



**Ursuline**  
High School  
WIMBLEDON

**Voluntary Aided 11-18 Roman Catholic School for Girls**  
Headteacher: Ms Julia Waters BSc (Hons) MA

September 2019

Dear Parent / carer,

We are very excited to announce that we are starting a new rugby club with Old Ruts rugby club. The sessions will run on a Thursday at Morley Park (details on the back) every Thursday starting on Thursday 12<sup>th</sup> September. The dates will be;

12th, 19th, 26th Sept  
3rd, 10th Oct

**ARD & Half Term**

31st Oct

3rd, 7th, 14th & 21st Nov.

**\*Students must have a mouth guard**

Girls Rugby is one of the fastest growing sports in the UK. It is fun, fast and very exciting. Rugby caters for all shapes and sizes, and as a team sport, it encourages communication, team spirit, and a reliance on your peers. Studies have found that children who participate in team sports achieve higher academic grades and have enhanced mental wellness.

Old Ruts Rugby Club in Merton Park has around 60 girls who play Rugby on a weekly basis. The coaches are all volunteers and are unpaid. I coach Girls Rugby because I believe that girls should have the same access to this amazing sport as their male counterparts.

There will be two events during this ten week course where the girls will be invited to our club on a Sunday (after church). At the first event they will meet with our girls and we will play mixed matches. On the last occasion the Ursuline girls will play a full match against our girls. We hope to get as many girls and their families along to this event.

On Thursday 12<sup>th</sup> we will have the first session at Morley Park. If your daughter is in yr8-11 she can make her way straight to the fields. **If your daughter is in yr7 she will need to come to the PE office at 3.10pm so we can walk her to the fields & show her the way.** Alternately, you can drop your daughter to the session at 3.10pm either. Please indicate on the reply slip below your permission & travel arrangements.

Thank you,

Miss Doyle

Director of Sport

[Caitriona.doyle@uhs.w.com](mailto:Caitriona.doyle@uhs.w.com)

I give permission for my daughter \_\_\_\_\_ form \_\_\_\_\_ to take part in the rugby club on a Thursday 3.30-4.45pm at Morley Park playing fields.

Medical notes; \_\_\_\_\_

Parent/ carer contact: \_\_\_\_\_

Parent/ carer signature; \_\_\_\_\_

She can leave MP at the end of the session

I will collect her from MP at the end of the session

I would like her to be walked back to school at the end of the session

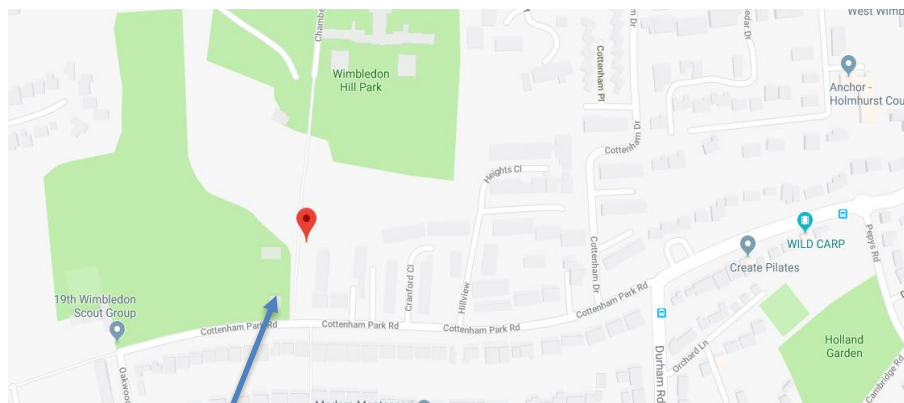
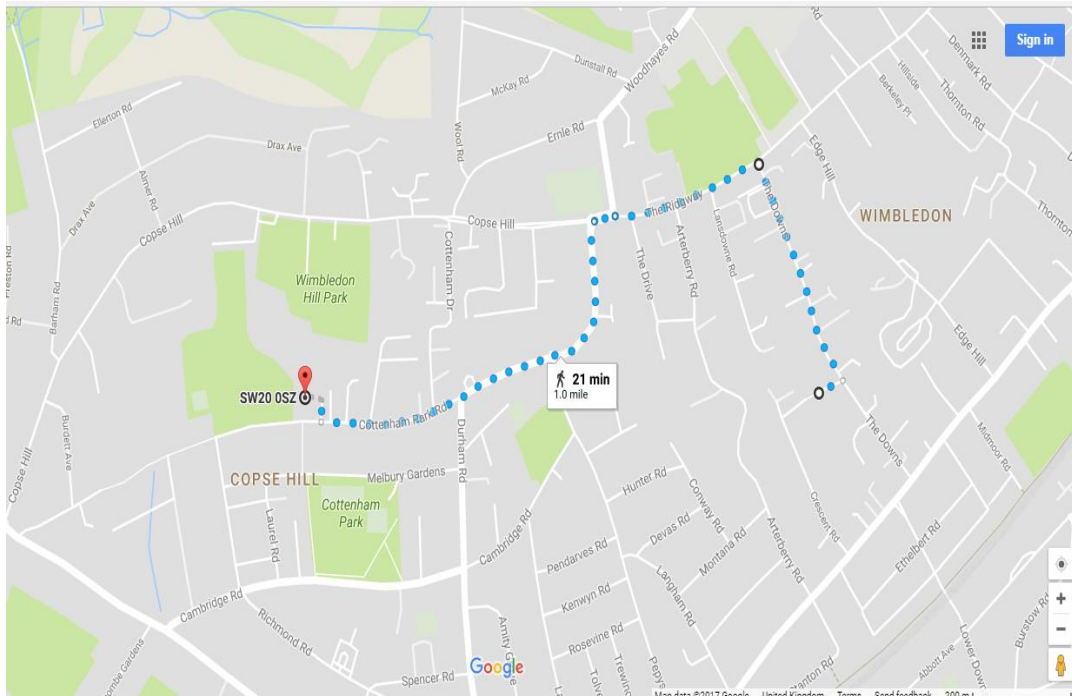
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Visitors' Entrance: The Downs

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Email: [enquiries@ursulinehigh.merton.sch.uk](mailto:enquiries@ursulinehigh.merton.sch.uk)  
Twitter: @UrsulineHighSch



**Playing fields address:** Ursuline Playing Fields, Cottenham Park Rd, Wimbledon, SW20 0SZ.



Student entrance is here via the car park / gate.