

MENU 1

3rd January- 6th January, 23rd January- 27th January,

6th March- 10th March, 27th March- 31st March

Monday

Thai Pork Curry (Ce), Steamed Rice, Broccoli, Vegetarian Tikka Masala (M, may contain: N, P and Mu), Jacket Potato with Baked Beans

Tuesday

Pasta Bolognese (C), Vegetable Goulash (Ce), Green Pesto and Parmesan Pasta (C, M, E), Jacket Potato with Baked Beans

Wednesday

Jerk Chicken (May contain C), Roast Potatoes (C), French Beans, Vegetarian Burrito (C, E, Ce), Jacket Potato with Baked Beans

Thursday

Beef Lasagne (C, Ce, M, E, may contain Mu and So), Herby Diced Potatoes (C), Garden Peas, Roasted Vegetable Pasta (C, M, Ce), Cheese and Tomato Pizza (C and M), Jacket Potato with Baked Beans

(Please read individual labels for the full ingredients and allergens list)

Salad bar, Cookies, Cakes, Jellies, and Cold Drinks

Allergies: Ce = Celery, C = Cereal, E = Egg, F = Fish, L = Lupin, M = Milk,

Mo Molluscs, Mu = Mustard, N = Nuts, P = Peanuts, S = Sesame

seeds, So = Soya, Su = Sulphur dioxide

MENU 2

9th January- 13th January, 30th January- 3rd February,
20th February- 24th February, 13th March- 17th March

Monday

Chicken Korma (Mu, may contain: N and P), Steamed Rice, Baby Carrot, Chickpea, Spinach and Sweet Potato Curry (Mu, may contain C and M), M), Jacket Potato with Baked Beans

Tuesday

Oven Baked Sausages (C, So, Su), Herby Diced Potatoes (C) Indian Style Chicken Wrap (Mu, may contain N and P), Garden Peas, Jacket Potato with Baked Beans

Wednesday

Southern Style Quorn Burger (C, E, M, may contain S), Roast Potatoes (C), Mixed Vegetables, Macaroni Cheese (C, Ce, M, E, may contain Mu and So), Jacket Potato with Baked Beans

Thursday

Chicken Burger (C, Ce, may contain S), Potato Wedges (C), Broccoli, Tomato and Herb Pasta (C and Ce), Jacket Potato with Baked Beans

(Please read individual labels for the full ingredients and allergens list)

Salad bar, Cookies, Cakes, Jellies, and Cold Drinks

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seeds, So = Soya, Su = Sulphur dioxide

MENU 3

16th January- 20th January, 6th February- 10th February,

27th February- 3rd March, 20th March- 24th March

Monday

Red Thai Chicken Curry (Ce), Steamed Rice, French Beans, Vegetarian Chilli Con Carne (C, E, may contain Ce), Green Pesto and Parmesan Pasta (C, E, M), Jacket Potato with Baked Beans

Tuesday

Beef Burger (C, may contain S), Cheeseburger (C, M, may contain S), Herby Diced Potatoes (C), Mixed Vegetables, Quorn Mince and Vegetable Wrap (C, E, may contain Ce), Jacket Potato with Baked Beans

Wednesday

Garlic and Herb Chicken (Mu), Roast Potatoes (C), Sweetcorn, Vegetable Lasagne (C, Ce, E, M, may contain: Mu, So), Vegan Sausage Roll (C, So), Tomato and Herb Pasta (C and Ce), Cheese and Tomato Pizza (C and M), Jacket Potato with Baked Beans, Jacket Potato with Tuna and Sweetcorn (F, E, Mu)

Thursday

Pork Meatballs (C and Ce), Steamed Rice, Garden Peas, Vegetarian Bolognese (C, E, may contain Ce), Jacket Potato with Baked Beans