

# MENU 1

5th- 8th September, 25th- 29th September, 16th-20th October, 13th- 17th November,
4th-8th December

# **MONDAY**

Beef Bolognese with Penne Pasta (C), Vegetable Casserole (Ce), Cheesy Pasta Bake (C, M, may contain: Ce, E, Mu, So), Sweetcorn, Jacket Potato with Tuna and Sweetcorn (F, E, may contain Mu), Jacket Potato with Baked Beans

#### **TUESDAY**

Oven Baked Sausages (C, Su), Pepper and Tomato Stew (Ce), Herby Diced Potatoes (C), Green Pesto and Parmesan Pasta (C and M), Jacket Potato with Tuna and Sweetcorn (F, E, may contain Mu), Jacket Potato with Baked Beans

### **WEDNESDAY**

BBQ Chicken Wings, Southern Style Quorn Burger (C, E, M, may contain Se),
Roast Potatoes (C), Mixed Vegetables, Roasted Vegetable Pasta (C, Ce),
Jacket Potato with Tuna and Sweetcorn (F, E, may contain Mu), Jacket Potato
with Baked Beans

## **THURSDAY**

Red Thai Chicken Curry, Quorn Mince Chilli Con Carne (C, Ce, E), Steamed Rice, Baby Carrots, Tomato and Sweet Pepper Pasta (C, Ce), Jacket Potato with Tuna and Sweetcorn (F, E, may contain Mu), Jacket Potato with Baked Beans, Cheese and Tomato Pizza (C and M)

(Please read individual labels for the full ingredients and allergens list)

Salad bar, Cookies, Cakes, Jellies, and Cold Drinks

Allergies: Ce = Celery, C = Cereal, E = Egg, F = Fish, L = Lupin, M = Milk, Mo Molluscs, Mu =

Mustard, N = Nuts, P = Peanuts, S = Sesame seeds, So = Soya, Su = Sulphur dioxide