

Year 8 Update

See page 2 for
a snapshot
of upcoming
events!



Summer Term A 2024

Dear Parents / Carers,

Year 8 have yet again had an excellent half term, we have had an increase in rewards within the group, most of which are for good classwork.

Students have continued to show their dedication to Serviam through their completion of their Philanthropy Project, with the year group raising more than £8000 in total! We were incredibly proud of all the students who performed for their chosen charity and who raised money. Thank you for supporting your daughters, helping organise cake sales and car washes outside of school. A big well-done to 8 Catherine who won the competition, adding £1,000 to their total for their chosen charity, Lives not Knives. You can also read more about this event in the latest edition of our Inform Newsletter.

The Ursuline High Easter ski trip was a roaring success. Attending staff were extremely impressed by the excellent engagement of all the girls. We are especially proud of the Year 8s who attended, as they were the youngest students and for many it was their first big trip, away from family.

We are thrilled to see all students continuing to engage with our broad enrichment programme. Students have engaged in borough athletics coming 2nd, football matches, cricket competitions, volleyball, tennis, and gardening club. Auditions are about to start for 'Shrek the musical' next year's school production which is very exciting, students can refer to the email sent by Ms Surbey for further details.

The big build up has been moving towards the students end of year exams, focusing on revision of all topics that have taken place this over this academic year. Thank you to all of you who attended the recent parents' evening and revision meeting. We hope that you found these valuable and insightful. We look forward to the next half-term, starting with the end of year exams, and followed by many events and activities including Sports Day, UHS Fest Week, debates, and the end of year celebration assembly! Wishing you and your families a restful, happy, and healthy half-term, and look forward to welcoming students back on Monday the 3rd June.

Kind Regards,
Ms Torode
Head of Year 8

There have also been some other great achievements this half term, you can find these on our [Twitter](#) [P.E Dept Twitter](#) and [Instagram](#)!

Summer A Highlights

- Student Council
- Philanthropy Final
- Revision Information Evening
- Parents Evening
- Mental Health Awareness Week
- Jesus Christ Superstar
- Merton Borough Athletics Competition

Students' Achievements

Year 8 Total Rewards since start of year:
20,682

1 - Most Rewards:

Elizabeth S: 8T

Sariah S-D: 8T

Congratulations to **8T** who Continue to lead the way with **1542** Reward Points this half term

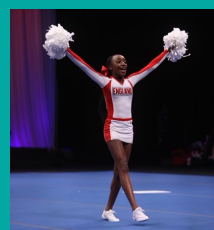
2 – Highest Attendance:

Congratulations to **8A** who continue to lead the way with **96.9%** attendance.

3 – External Success:

Huge congratulations to Leia M and Joanna P who have been selected to represent Merton at the London Youth Games in football!

Another massive congratulations to both Petal G and Mekhayla M who went to Florida to compete in an international Cheerleading competition recently. Petal's team won her competition and Mekhayla came second!



Lucy and her sister did a 5km inflatable run and raised over £2000 for a charity called Small Steps who help children with physical disabilities, this charity is very close to their hearts as it helps their younger brother Ben who was there supporting them.



If your daughter participates in sport or other activities outside of school do encourage encourage her to let us know.

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Upcoming Events:

June:

- 3rd June – School Returns
- 3rd June – Year 8 End-of-Year Exam Week
- 5th June- World environmental day
- 28th June – Sports Day- parents / carers welcome all day at Weir-Arches Athletics & Fitness Centre (Formally Kingsmeadow) Kingston KT1 3PB (email to follow)

July:

- 2nd July – Year 8 Serviam Assembly; Hall
- 9th July – Year 8 Celebration; Hall
- 11th July – End of Year Concert
- 5th July – Sports Awards Dinner; Hall
- 15th – 18th July – UHS Fest Week
- 18th July – End of Term - Summer Holidays

**Please note this is not a complete event list and is intended to provide a snapshot only. Events may be subject to change.*

Year 8 Virtues

Summer Term: Faith-Filled



Competitive Tennis: Play Your Way to Wimbledon



Jesus Christ Superstar



Merton Schools' Athletics Team Success!





Feast of the Ascension



Philanthropy Final Winners. Congratulations 8 Catherine who won £1000 for Lives Not Knives charity!

Wellbeing



South West London and St George's Mental Health NHS Trust

Merton Education Wellbeing Service

Who We Are...

We are Education Wellbeing Practitioners (EWPs) working with the parents of children who are experiencing heightened fears and worries or who are experiencing common behavioural difficulties.

We are an early intervention service, providing evidence-based programs and preventative support for families who are experiencing these common challenges.

What We Do...

We offer two programmes; one for parents who would like support with managing their child's anxiety and one for parents who would like support with managing their child's everyday tricky behaviour.

Both programmes consist of 8 sessions. We offer sessions via video call, telephone or face to face. Sessions aim to empower parents/carers by helping them understand their child's difficulties and by providing tools and strategies they can start using right away with their child.

How will it help?

Anxiety sessions give parents/carers techniques to use with their child to help manage their anxiety and develop resilience –
"There was clarity to the approach, it was easy to put in place" (Primary Parent)

Behaviour support sessions aim to strengthen family relationships and enable carers to feel more confident in responding to their child's behaviour –
"You respected how I was feeling and gave me hope" (Primary Parent)

*100% of parents in Summer 2021 who engaged made progress on their own personalised goals

Who We See...

Parents and carers of children who are:

- 4-11 years and often feel worried (e.g. shy, panicky or fearful of specific things, such as attending school or social situations).
- 3-8 years and are experiencing any of the following common family difficulties: not listening or following instructions, difficulties at bedtime, tantrums, being rude to parents.

*We are unable to see children who are currently open to social care or are being seen by CAMHS.

What you need to do?

It's easy and you can contact us to find out more. Parents can self-refer by emailing the one page 'parent wellbeing application form' available from your schools pastoral team to InfoMertonWP@ewfsta.nhs.uk or email with any questions. Teachers can complete the form together with parents.

We will then set up an initial call with the family to find out more about the concerns and think about working together or any other support options. Next, we will arrange weekly sessions with you as parents. We work mostly with the parents but may ask the child to attend part of the sessions if it is helpful. Teacher's may be invited to share their views.

Cost of living crisis: please use the link to check if you qualify for the governments Free School Meals scheme:
[https://self.merton.gov.uk/service/Pupil Premium and Free School Meals application](https://self.merton.gov.uk/service/Pupil%20Premium%20and%20Free%20School%20Meals%20application)

Additional Support



[Young Merton](#)
[Young Minds](#)
[Off The Record](#)
[Kooth](#)
[MindEd](#)
[e-wellbeing](#)

Year 8 Update



Dear parent(s)/carer(s),

Parent Communications:

At the Ursuline, parental communication is really important to us. I have listed below a reminder of the correct person you should contact for a particular enquiry, which I hope you will find useful.

Form tutors – general enquires about the Ursuline, friendship issues, organisation, homework, clubs/enrichment, uniform, equipment, travelling to/from school, punctuality, trips/calendar events.

8 Angela	Ms Williams	rachel.williams@ursulinehigh.merton.sch.uk
8 Bernadette	Mr Panchins	francois.pachins@ursulinehigh.merton.sch.uk
8 Catherine	Ms Hawkins	rosamund.hawkins@ursulinehigh.merton.sch.uk
8 Francis	Ms McHale	laura.mchale@ursulinehigh.merton.sch.uk
8 Margaret	Mr Chiswa	ian.chiswa@ursulinehigh.merton.sch.uk
8 Teresa	Mr Gibson	georgina.gibson@ursulinehigh.merton.sch.uk
8 Ursula	Ms Surbey	carys.surbey@ursulinehigh.merton.sch.uk

Head of Year, Assistant Head of Year, or Pastoral Support Assistant – Mental health, bullying, safeguarding, online safety, absence request forms, request for your daughter to receive school counselling/educational well-being practitioner, financial support/free school meals.

Anne-Lise.Torode@ursulinehigh.merton.sch.uk Head of Year

Karlin.Eloff@ursulinehigh.merton.sch.uk Pastoral Support Assistant

Ms Young – Attendance and punctuality/lateness. All absences and lates must be reported via email or Weduc, or phone no later than 8.45am. Bernadette.young@ursulinehigh.merton.sch.uk 0203 908 3144

IT Issues

ITHelpdesk@ursulinehigh.merton.sch.uk – for IT/Weduc/laptop related enquires.

Subject specific enquiry – please contact the subject teacher, all staff contact details can be found on our Ursuline directory below.

[Staff Contact Details - Ursuline High School](#)

Yours sincerely,

Ms Torode