



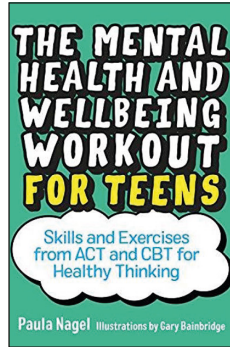
Headteacher's Recommendation

The Mental Health and Wellbeing Workout for Teens

Paula Nagel

This easy-to-understand, engaging guide arms teens with healthy thinking habits and coping strategies for staying on top of their mental health. Using tried and tested therapeutic techniques, readers are given the tools to build their own personalised mental health 'workout' to boost their emotional resilience and wellbeing.

A helpful read for parents and teens alike!



Parents' Events

Parents / carers are always warmly welcomed to these events. This newsletter also outlines RE and PSHEC lesson topics for this half term. Events, Workshops, Courses and Forums are opportunities for parents/carers to meet and explore key issues in education.

Mon 3rd June SCHOOL RETURNS

Tues 4th June

Year 10 Sixth Form Transitions
Parents' Meeting; USFC (6.30-7.30pm)

Fri 7th June

Feast of the Sacred Heart of Jesus

Mon 10th June

Healthy Eating Week

Fri 21st June

Annual Sports Awards Dinner
(6.30-9.30pm)
Healthy Eating Week

Weds 26th June

Year 7 Parents' Evening; Hall & Gym
(4.00-6.30pm)

Thurs 27th June

Year 11 Celebration Evening; Hall
(7.30-8.30pm)

Fri 28th June

Year 13 Leavers' Prom

Weds 3rd July

New Uniform Sale; Hall

Fri 5th July

Whole School Sports Day;
Wimbledon Park Track (All Day)

Mon 8th July

UPA Nearly New Uniform Sale (1.00-3.00pm)
Year 7 Celebration; Hall (1.25-3.10pm)

Tues 9th July

Year 8 Celebration; Hall (1.25-3.10pm)

Weds 10th July

Year 9 Celebration; Hall (1.25-3.10pm)
Year 10 Parents' Evening (4.00-6.30pm)

Thurs 11th July

Year 10 Celebration; Hall (1.25-3.10pm)

Fri 19th July

END OF TERM (12.20pm Finish)

Mon 22nd July-Thur 29th Aug SUMMER HOLIDAYS

Thurs 15th Aug

A LEVEL/LEVEL 3 RESULTS DAY

Thurs 22nd Aug

GCSE RESULTS DAY
Year 12 Sixth Form Enrolment

Fri 23rd Aug

Year 12 External Sixth Form Enrolment

Mon 2nd & Tues 3rd Sep INSET DAYS

Weds 4th Sep

SCHOOL RETURNS

LESSON TOPICS: SUMMER B TERM

RE Programme

Year 7 students will study Church history, in which they will consider the following key questions: What does it mean to describe the Christian Church as 'the Body of Christ'? Why is the history of the Christian Church like a tree? What are its roots? What do the trunk and branches represent? How did the Christian faith spread across the world and why didn't the very first Christians give up? Do we please God through our faith or through our actions? Can we trust humans like the Pope to lead us to God? Is the Church more united or divided today?

Year 8 students will continue with their study of Good versus Evil. The key questions for this unit are: Are certain actions good because God commands them or does God command them because they are good? How did evil enter the world? Are humans to blame or God? What is a Conscience? Can humans be trusted to always follow their Conscience? Does the good in the world outweigh the evil? This will be followed by revision for End of Year examination.

Year 9 students will explore GCSE course on 'Redemption' in which pupils will study how the church architecture reflect Catholic beliefs; the main parts of a Catholic church; Contrasting features and artefacts used by Catholics; The role of Jesus in restoration through sacrifice; The significance of Jesus' death, burial, resurrection and ascension; Salvation; Redemption in the Bible; Ss. Irenaeus' and Augustine's thoughts on salvation; the importance of conscience for Christians; Redemption and the Mass; Different Christian understandings of the Eucharist; Prayers in Mass and adoration.

Year 10 students will continue to explore GCSE course on 'Eschatology' which includes: The Paschal candle;

Michelangelo's painting, 'The Last Judgement'; Memorials of the dead; Eschatology and life after death; The four last things; Purgatory and Judgment; The Parable of the Rich Man and Lazarus; Cosmic reconciliation; The Church's teachings on the end of time; The last rites; The funeral rite; The care of the dying and euthanasia.

PSHEC Programme

Year 7 Will focus on 'Political Change and Taking Action'

- Become a member project-Case study project

Year 8 Will focus on 'Personal Safety': Including;

- Assertiveness
- E-Safety-Digital Etiquette

Year 9 Will focus on 'The Internet'. Including;

- Benefits and Dangers
- Cyber Crime
- Cyberbullying and Trolling
- Sex and the Internet (pornography)
- Conspiracy Theories
- Fake News
- Grooming Online
- Staying Safe

Year 10 Will focus on 'Equality': Including;

- Equality (Part 1) Periods 1 & 2 in classrooms
 - Equality (Part 2) Periods 3 & 4 in classrooms
- Drug Workshop

Year 11: Will focus on 'Work Experience'

- Prep on rights and responsibilities of employees
- Transition/Induction into the 6th Form