadets), spent one week offshore - TS John Jerwood (sea cadets), and was also selected to represent cadets at Wimbledon VE Day celebration, talking with mayor on behalf of cadets. WOW!

Year 10 Update



Health and Well-being Services Directory and Resource Library

Health and Wellbeing

The teenage years can bring about many well-being and mental health challenges for teens and their families. At the Ursuline High School, we fulfil our school values through our outstanding pastoral care. We understand that young women need to have the best view of themselves and the world around them to succeed.

We really do care for each one of our students and we ensure that their individual needs are known and met. Students have a variety of support available that they can access in school to support them, with any worries or anxieties students may have about school or outside of school.

Our focus on well-being is further supported by being part of the South-west London Mental Health Trailblazer. This partnership provides mental health support teams that work with students and their parents with the aim of ensuring they are well equipped to have healthy and honest conversations about emotional well-being – as well as connecting them to local services. This has enabled us to develop the services we have on offer at the Ursuline including a clinical psychologist, nurse and educational well-being practitioners.

If you or your daughter have a concern, then in the first instance please speak with your daughter's form tutor or pastoral support assistant. See the Year 11 list [here](#).

Safeguarding

At the Ursuline High School, the well-being and the safety of young people in our care is paramount. We recognize our duty to ensure arrangements are in place for safeguarding and promoting the welfare of children. If you have a concern regarding a student please [contact the Safeguarding team](#). Our webpage has details of who to contact during school and out of school hours.

Parent/Carer Support Services Directory

Explore our [Directory](#) for a list of charities and other parenting experts sharing practical strategies, and powerful insights that can help to inform your conversations at home. On this page you will also find out [Summer Inspiration & Resources](#).

Online Safety, Smart Devices and Social Media

Our [extensive online safety library](#) hosts our Smart Devices & Social Media Statement and other recommended resources related specifically to online safety. From social media and gaming to online challenges and conversation starters, our library is expansive.

Girls' only Education

The [On educating Girls': Creating a World of Possibilities' podcast](#) produced by the International Coalition of Girls' Schools (ICGS) is a robust global conversation among experts who are passionate about the education and healthy development of girls. Tune in for practical strategies, and powerful insights that can reshape your conversations at home.