

#### MENU 1

17<sup>th</sup> to 21<sup>st</sup> January
7<sup>th</sup> – 11<sup>th</sup> February, 7<sup>th</sup>-11<sup>th</sup> March
28<sup>th</sup> March- 1<sup>st</sup> April

## **Monday**

Pork Meatball and Tomato Sauce (C), Tandoori Chicken (May cont. M, Mu, P, N), Savoury Rice, Sweetcorn, Jacket Potato served with Baked Beans and Grated Cheese (M)

# **Tuesday**

Chicken and Bacon Pasta (C, M, may cont. Mu, P, N), Thai Pork Curry (M), Rice, Carrots, Jacket Potato served with Tuna Mayonnaise (F) and Grated Cheese (M)

### Wednesday

Beef Lasagne (C and M), Tomato and Basil Quiche (C and M), Roast Potatoes, Mixed Vegetables, Jacket Potato served with Baked Beans and Grated Cheese (M)

#### **Thursday**

Sweet and Sour Chicken (may contain: Mu, N and P), Rice, Sweetcorn, Ratatouille Pasta Bake (C, Ce and M), Jacket Potato served with Baked Beans and Grated Cheese (M)

(Please read individual labels for the full ingredients and allergens list)

Salads, Fruit Pots, Cookies, Cakes, Toasties, Paninis, and Cold Drinks

Allergies: Ce = Celery, C = Cereal, E = Egg, F = Fish, L = Lupin, M = Milk,

Mo = Molluscs, Mu = Mustard, N = Nuts, P = Peanuts, S = Sesame Seeds,

So = Soya, Su = Sulphur Dioxide



#### MENU 2

# 24<sup>th</sup>-28<sup>th</sup> January

22<sup>nd</sup>- 25<sup>th</sup> February, 14<sup>th</sup>- 18<sup>th</sup> March

# **Monday**

Cottage Pie (Ce and M), Quorn Mince and Vegetable Wrap (C, E, M), Herby Potatoes, Mixed Vegetables, Jacket Potato served with Baked Beans and Grated Cheese (M)

# **Tuesday**

Chicken Korma (M, Mu, E), Smoked Salmon Pasta Bake (C and M), Rice, Broccoli, Jacket Potato served with Baked Beans and Grated Cheese (M)

# Wednesday

Cumberland Sausage (C, Se), Roast Potatoes, French Beans, Lentil and Mushroom Pie(C), Jacket Potato served with Tuna Mayonnaise (F) and Grated Cheese (M)

# **Thursday**

Coconut Beef Curry (Ce and M), Rice, Sweetcorn, Macaroni Cheese (C and M), Jacket Potato served with Baked Beans and Grated Cheese (M)

(Please read individual labels for the full ingredients and allergens list)

Salads, Fruit Pots, Cookies, Cakes, Toasties, Paninis, and Cold Drinks

Allergies: Ce = Celery, C = Cereal, E = Egg, F = Fish, L = Lupin, M = Milk,

Mo = Molluscs, Mu = Mustard, N = Nuts, P = Peanuts, S = Sesame Seeds,

So = Soya, Su = Sulphur Dioxide



#### MENU 3

### 31<sup>st</sup> January-4<sup>th</sup> February

28th February- 4th March, 21st March- 25th March

# **Monday**

Chilli Con Carne, Macaroni Cheese (C and M), Rice, French Beans, Jacket Potato served with Baked Beans and Grated Cheese (M)

# **Tuesday**

Chicken Burger (C and Ce), Potato Wedges, Broccoli, Ratatouille Pasta Bake (C, Ce and M), Jacket Potato served with Baked Beans and Grated Cheese (M)

# **Wednesday**

Lamb Casserole (Ce), Roast Potatoes, Mixed Vegetables, Tomato and cheese pizza (C and M)

# **Thursday**

Pasta Bolognese (C), Southern Style Quorn Burger (C, E, M), Herby Potatoes, Sweetcorn, Jacket Potato served with Tuna and Sweetcorn (F), Baked Beans and Grated Cheese (M)

(Please read individual labels for the full ingredients and allergens list)

Salads, Fruit Pots, Cookies, Cakes, Toasties, Paninis, and Cold Drinks

Allergies: Ce = Celery, C = Cereal, E = Egg, F = Fish, L = Lupin, M = Milk,

Mo = Molluscs, Mu = Mustard, N = Nuts, P = Peanuts, S = Sesame Seeds,

So = Soya, Su = Sulphur Dioxide