

pastoral

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Headteacher's Recommendation

The Time Is Now: A Call to Uncommon Courage

Joan Chittister

Sister Joan D. Chittister, O.S.B., is an American Benedictine nun, theologian, author, and speaker. She has served as Benedictine prioress and Benedictine federation president, president of the Leadership Conference of Women Religious, and co-chair of the Global Peace Initiative of Women. In her book Sr Joan speak to us of the courage simple and ordinary people need to have to speak the truth to power.

She tells us of Deborah and Miriam of the Old Testament who made no small choices. They chose courage. They chose the expansion of the soul. They chose to stake their lives on what must be rather than stake their comfort, their security, the direction of their lives, on what was. Something we all need to do to make this world a better place!



THE URSULINE HIGH SCHOOL NEWSLETTER FOR PSHEC & PARENTING

Parents' Notepad

Parents / carers are always warmly welcomed to these events. This newsletter also outlines RE and PSHEC lesson topics for this half term. Events, Workshops, Courses and Forums are opportunities for parents/carers to meet and explore key issues in education.

Thurs 1st April

Maundy Thursday

Fri 2nd April

Good Friday

Sun 4th April

Easter Sunday

Mon 5th April

Easter Monday

Mon 19th April

SCHOOL RETURNS

Tues 20th April

Year 8 Parents' Revision Evening for Internal Exams (on Teams) (7.00-8.00pm) Year 12 Parents' Evening (on Teams) (4.00-6.30pm)

Weds 21st April

Year 6 Information Evening (on Teams) (6.30-7.30pm)

Thurs 22nd April

Earth Day (Creation Liturgy on Teams) Parent Workshop (Sexual Harassment) (Time TBC)

Fri 23rd April

St George's Day

Mon 26th April

Feast of Our Lady of Good Counsel. 129th Anniversary of the Foundation of the School

Thurs 29th April

Year 8 Parents' Evening (on Teams)

Fri 30th April

Year 10 PSHEC (Well Woman) (8.55am-2.20pm)

Mon 3rd May

School Closed for May Day

Tues 4th May

Year 7 Parents' Revision Evening for Internal Exams (on Teams) (6.00-7.00pm)

Mon 10th May

Mental Health Awareness Week

Thurs 13th May

Ascension Day Parent Workshop from Cluster on Teams (Understanding the Adolescent Brain) (6.00-7.00pm)

Fri 14th May

Eid ul Fitr

Tues 18th May

Year 9 Parents' Revision Evening for Internal Exams (on Teams) (6.00-7.00pm)

Sun 23rd May

Pentecost

Tues 25th May

Year 10 Parents' Revision Evening for Internal Exams (on Teams) (6.00-7.00pm)

Friday 28th May

LAST DAY OF TERM

Mon 31st May- Fri 4th June

HALF TERM

Monday 7th June

SCHOOL RETURNS

Help & Support

This newsletter outlines the additional support available for your daughter which may prove particularly useful during this difficult time.



Kooth – <u>www.kooth.com</u>. Online support services for young people, 11-25 years. It offers free online counselling from 12pm-10pm Mon -Fri and from 6pm-10pm Sat/Sun



Off the Record - www.talkofftherecord.org/merton/ offers online and telephone counselling support to any student at a Merton school.

LESSON TOPICS: SUMMER A TERM

RE Programme

Year 7; will study of Hinduism. Key questions: What does it mean to describe London as a 'multi-faith community'? What do Hindus believe about God – are they monotheistic or polytheistic? How do they worship? What do Hindus believe happens to us when we die? What is reincarnation and karma? What happens during Hindu festivals and rites of passage? How do Hindu beliefs and practices affect the way Hindus live their lives? This will be followed by revision for End of Year examination.

Year 8; will study Catholic Social Teaching with the main focus on the Philanthropy project. Key questions for this unit are: What is Catholic Social Teaching? How do the main principles of 'Human Dignity', 'Community and Participation', 'Care for Creation', 'Life and Work', 'Peace' and 'Solidarity' influence Catholic behaviour? How do CAFOD and SVP put the principles of Catholic Social Teaching into practice? Why do Catholic school take part in activities like the Philanthropy Project? Are religious charities more effective than non-religious charities?

Year 9; will study the first unit of GCSE course 'Creation', in which pupils will study Genesis 1&2 and their significance for Catholics; Michelangelo's painting, Creation of Adam and what it teaches Catholics about God and human; the origin and structure of the Bible; the inspiration and the Bible as the word of God; Natural Law and Catholic attitudes towards Science; Caring for the environment and the meaning of Stewardship; CAFOD and sustainability.

Year 10; will explore GCSE course on Judaism: beliefs, teachings and practices. They will consider the nature of God; Judaism teachings and beliefs in the afterlife: the nature and role of the messiah; The Promised Land and the covenants with Abraham and Moses;

Key moral principles; sanctity of life; Free will and Mizvot; the importance of the synagogue; the Shabbat; Bar and Bat Mizvah; marriage; mourning the dead; dietary laws; Rosh Hashanah and Yom Kippur; Pesach.

Year 11; Students will study the last unit of Catholic Christianity, 'Eschatology' which includes: The Paschal candle; Michelangelo's painting, The Last Judgement'; Memorials of the dead; Eschatology and life after death; The four last things; Purgatory and Judgment; The Parable of the Rich Man and Lazarus; Cosmic reconciliation; The Church's teachings on the end of time; The last rites; The funeral rite; The care of the dying and euthanasia.

PSHEC Programme

Year 7 to focus on;

Basic First Aid SSO / St John Ambulance. Mental Health week - assembly and activities. Rights and responsibilities; Equalities -Race. Study skills; effective revision.

Year 8 to focus on;

Mental Health week. Personal Safety. Study Skills. Financial Literacy. Equalities- Race.

Year 9 to focus on;

Tobacco, alchol, drugs -risks, laws and consequences. Mental Health week. Self-Esteem, Body Image Influence, Handling Stress. Parenting, Fostering, Adoption. Equalities – Race.

Year 10 to focus on;

Mental Health week. Retreat - Dealing with stress; time management; relaxation techniques, Retreat - Dealing with stress; time management; relaxation techniques

Year 11 to focus on;

Mental Health week. Exam stress support.