

Year 7 Update

Spring B Term 2025

See page 2 for a snapshot of upcoming events.

See page 3 who to contact.



Dear Parents / Carers,

I am delighted to update you on the year 7 highlights and accomplishments for this half-term. Our Lenten Programme has covered a range of themes, all reflecting on Pope Francis' message 'Let us journey together in hope' aligning with the Jubilee Year theme of 'Pilgrims of Hope', encouraging a focus on hope during the Lenten journey towards Easter. During Lent we have given thanks to each other, made time to talk to God in prayer, shown stewardship by making food donations to Wimbledon Food Bank, engaged in the Sacrament of Reconciliation and this week we have enjoyed Easter liturgies.

I was so proud of all the year 7 students who took part in our St. Cecilia's Day Concert, their performances were phenomenal, they have shown such commitment and dedication in the preparations for the evening, and it certainly paid off! Thank you to all the year 7 parents that supported us on the evening. (photo below)

The multi-cultural evening was another wonderful opportunity to showcase the cultural diversity of our school, the music, singing, dancing and food was all amazing, such a lovely buzz around school during the preparations, on the evening, and during the Cultural Day we celebrated on March 20th, where cultural clothing was adorned! Anabelle 7U said "I really loved learning about people's cultures and really enjoyed taking part in the catwalk, it was really fun to do this in front of people". Aashna 7C commented "It was a fun day seeing everyone in their cultural clothes, I loved seeing how vibrant their clothes were", and Isabelle 7C said "the catwalk was very lively, there was music, we had glow sticks. There was a great feeling, people were singing along. Lots of countries were represented".

Two weeks ago, 30 students took part in a workshop organised by King's College Hospital. Students were learning about the medical experiments and brain related testing, the task was to see whether broccoli makes you intelligent. Savanna 7U said "it was really interesting how testing is carried out for medical experiments, I enjoyed presenting and explaining about how our test would work and listening to the other people's".

Last week 30 students visited the Shree Ghanapathy Hindu Temple in Wimbledon, organised by the RE department. We had such lovely feedback from their staff about the questions our students asked and how they were great ambassadors for our school.

Enrichment opportunities are up and running, there will be a new programme for the Summer Term. I asked the skateboarders (photo below), Daniella and Annabel 7F what they liked about the club, they said "it is really enjoyable, tricks are hard, but when you land it, it feels great."

You will see another social media reminder on the next page. As you know, we have a no social media policy in year 7. Despite this, the Year 7 team have had to spend an enormous amount of time 'fixing' social media problems, for those students who are allowed access at home. You will have seen in the media that there are many risks when using social media, including online abuse, cyber bullying, exposure to inappropriate content and negative impacts on mental health. The minimum age for messaging and social media apps is 13 years+. Please support us with this. We have a page on our website which gives support and advice on Online Safety and Well-being, a directory of resources and links to our Smart Device and social media statement, for more information please click [here](#).

We have lots to look forward to in the summer term, please see 'Upcoming Events' on the next page for more details.

Congratulations to Year 7 on another excellent half-term. Wishing you and your families a healthy, happy, and blessed Easter, and look forward to welcoming students back on Tuesday 22nd April.

Thank you as always for your continued support.

Yours faithfully,
Ms Hoyles
Head of Year 7

There have also been some other great achievements this half term, you can find these on our [main school](#) and [P.E](#) Instagram accounts.

Spring B Highlights

- Lenten Reflections and events throughout Lent
- Talk from UHS alumna Dr Menta
- Football trials with Westside FC
- St. Cecilia's Day Concert
- World Book Day (photos below)
- Multi-Cultural Evening
- Cultural Day
- Passion Service
- King's College Hospital workshop
- Trip to Hindu Temple
- Theatre trip to Joseph and the Technicolour Dreamcoat
- National Careers Challenge- well done to Isla, Poppy, Ava, Lillianna, Aoife, and Etta who won!



St Cecilia Concert 2025



Daniella & Annabel

Students' Achievements

Year 7 Total Rewards: 9296

Most Rewards:

Aoife 7T 130
Emma 7U 120
Isabella 7F 120
Michalina 7T 110
Perla 7T 107

The tutor group with the most rewards is 7 Francis 1603 – well done!

2 – Attendance:

There are currently **41** students in Year 7 who have **100%** attendance!

The tutor group with the best attendance since September is 7Teresa with 98%, followed closely by 7A and 7B with 96.8%. Our overall attendance is 96.7%. **Please note our term dates before booking holidays. Dates for 2025-26 are [here](#).**

3 – External Success and News



Two great achievements for Isabella 7C, she came 3rd in a recent National Development Plan for Women's Artistic Gymnastics (grade 3) and also received a Jack Petchey award for her contribution to the Merton Junior Volunteer Cadets. PC Sophie said 'She listens intently, volunteers frequently and encourages others with her positive attitude'. Well done Isabella!

Please do keep us informed of your achievements outside of school.

Year 7 Update

Virtues: Summer Term: Joyful



*Please note this is not a complete event list and is intended to provide a snapshot only. Events may be subject to change.

Upcoming Events

April

- 7th – 21st: Easter Holidays
- 22nd – Summer Term begins
- 22nd – Year 7 Assessment Week
- 22nd – Year 7&8 Football Festival at Harris Academy Wimbledon
- 28th – Year 7 Catherine delivering assembly

May

- 5th – May bank holiday
- 2nd – Doughnut Day UPA
- 7th – Parents Webinar; Supporting your teenager with emotional difficulties and self-harm
- 7th – Merton SSP Borough Athletics part 1 (3-6pm)
- 8th – Merton SSP Borough Athletics part 2 (all day)
- 13th – Year 7 Revision Evening in Hall (6-6.45pm)
- 16th – KS3 Music Showcase (2-3pm)
- 21st – World Day for Cultural Diversity
- 26-30th: Half term

Other important dates to note:

June

- 9th – End of Year Exam Week

July

- 9th – Parents evening for Year 7, 3.50-6.30pm (where you will meet subject teachers)
- 18th – End of term.



Congratulations to Annabel H who was part of the choir at the Flame Catholic Youth Conference at OVO Wembley recently



'Walking the Way' Passion Service



Shree Ghanapathy Hindu Temple

World Book Day Photos



Wellbeing

Free Parental Workshops

South West London and St George's Mental Health NHS trust are running a number of free wellbeing workshops for parents / carers of secondary school aged children.

Click here for more information and to book: [Secondary/College Parents - Wellbeing Workshops | Eventbrite](#)

Education Wellbeing Service

Upcoming Events For Secondary Parents Spring/Summer Term 2025

Supporting your teenager's mental health webinars

- 4TH OR 6TH FEB**
Social Media & Gaming: What Parents Need To Know
- 24TH FEB**
Managing Exam & Assignment Stress For Parents Of Young People In Years 11-13
- 26TH OR 27TH MAR**
Exam And Assignment Stress Management For Parents Of Young People In Years 7-10
- 24TH OR 30TH APR**
Parenting Teenagers: Conflict And Communication
- 7TH OR 9TH MAY**
Supporting Your Teenager With Emotional Difficulties And Self-Harm

To view further event details and descriptions, and to book on to any of the webinars, please scan the QR Code or follow the link to our Eventbrite collection.

[Click here](#)

South West London and St George's Mental Health NHS Trust

We also provide free 1:1 early help support programmes for young people to support with anxiety or low mood. Speak to your school to find out more.

Laptops / Social media / Values

THINK

Before you speak

- T** – is it **True**?
- H** – is it **Helpful**?
- I** – is it **Inspiring**?
- N** – is it **Necessary**?
- K** – is it **Kind**?

Regarding behaviour and respect, we ask students to THINK before they act.

Just a polite reminder that the school laptop is for school related work only.

The minimum age for messaging and social media apps including BeReal, Instagram, Pinterest, Snapchat and WhatsApp is 13+. Please support us with this, we are dealing with a lot of issues. [Further information and resources.](#)

Year 7 Update

Dear parent(s)/carer(s),

Parent Communications:

At the Ursuline, parental communication is really important to us. I have listed below a reminder of the correct person you should contact for a particular enquiry, which I hope you will find useful.

Form tutors – general enquires about the Ursuline, friendship issues, organisation, homework, clubs/enrichment, uniform, equipment, travelling to/from school, punctuality, trips/calendar events.

7 Angela	Ms Thomas	Paula.Thomas@ursulinehigh.merton.sch.uk
7 Bernadette	Ms Taylor	geraldine.taylor@ursulinehigh.merton.sch.uk
7 Catherine	Ms Grandin	Katharine.Grandin@ursulinehigh.merton.sch.uk
7 Francis	Ms Kearney	Seoighe.Kearney@ursulinehigh.merton.sch.uk
7 Margaret	Ms Gregory	Gabriela.Gregory@ursulinehigh.merton.sch.uk
7 Teresa	Ms Gordon	Marlyn.Gordon@ursulinehigh.merton.sch.uk
7 Ursula	Dr Kosmider	Rowena.Kosmider@ursulinehigh.merton.sch.uk

Head of Year or Pastoral Support Assistant – Mental health, bullying, safeguarding, online safety, absence request forms, request for your daughter to receive school counselling/educational well-being practitioner, financial support/free school meals.

Rachel.hoyles@ursulinehigh.merton.sch.uk Head of Year – telephone: 0203 908 3102

Karlin.Eloff@ursulinehigh.merton.sch.uk Pastoral Support Assistant – telephone: 0203 908 3105

Ms Young – Attendance and punctuality/lateness. All absences and lates must be reported via email, or phone no later than 8.45am. Bernadette.young@ursulinehigh.merton.sch.uk 0203 908 3144

Subject teachers should be contacted for any subject specific enquiries.

All staff contact details can be found on the [Ursuline directory](#) on our website.

Yours sincerely,

Ms Hoyles