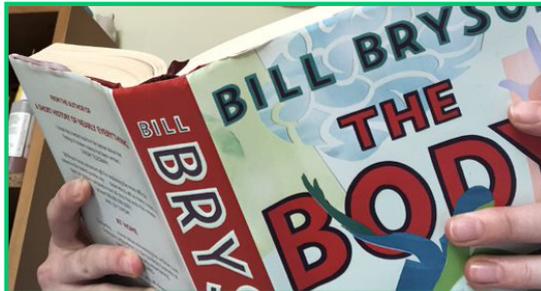




Be Kind to your Body, Gentle with your Mind and Patient with your Heart!

“We place a high level of importance on student care and well-being at UHS, and felt it vital that at a time when emphasis is placed on physical wellbeing, students mental state is not invalidated, nor forgotten about.”
Ms Gilmore
Mental Health Lead



18th- 24th May was **Mental Health Awareness Week**, and at a time where many are struggling with the emotional effects of the current climate, allowing ourselves to practice positive mental health is essential. Kindness is the theme this year - in response to the coronavirus outbreak. Kindness unlocks our shared humanity and is central for our mental health. It has the potential to bring us together with benefits for everyone, particularly at times of great stress. At the Ursuline we have been reflecting on Kindness each week in Summer A term and in acknowledgement of Mental Health Awareness Week students have been encouraged to carry out **Acts of Kindness**, engage in **Ursuline Give Thanks** and take time to be good to themselves by engaging in a mental health boosting activity. Students really seemed to embrace taking part all the different activities- as you can see from the photos! #MentalHealthMatters #KindnessMatters

MENTAL HEALTH AWARENESS WEEK →

18-24 MAY 2020

KINDNESS

Further resources and advice can be found on their website [here](#).



headlines



Dear Parents and Carers,

Every day we become more aware of the suffering of families and friends. As we move slowly out of lockdown more families are affected by furloughing and redundancy. I have also been inspired by how students have been helping younger siblings, working at food banks, shielding family members, supporting elderly and disabled in the community. They have also been learning new skills at home, not only using Microsoft Teams, but also for some baking!

The school feels very empty and we look forward to welcoming all our students back when it is safe. Thank you to all parents for the support you are giving our staff in enabling students to continue their learning.

May St Angela watch over all of our community.

Keep safe and well!

Best wishes

Julia Waters BSc (Hons) MA
Headteacher



TW Webinar

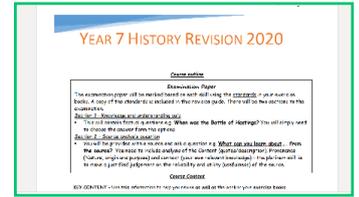


“The questions were good and plentiful, and the answers full of valuable information and good humour...”

Attendee

On Wednesday 6th May, **Teach Wimbledon** along with the University of Roehampton ran its first online webinar! It was very well attended with 54 participants joining the event. Following a discussion of Teach Wimbledon and applying for Teacher training, representatives from Teach Wimbledon and the **University of Roehampton** were able to engage in a helpful Q&A. The wide range of questions were able to cover all the areas; from application, entry requirements and experience needed. The feedback from the event was extremely positive. For more information on our 'Train to Teach' programme please visit: www.teachwimbledon.com

“Impressive Provision”



“Many state schools offer similarly impressive provision. At Ursuline High.. every pupil has a tablet and six online lessons a day.” **Daily Mail**

We have had another productive half term of **online learning** at UHS! Our continuously reflective approach has ensured that our online learning is evolving to be in line with our student’s needs, in order to ensure that our student learning zone is the best it possibly can be! Staff have been working extremely hard on how we can improve; including the ways in which we provide feedback to students, using surveys to help achieve this.

We have been inundated with positive parental responses regarding our provision, with one parent commenting; *“(UHS has) Amazing teachers who have really looked after our children’s well being and provided top class online teaching. Friends have even commented that Ursuline is doing a better job than some independent schools. Can’t thank them enough!”*

We also received a great mention in the Daily Mail commending our extensive online provision [here](#).

Among our updates;

- We will be trialing InSpera for Year 12 exams
- Staff have been getting creative with using Teams to provide more variety to students online learning using videos, Seneca Learning and Kerboodle
- Attendance and engagement to the lessons has been amazing
- Students have taken part in a range of activities online for Mental Health Week (see front cover), VE day, retreats, and PSHEC sessions!

Art Gallery Launch



“We really hope you will enjoy our first ever virtual gallery.. the students work is amazing (as always) and we are really embracing new ways to share it..”

Ms Samuelson



The **Art Department** are pleased to announce they will be launching their **online art gallery** after half term! The gallery (which is kindly being created by our D&T Technician Alice) shares a variety of work, but with focus on GCSE and A Level- we hope it will brighten up your day!

A Warm Welcome!

Transition Timeline



Welcome to Ursuline High School!



“We are really pleased to have given a ‘virtual welcome’ to our new Year 7s (to be) and their parents, putting their minds at ease with the process going forward was very important to us, we look forward to seeing them all very soon!” **Head of Year 7**

The initial **‘transitions process’** for our soon to be new Year 7 students was somewhat different this half term, as our usual Transitions Information Evening was not possible in school, we worked very hard to create as similar as experience as possible for our students to be and their parents!

We are really pleased we have managed to achieve this online with our fabulous new transitions video. The video introduces key members of staff to Year 7 (such as Head of Year, Vicky Jefferies; screenshotted above!) and details the amended transitions process as we currently know it from now until Autumn Term. It has proved so successful with parents that we will be keeping it as part of our transitions process going forward.

Curious about the changes to our transitions process this year?

Check out our transitions guide [here](#).

Coding Via Zoom



“I loved it... it was so interesting. I learnt something new and I can’t wait to make more.” **Student**

On *Wednesday 13th May*, 20 students from Year 7-10 took part in their first-ever school zoom call with Twitter and Mrs Bhayat; Director of Digital Learning, (which was held in place of the yearly trip to the headquarters in central London). Students were taught to create **HTML code websites** using online software. The Twitter team joined to demonstrate how to do this. Pupils were then in a breakout room where they could ask questions to other schools. It was a successful and enjoyable event!

Year 12 Societies

The **Year 12 Societies** have found creative ways to keep going in lockdown!

They are working together with Mrs Harrison (Director of Extended Learning) to run their own online conference on *1st July* at which each society will present its own section. There are 10 societies this year focusing on a vast range of topics from Music to Medicine. **The Food Society** is running weekly competitions on different themes. Take a look at some of the entries for the cupcake competition they ran this week. The Photography Society is also running a competition and the winner will be announced at the conference. Great work Year 12!



T Level Building



T-LEVELS

THE NEXT LEVEL QUALIFICATION

We are delighted to announce that work on our brand new T Levels building has begun and should hopefully be completed by October.

The new building will be housing our BRAND NEW T Levels course in **Digital Production, Design and Development** due to start in September 2020.

For more information on this exciting new course and how you can get involved, please see the ‘T Levels’ section of our website [here!](#)

Or alternatively email; Joint Head of Sixth Form:

ben.barton@ursulinehigh.merton.sch.uk

Voluntary Spirit!



Well done to Year 12 student Mollie and her sister Connie (UHS alumnae) who have been working for the **Don s Local Action Charity** during this time. Collecting food donations from Bayley and Sage customers in Wimbledon Village, pictured above with owner Kelly Duffy (also UHS Alumnae- who we think might be a little bit of an AFC Wimbledon supporter). Please help the DLA volunteers reach their goal this weekend and over the coming weeks! If you can, please drop some non-perishable items after your shop at any of the following food collection points listed [here](#).

If you or someone you know needs support now or in the coming weeks please don’t hesitate to contact their helpline: **0203 301 4511** or email: **MAILTO:DLA@AFCWimbledonfoundation.org.uk**

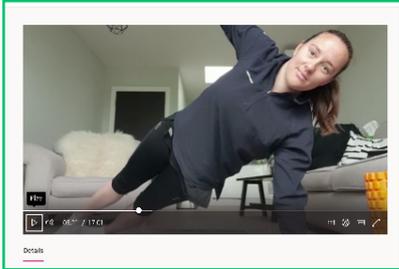
Or find out how to get involved with volunteering [here](#).



netball tennis football athletics
rock climbing cross country
trampolining basketball hockey
danceduke of edinburgh award
wimbledon ball girls cycling

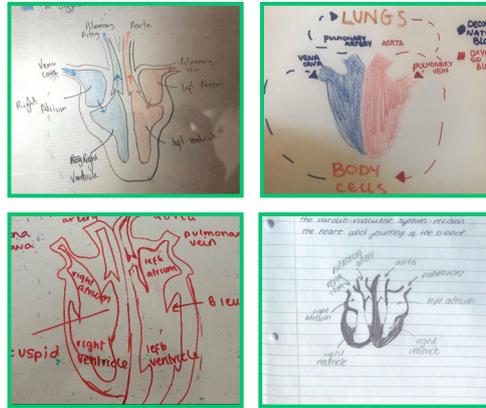
Webinar On Drugs

Keeping Fit: Arty Hearts



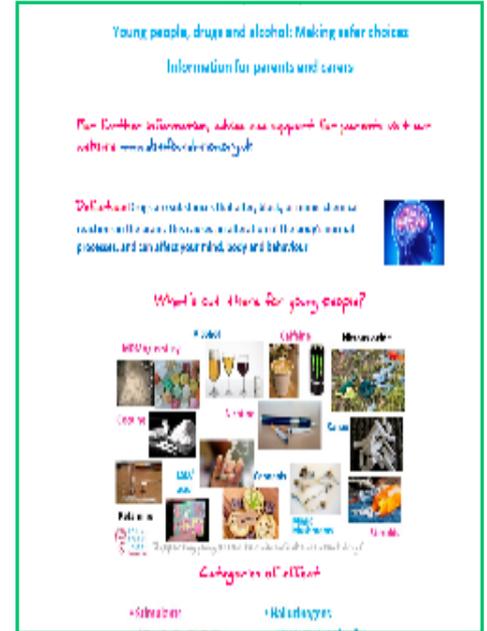
The **PE Department** has kindly put together staff and student fitness sessions during the lockdown period (as per the slide plank demonstrated by Ms Torode above).

The staff fitness session (which we challenge parents to try) can be found [here!](#)



Check out these awesome GCSE P.E diagrams of the blood flow through the human heart! Well done!

Follow the P.E Dept on Twitter [here](#)  (if you aren't already!)



On **Wednesday 13th May**, we hosted our first-ever **webinar on drug addiction** in young people. The webinar was open to all year groups. It's the way forward for key topics that we need parents to be informed on to support their daughter's wellbeing!

KitCast Podcast: You Can Do It!



The **PE Department** has been posting regular podcasts on **Microsoft Stream** this half term to find out what some of the teachers at UHS have been up to (outside of teaching) during lockdown. Kitcast 3 features *Mr Satterthwaite* and *Ms McCauley*, talking about superpowers, cooking skills and Mr Satterthwaite's secret acting skills!

Have a listen [here!](#)



Core PE students were set assignments to plan and log their weekly exercise sessions and we have been really impressed with the ones submitted so far- a brilliant variety of things you've been doing! Well done!

On Your Bike



Students enjoying the lovely weather with a (socially distanced) bike ride around the sports courts! Fitness first!

2.6 Challenge



We have really enjoyed seeing all your **2.6 challenges** this half term- whether it was for an activity, fitness, or charity- well done! Brilliant work from student (left) for doing 26 squats while holding 20kgs and a special mention to *Mrs Beale* who completed her challenge (a walk around Raynes Park) raising £26.20 for the charity *Shelter!*



And the students certainly seem to be enjoying all the fun activities put on by the P.E Department- a great morale booster. Thank you all! #TeamUHS