

MENU 1

3rd January- 6th January, 23rd January- 27th January, 6th March- 10th March, 27th March- 31st March

Monday

Thai Pork Curry (Ce), Steamed Rice, Broccoli, Vegetarian Tikka Masala (M, may contain: N, P and Mu), Macaroni Cheese (C, Ce, M, may contain: Mu and So), Cheese and Pepperoni Panini (C, M, may contain So), Cheese and Tomato Pizza (C and M), Jacket Potato with Baked Beans, Jacket Potato with Tuna and Sweetcorn (F, E, Mu)

Tuesday

Pasta Bolognese (C), Vegetable Goulash (Ce), Sweetcorn, Sausage in a bun (C, So, Su, may contain S), Green Pesto and Parmesan Pasta (C, M, E), Cheese and Tomato Pizza (C and M), Jacket Potato with Baked Beans, Jacket Potato with Tuna and Sweetcorn (F, E, Mu)

Wednesday

Jerk Chicken (May contain C), Roast Potatoes (C), French Beans, Vegetarian Burrito (C, E, Ce), Steak Pie (C and M), Tomato and Herb Pasta (C and Ce), Cheese and Tomato Pizza (C and M), Jacket Potato with Baked Beans, Jacket Potato with Tuna and Sweetcorn (F, E, Mu)

Thursday

Beef Lasagne (C, Ce, M, E, may contain Mu and So), Herby Diced Potatoes (C), Garden Peas, Tomato and Basil Quiche (M, C, E, Mu)

Chicken Calzone (C, M, Mu, may contain S), Roasted Vegetable Pasta (C, M, Ce), Cheese and Tomato Pizza (C and M), Jacket Potato with Baked Beans, Jacket Potato with Tuna and Sweetcorn (F, E, Mu)

Friday

Breaded Haddock (C and F), Herby Diced Potatoes (C), Baked Beans, Cheese and Tomato Pizza (C and M)

(Please read individual labels for the full ingredients and allergens list)

Salad bar, Cookies, Cakes, Jellies, and Cold Drinks

Allergies: Ce = Celery, C = Cereal, E = Egg, F = Fish, L = Lupin, M = Milk,

Mo Molluscs, Mu = Mustard, N = Nuts, P = Peanuts, S = Sesame seeds,

So = Soya, Su = Sulphur dioxide



MENU 2

9th January- 13th January, 30th January- 3rd February, 20th February- 24th February, 13th March- 17th March

Monday

Chicken Korma (Mu, may contain: N and P), Steamed Rice, Baby Carrot, Chickpea, Spinach and Sweet Potato Curry (Mu, may contain C and M), Sausage Roll (C, M, So, Su), Cheese and Tomato Pasta (C, Ce, M), Margarita Pizza (C and M), Jacket Potato with Baked Beans, Jacket Potato with Tuna and Sweetcorn (F, E, Mu)

Tuesday

Oven Baked Sausages (C, So, Su), Herby Diced Potatoes (C) Indian Style Chicken Wrap (Mu, may contain N and P), Garden Peas, Pork Ravioli (C), Tomato and Herb Pasta (C and Ce), Cheese and Tomato Pizza (C and M), Jacket Potato with Baked Beans, Jacket Potato with Tuna and Sweetcorn (F, E, Mu)

Wednesday

Roast Turkey, Roast Potatoes (C), Mixed Vegetables, Chicken Pie (C and M), Southern Style Quorn Burger (C, E, M, may contain S), Macaroni Cheese (C, Ce, M, E, may contain Mu and So), Cheese and Tomato Pizza (C and M), Jacket Potato with Baked Beans, Jacket Potato with Tuna and Sweetcorn (F, E, Mu)

<u>Thursday</u>

Chicken Burger (C, Ce, may contain S), Potato Wedges (C), Broccoli, Pork Meatball and Cheese Panini (M, C, may contain So and S), Falafel in Pitta Bread (C, may contain: S, So, Mu), Sausage and Tomato Pasta (C, So, Su), Cheese and Tomato Pizza (C and M), Jacket Potato with Baked Beans, Jacket Potato with Tuna and Sweetcorn (F, E, Mu)

<u>Friday</u>

Fish Fingers (C and F), Herby Diced Potatoes (C), Baked Beans, Cheese and Tomato Pizza (C and M)

(Please read individual labels for the full ingredients and allergens list)

Salad bar, Cookies, Cakes, Jellies, and Cold Drinks

Allergies: Ce = Celery, C = Cereal, E = Egg, F = Fish, L = Lupin, M = Milk,

Mo Molluscs, Mu = Mustard, N = Nuts, P = Peanuts, S = Sesame seeds,

So = Soya, Su = Sulphur dioxide



MENU 3

16th January- 20th January, 6th February- 10th February, 27th February- 3rd march, 20th March- 24th March

Monday

Red Thai Chicken Curry (Ce), Steamed Rice, French Beans, Vegetarian Chilli Con Carne (C, E, may contain Ce), Sausage Calzone (C, M, So, Su, may contain S), Green Pesto and Parmesan Pasta (C, E, M), Margarita Pizza (C and M), Jacket Potato with Baked Beans, Jacket Potato with Tuna and Sweetcorn (F, E, Mu)

Tuesday

Beef Burger (C, may contain S), Cheeseburger (C, M, may contain S), Herby Diced Potatoes (C) Vegetable Pie (C and M), Mixed Vegetables, Quorn Mince and Vegetable Wrap (C, E, may contain Ce), Macaroni Cheese (C, Ce, E, M, may contain: Mu, So), Cheese and Tomato Pizza (C and M), Jacket Potato with Baked Beans, Jacket Potato with Tuna and Sweetcorn (F, E, Mu)

Wednesday

Garlic and Herb Chicken (Mu), Roast Potatoes (C), Sweetcorn, Vegetable Lasagne (C, Ce, E, M, may contain: Mu, So), Vegan Sausage Roll (C, So), Tomato and Herb Pasta (C and Ce), Cheese and Tomato Pizza (C and M), Jacket Potato with Baked Beans, Jacket Potato with Tuna and Sweetcorn (F, E, Mu)

Thursday

Pork Meatballs (C and Ce), Steamed Rice, Garden Peas, Vegetarian Bolognese (C, E, may contain Ce), Pepperoni and Cheese Panini (C, M, may contain So), Macaroni Cheese (C, Ce, E, M, may contain Mu, So), Cheese and Tomato Pizza (C and M), Jacket Potato with Baked Beans, Jacket Potato with Tuna and Sweetcorn (F, E, Mu)

Friday

Fish Fingers (C and F), Herby Diced Potatoes (C), Baked Beans, Cheese and Tomato Pizza (C and M)

(Please read individual labels for the full ingredients and allergens list)

Salad bar, Cookies, Cakes, Jellies, and Cold Drinks

Allergies: Ce = Celery, C = Cereal, E = Egg, F = Fish, L = Lupin, M = Milk,

Mo Molluscs, Mu = Mustard, N = Nuts, P = Peanuts, S = Sesame seeds,

So = Soya, Su = Sulphur dioxide

