

PSHEC Provision Revised 2018-2019

Key amendments:

Knife crime

LGBTQI

Pornography

Drugs

Y7	Autumn A (7)	Autumn B (7)	Spring A (6)	Spring B (5)	Summer A (7)	Summer B (7)
CSE Focus	<p><u>NEW First Impressions</u></p> <ul style="list-style-type: none"> • Identity • Self-confidence • Team work • Applying for work • Autism • Online identity • Stereotyping: Equalities 	<p><u>Conflict</u> New Focus</p> <ul style="list-style-type: none"> • Types of conflict • Cyberbullying • Sexual bullying • Anger • Children in wars • Internal conflict • Resolution Relationships with friends (inc conflict). <p>Safe Travel afternoon</p>	<p><u>Body image</u></p> <ul style="list-style-type: none"> • Puberty and well woman / SRE / menstruation • Healthy Bodies • Eating healthily • Exercise • Eating disorders • Healthy lifestyle • Stress • Emotional wellbeing 	<p><u>Relationships</u> New Focus</p> <ul style="list-style-type: none"> • Modern families • parents' Divorce • Living in care • Homosexuality • Gang families • Social campaigns 		
Citizenship and British Values Focus	<p><u>Life in Modern Britain</u> What makes us British and our identity</p>				<p>Rights and responsibilities (UN) and focus on Media and free press (NEW)</p>	<p>How can we bring about Political change and taking action? Become a member project-Case study project (NEW)</p>

Other/Careers	Getting started Presentation of work & organisation; Homework ARD Prep	Prep for Christmas assembly PASS survey		ARD Prep	Study skills: effective revision – 1 lesson Careers and finances- Thinking about options and careers for year 8 Real Game / Fast Tomatoes change? – 3 lessons	Sports day prep Exam week Debates prep x1, prep celebration, Serviam assembly
PREVENT	Whole School Prevent Morning					
Y8	Autumn A (7)	Autumn B (7)	Spring A (6)	Spring B (5)	Summer A (7)	Summer B (7)

CSE Focus	<p>Homophobia & Gender - 2 lesson</p> <p>Conflict resolution - 2 lessons</p>		<p>Careers focus and option choices</p>	<p>Improving Health</p> <ul style="list-style-type: none"> • Diet and exercise • Smoking, drugs and alcohol • Physical abuse • Self-harm • Anger • Mindfulness 	<p>Emotional mental health - 5 lessons</p> <p>NEW: Positive SE</p> <p>Causes of low SE</p> <p>Celebrities and SE</p> <p>Media and SE</p> <p>Pornography and SE</p> <p>Depression</p> <p>Anxiety</p> <p>Self harm</p>	<p>Personal safety; assertiveness</p> <p>+ e-safety NEW Digital Etiquette</p>
<p>Citizenship and British Values Focus</p>	<p>Multicultural Britain-Principles and Values of British Society</p> <p>The UK's role in key international organisations</p> <p>Black History Month.</p>	<p>NEW Safety and Protection</p> <ul style="list-style-type: none"> • The law • Reporting crime • Court • FirstAid • Road safety • Violence on the streets: including knife crime 	<p>Local and National Government.</p> <ul style="list-style-type: none"> • The political system. • Laws and why we need them. • How do others govern themselves? 			
<p>Other/Careers</p>		<p>Producing personal action plans</p> <p>Options choices- decision making</p>	<p>Institute of Philanthropy project (3 wks)</p>	<p>Institute of Philanthropy project (2 wks)</p>	<p>Study skills</p>	<p>Sports day prep</p> <p>Exam week</p> <p>Debates prep x1, prep celebration, Serviam assembly</p>

		ARD Prep 1 lesson Strengths & weaknesses Careers-Fast Tomato. 2 lessons Prep for Christmas assembly				
PREVENT	Whole School Prevent Morning					
Y9	Autumn A (7)	Autumn B (7)	Spring A (6)	Spring B (5)	Summer A (7)	Summer B (7)
CSE Focus	Bullying-avoiding fights. Handling conflict. NEW Family relationships Breakdown of families	Puberty STIs Contraception SRE to address misconceptions more directly		NEW Focus Addiction <ul style="list-style-type: none"> Defining addiction Smoking Alcohol Drugs Gaming and gambling Causes of addiction The effect of addiction 	Mental health. Need to update case studies Handling stress. Tobacco, alcohol and drugs.	NEW FOCUS The Internet <ul style="list-style-type: none"> Benefits and dangers Cyber crime Cyberbullying and trolling Sex and the internet (pornography) Conspiracy theories Fake news Grooming online Staying safe (inc. e-safety and internet bullies / parks/street crime: knives) Greater discussion on

						sexting – risk and legalities <ul style="list-style-type: none"> • Informed decision making. • Coping with life changes
Citizenship and British Values Focus	Raising awareness about Black History Month		NEW 4 lessons on Money Matters Tax calculations Bank accounts Credit Mortgages Student loans Debt and poverty Economics	<u>Politics and Participation:</u> Democracy, monarchy & constitutional history the political parties Focus on youth crime (inc. racism / homophobia / street crime incu: knives) Justice system: police, courts and tribunals		
Other/Careers	Serviam-Christmas Fair	Philanthropy follow-up Return to Fast Tomato-planning for the future.	Careers Networking Day			Sports day prep Exam week Debates prep x1, prep celebration, Serviam assembly
PREVENT	Whole School Prevent Morning					
Y10	Autumn A (7)	Autumn B (7)	Spring A (6)	Spring B (5)	Summer A (7)	Summer B (7)

<p>CSE/wellbeing Focus</p>	<p>LGBTQI History Month Assembly</p> <p>Whole school CSE morning (part of Prevent/FGM morning)</p>	<p>Mental Health focus Well Being (Part 1) Periods 1 & 2 in classrooms</p> <p>Mental Health focus Well Being Part 2) Periods 3 & 4 in classrooms</p> <p>Mental Health focus Well Being (Part 3) Periods 5 & 6 in classrooms (Focus: stress; pressure groups; drugs, eating disorders, exercise)</p>	<p>Well Woman (Part 1) Periods 1 & 2 in classrooms</p> <p>Well Woman (Part 2) Periods 3 & 4 in classrooms</p> <p>(NEW-Focus on: Sexuality)</p> <p>The myth of the ideal body</p> <p>Gender and sex</p> <p>The media</p> <p>Song lyrics and sexism</p> <p>Pornography</p> <p>Drugs performance and workshop</p>		<p>Retreat = 1 day Dealing with stress; time management; relaxation techniques</p> <p>LGBTQI Assemblies – Inclusive language and respect for all</p>	<p>Equality (Part 1) Periods 1 & 2 in classrooms</p> <p>Equality (Part 2) Periods 3 & 4 in classrooms</p> <p>Drug workshop – Merton funded 4th July</p>
<p>Citizenship and British Values Focus</p>	<p>Britain in the world & the Commonwealth Periods 1 & 2 in classrooms</p> <p>Britain in the EU p3 and 4</p>			<p>Justice (Part 1) Periods 1 & 2 in classrooms</p> <p>Justice (Part 2) Periods 3 & 4 in classrooms</p> <p>NEW:Focus Human Rights</p> <p>The right to money Free speech Asylum Healthcare The law Education Religion and belief Voting</p>		

				New focus: Street Crime: Knives Knife Crime Assembly		
Other/Careers						SLT post-16 interview Unifrog
PREVENT/FGM	Whole School Prevent/FGM Morning				PREVENT FOLLOW UP Radicalisation & Terrorism Periods 5 & 6 in classrooms	
Y11	Autumn A (7)	Autumn B (7)	Spring A (6)	Spring B (5)	Summer A (7)	Summer B (7)
CSE Focus			Well Woman day Sex education, STIs, binge drinking & associated risks and drugs Sexualisation and the media Pornography Consent and the law (NEW) =1 day	Revision skills Managing stress Meditation / time management Yoga workshop -NEW		
Citizenship and British	Democracy-Why does my vote count?					

Values Focus	(Part 1) - Periods 1 & 2 in classrooms Democracy (Part 2) - Periods 3 & 4 in classrooms Parliamentary democracy, local, regional and national governments					
Other/Careers		Retreat Day =1 day		Looking ahead, planning for the future =1 day (ARD) New Focus: Employment and Exams Exam stress Writing CVs Personal statement Work experience Impressions at work Types of qualification Job interviews Universities and work Financial Literacy- NEW to here- One off work shop Finance and budgeting		Work Experience: prep on rights and responsibilities of employees Transition/Induction into the 6 th form
PREVENT	Whole School Prevent Morning				PREVENT Follow-up-Radicalism and terrorism	

Additional Workshops:

- Knife and street crime sessions Yr7-9 by Schools Officer
- Drug Education Drama Performance Yr9-13.

