

Year 11 Update

Spring B Term 2025

See page 2 for a snapshot of upcoming events & page 3 for Health and well-being Services Directory and Resources Library



Dear Year 11 Parent(s)/Carer(s),

As we welcome spring, I want to reflect on the incredible journey of our Year 11 students and the milestones ahead. With only weeks left until their GCSEs, it is a time of both anticipation and determination. Despite the inevitable exam stresses, there is much to look forward to, including the last day 'clap out' (date to be confirmed) and the Year 11 celebration after exams.

I want to applaud the dedication of our students, particularly those completing their NEAs, Drama, and PE practical's. A special mention goes to those who performed in the St Cecilia's Concert—their talent was truly outstanding.

This term also saw our fantastic Multicultural Evening on March 20th, followed by Multicultural Day on March 21st. Students embraced our school's diversity with enthusiasm, with many Year 11s proudly participating in the catwalk parade. Thank you to our Culture Team!

We are exceptionally proud of Maia (11F), who was invited to perform with singer Adenike at the Flame Catholic youth event at Wembley Arena recently - in front of 10,500 young people! WOW! I was informed it was a very powerful performance. Well done!

In PSHE, students explored key life topics such as Personal Finances, Consent, and Alcohol and Substance Misuse. We were privileged to host an impactful anti-drugs talk by the Daniel Spargo Mabbs Foundation. Additionally, I extend my gratitude to those who hosted during the Dallas and French exchanges, helping foster international friendships.

Our theme this term has been hope, and I am inspired by the resilience and determination of our students. As they continue their hard work, I have no doubt their efforts will be rewarded in August. As we approach the Easter break, I wish you all a restful and joyous holiday.

I encourage students to recharge while setting aside time for revision to ensure they are well-prepared for exams.

Best wishes,

Mr Mac Sweeney, Head of Year 11

There have also been some other great achievements this half term, you can find these on our [main school](#) and [P.E](#) Instagram accounts.



Students' Achievements

1 - Most Rewards:

1. Simran S- 30
2. Mollie S -26
3. Melory S- 25

Congratulations to 11F and 11U who have both earned the most rewards to date, tied on 302.

2 – Highest Attendance:

Congratulations to 11C who lead the way with the highest attendance 96.3%! Well done also to 11B in second place.

3 –Success:

Well done to who has made progress in their most recent EMBs, your hard work is really paying off. Keep up the good work.



St Cecilia Concert



Our Merton Basketball NBA 3v3 League Winners



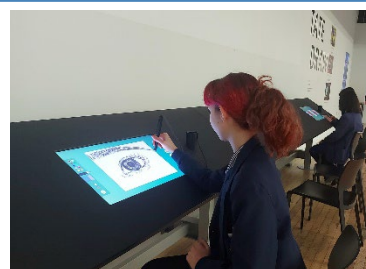
Multicultural Evening & Culture Day

Spring B Highlights

- St Cecilia's Concert
- Multicultural Evening
- The start of Lent and Ramadan
- GCSE PE and Drama moderations
- Passion Services



GCSE Rock Climbing Moderation Preparation



Tate Modern Visit

Year 11 Update



Virtues: Summer Term: Courageous

Upcoming Events

Summer A:

April

Monday 7th April – Monday 21st April: Easter Holidays

4th – 12th April: Ski Trip

18th April – Good Friday

Saturday 19th April 2025 – Feast of Our Lady of Good Counsel

20th April – Easter Sunday

21st April – Easter Monday

22nd April – Return to School: Start of Summer A Term

22nd April – Earth Day

May

5th May – May Bank Holiday

12th – 18th May – Mental Health Awareness Week

From 8th May: Year 11 GCSE Exams

26-30th May – Half-Term

Looking Ahead

- 21st August – GCSE Results Day
- 19th June– Year 11 Celebration Evening, Main Hall

**Please note this is not a complete event list and is intended to provide a snapshot only. Events may be subject to change.*



Good luck with your revision!



*'Walking the Way'
Passion Service*



*A big thank you to our
Culture team for
organizing a fantastic
Culture Day*

Wellbeing

Parental Workshops

South West London and St George's Mental Health NHS trust are running a number of free wellbeing workshops for parents / carers of secondary school aged children.

Click here for more information and to book: [Secondary/College Parents - Wellbeing Workshops | Eventbrite](#)

Education Wellbeing Service
South West London and St George's Mental Health NHS Trust

Upcoming Events For Secondary Parents Spring/Summer Term 2025
Supporting your teenager's mental health webinars

Date	Topic
4TH OR 6TH FEB	Social Media & Gaming: What Parents Need To Know
24TH FEB	Managing Exam & Assignment Stress For Parents Of Young People In Years 11-13
26TH OR 27TH MAR	Exam And Assignment Stress Management For Parents Of Young People In Years 7-10
24TH OR 30TH APR	Parenting Teenagers: Conflict And Communication
7TH OR 9TH MAY	Supporting Your Teenager With Emotional Difficulties And Self-Harm

To view further event details and descriptions, and to book on to any of the webinars, please scan the QR Code or follow the link to our Eventbrite collection. [Click here](#)

We also provide free 1:1 early help support programmes for young people to support with anxiety or low mood. Speak to your school to find out more.

Cost of living crisis: please use the link to check if you qualify for the governments Free School Meals scheme:

[https://self.merton.gov.uk/service/Pupil Premium and Free School Meals application](https://self.merton.gov.uk/service/Pupil%20Premium%20and%20Free%20School%20Meals%20application)

Year 11 Update



Health and well-being Services Directory and Resource Library

Health and Wellbeing

The teenage years can bring about many well-being and mental health challenges for teens and their families. At the Ursuline High School, we fulfil our school values through our outstanding pastoral care. We understand that young women need to have the best view of themselves and the world around them to succeed.

We really do care for each one of our students and we ensure that their individual needs are known and met. Students have a variety of support available that they can access in school to support them, with any worries or anxieties students may have about school or outside of school.

Our focus on well-being is further supported by being part of the South-west London Mental Health Trailblazer. This partnership provides mental health support teams that work with students and their parents with the aim of ensuring they are well equipped to have healthy and honest conversations about emotional well-being – as well as connecting them to local services. This has enabled us to develop the services we have on offer at the Ursuline including a clinical psychologist, nurse and educational well-being practitioners.

If you or your daughter have a concern, then in the first instance please speak with your daughter's form tutor or pastoral support assistant. See the Year 11 list [here](#).

Safeguarding

At the Ursuline High School, the well-being and the safety of young people in our care is paramount. We recognize our duty to ensure arrangements are in place for safeguarding and promoting the welfare of children. If you have a concern regarding a student please [contact the Safeguarding team](#).

Parent/Carer Support Services Directory

Explore our [Directory](#) for a list of charities and other parenting experts sharing practical strategies, and powerful insights that can help to inform your conversations at home.

Online Safety, Smart Devices and Social Media

Our [extensive online safety library](#) hosts our Smart Devices & Social Media Statement and other recommended resources related specifically to online safety. From social media and gaming to online challenges and conversation starters, our library is expansive.

Girls' only Education

The [On educating Girls': Creating a World of Possibilities' podcast](#) produced by the International Coalition of Girls' Schools (ICGS) is a robust global conversation among experts who are passionate about the education and healthy development of girls. Tune in for practical strategies, and powerful insights that can reshape your conversations at home.