



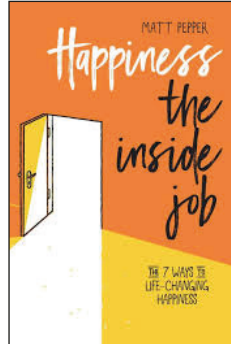
Headteacher's Recommendation

Happiness The Inside Job: The 7 Ways to Life- Changing Happiness

Matt Pepper

The one thing which every person on the planet desires is to live a fulfilled and happy life. So why does happiness seem to elude so many of us? How can we simply 'get happy' when the pressures of life, jobs, bills and relationships are upon us all?

Matt Pepper has spent twenty years researching, learning and practising the tools and ideas he has discovered, which have helped hundreds of his clients on the path to a happy and more fulfilling life. A book each of us can take value from!



Parents' Events

Parents / carers are always warmly welcomed to these events. This newsletter also outlines RE and PSHEC lesson topics for this half term. Events, Workshops, Courses and Forums are opportunities for parents/carers to meet and explore key issues in education.

Sun 27th Oct

Dallas Trip Returns; DK Block (10.30)

Mon 28th Oct / Tues 29th Oct INSET DAYS

Weds 30th Oct SCHOOL RETURNS

Year 9 Drug Awareness Conference; Hall (8.45-9.35am)

Thurs 31st Oct

Year 13 Academic Review Day (All Day)
Year 10 Drug Awareness Conference; Hall (8.45-9.35am)

Fri 1st Nov

All Saints Day/All Saints Day Mass (1.00-1.35pm)
Remembrance book in the Foyer all November

Sat 2nd Nov

All Souls Day

Mon 4th Nov

Lighting of Candles & Prayer for the Deceased in the Chapel (10.30-10.55am)

Weds 6th Nov

Year 7 Commissioning Service (7.00-8.00pm)

Mon 11th Nov

Remembrance Service; Chapel (12.40-1.25pm)

Fri 15th Nov

UPA Quiz Night (7.00-9.00pm)

Mon 18th Nov

Year 13 Mock Exams (Until Tues 26th Nov)

Weds 20th Nov

Drug & Alcohol Awareness Parents' Evening (6.00-7.00pm)

Fri 22nd Nov

INSET DAY

Mon 25th Nov

Year 7 & 8 Advent Services; Chapel (All Week)

Weds 27th Nov

Year 12 Parent Workshop 'Building Mental Resilience'; USFC (6.30-7.30pm)

Thurs 28th Nov

School Production: The Sound of Music; Hall. Ticketed Event. (7.30-10.00pm)

Fri 29th Nov

Christmas Tree Service; Chapel (2.00-2.30pm)
School Production: The Sound of Music; Hall. Ticketed Event. (7.30-10.00pm)

Mon 2nd Dec

Year 11 Mocks (Until Tues 17th Dec)
Year 10 Pastoral Workshop 'Managing Personal Relationships'; Hall (6.30-7.30pm)

Tues 3rd Dec

Year 7 Pastoral Workshop; 'Managing Friendships & Social Media'; Hall (6.30-7.30pm)

Weds 4th Dec

Year 8 Pastoral Workshop; 'Managing Friendships/ Peer Pressure/Drugs & Alcohol'; Hall (6.30-7.30pm)

Thurs 5th Dec

Year 9 Pastoral Workshop 'Mental Health/Low Mood and Anxiety'; Hall (6.30-7.30pm)

Mon 16th Dec

Joint Christmas Carol Service with Wimbledon College at Sacred Heart Church (8.00-9.00pm)

Tues 17th Dec

Christmas Party for Retired Members of the Parish (1.30-3.00pm)

Fri 20th Dec

Christmas Assemblies: Year 7 & 8: (9.40-10.30am), Year 12 & 13: (10.55-11.45am), Year 9 & 10 (11.50-12.40am)
TERM ENDS (12.40pm)

Mon 23rd Dec- Fri 3rd Jan CHRISTMAS HOLIDAYS

Mon 6th Jan

SCHOOL RETURNS

LESSON TOPICS: AUTUMN B TERM

RE Programme

Year 7 students will be working on their extended writing, 'Jesus was just a man.' They will also start their course on 'Who is Jesus?' In this unit they will consider historical Jesus, Jesus in the Gospels, Islam and Judaism views of Jesus. Students will also attend an Advent service.

Year 8 students will explore Jesus as the New Covenant. They will particularly consider the key questions: how did Jesus establish the new covenant? The exploration will include the festivals of Advent, Christmas, Lent, Holy Week and Easter.

Year 9 students will be exploring the second unit of GCSE course is 'Incarnation' in which pupils will study Jesus as God incarnate; Jesus as the Word of God; Jesus as both fully human and fully God; Christian symbols; how incarnation affects Catholic attitudes towards religious art; interpreting statues of Jesus; the seven sacraments; image of God and abortion.

Year 10 students will explore Catholic Church teachings on conflict and peace. They will consider Biblical perspectives on violence and bullying; forgiveness and reconciliation; justice; just war theory, the role of religion in conflicts in the 21st century; terrorism; torture, radicalisation and martyrdom; conflict resolution and peace-building

Year 11 students will explore Judaism practices where they will cover the following areas: importance of the synagogue, importance of prayer, Shabbat at home and in the synagogue, ceremonies associated with birth, Bar and Bat Mitzvah, marriage, mourning for the dead, dietary laws, festivals of Rosh Hashanah, Yom Kippur and Pesach. This will be followed by GCSE mock examinations on Catholic Christianity, Themes and Judaism.

PSHEC Programme

Year 7

Will focus on 'Conflict'

- Types of conflict
- Cyberbullying
- Sexual bullying
- Anger
- Children in wars
- Internal conflict
- Resolution Relationships with friends (inc conflict).

Year 8

Will focus on 'Safety and Protection'. Including;

- The law
- Reporting crime
- Court
- First Aid
- Road safety
- Violence on the streets: including knife crime

Year 9

Will focus on; 'Sexual Health'

- Puberty
- STIs
- Contraception
- SRE to address misconceptions more directly

Year 10

Will focus on 'Mental Health'. Including;

- Stress
- Pressure groups
- Drugs
- Eating disorders
- Exercise

Year 11: Will focus on their Retreat Day