

UHS Careers Team

Marion Lyons – Careers Lead Shirley Ward – Careers Advisor Lorraine Petheram – Sixth Form Careers

INDEPENDENT CAREERS EDUCATION, ADVICE AND GUIDANCE

- Work hard to ensure that all students have the opportunity to make informed decisions about your future
- We aim to help develop your
 - Knowledge of different careers, industries and jobs
 - Understanding of the world of work and what to expect
 - Confidence to help you succeed in the workplace
 - Skills and your ability to do things
 - Qualities which is your personality and character

Help you make well informed, through choices and plans



UHS Careers Programme

Year Group	Letter	Торіс	Platform	Programme Summary
Year 7	С	Can I be ?	START	There is a career for everyone – what can I be workshop - the Dream, job families, speaker(s).
Year 8	A	Aspire	START	There is a career for everyone – what can I be workshop - the Dream, job families, speaker(s).
Year 9	R	Research	START	Research jobs. What are employability skills? Speed Networking (210 students - 30+ employers).
Year 10	E	Explore	Unifrog	Explore pathways and how to get there. STEM Activity (120) and Jack Petchey Speak Out (90).Explore Sixth Form, interview, subjects, options, qualifications and careers.
Year 11	E	Expand	Unifrog	Expand knowledge of your skills, your future options, careers available. My Future Conference, 1 to 1 interview, CV, Work experience
Year 12	R	Research	Unifrog	Research your future options and opportunities. Networking with Employers, UCAS Fair and University Taster Days, HE options, Oxbridge, Medical, Aspirations programme. Work Shadowing.
Year 13	S	Start your journey	Unifrog	Start the journey - from applying all you have learnt to choose your next steps after school. UCAS, Apprenticeships & School Leaver Programmes, Gap Year, Portfolio Planning, 1-to-1 Careers Interviews, Presentations.



Year 11 Careers Programme

EXPAND

- Knowledge of your skills and qualities
- Knowledge of your choices
- Experiences you have in the workplace



Year 11- EXPAND

- Personal Careers Interview with Ms Ward
- My Future Conference hear from employees, consider your skills and qualities and your options
- CV Writing
- Careers Software START explore what careers could I do and UNIFROG where can I go next?
- Apprenticeship assembly
- ▶ Work Experience 2 weeks to discover what is it really like to work in that industry?
- Lunch and Learn lunchtime sessions hear and meet employees in areas you are interested in
- Careers resources in LRC and access to all Careers staff for advice









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Year 10 Careers Programme

EXPLORE

- Future options and possible destinations
- Problem solving and working out of your comfort zone
- Careers and skills and qualities



Year 10 - EXPLORE

- Hacker Box Challenge or Jack Petchey Speak Out Challenge
- Apprenticeship assembly
- Careers Software START explore what careers could I do and UNIFROG?
- Sixth Form interviews and taster lessons
- Lunch and Learn lunchtime sessions hear and meet employees in areas you are interested in
- Careers resources in LRC and access to all Careers staff for advice









Year 9 Careers Programme

RESEARCH

- Careers and all the options available to you
- Employability Skills
- Interview questions and techniques



Year 9 - RESEARCH

- Careers Software START research what careers could I do
- Employability Skills
- Interview question technique
- Speed Networking Event meet and interview up to 7 employers
- Apprenticeship Assembly
- Film Project
- Lunch and Learn lunchtime sessions hear and meet employees in areas you are interested in
- Careers resources in LRC and access to all Careers staff for advice













Year 8 Careers Programme?

ASPIRE

- Knowledge of your skills and qualities
- Knowledge of your choices
- Experiences you have in the workplace



Year 8 - ASPIRE

- Careers Software START explore what careers could I do
- Careers Panels x 2. Hear from speakers from a wide variety of industries and careers
- Philanthropy Project team working, research, planning, presentations, communication, fundraising
- GCSE options chosen
- Lunch and Learn lunchtime sessions hear and meet employees in areas you are interested in
- Apprenticeships assembly
- Careers resources in LRC and access to all Careers staff for advice





First









Year 8 Careers Panel Speakers





- Customer Relationship Management Marketing @ DISNEY
- Engineer and Entrepreneur Punchfront
- Head of NVQ Academy SeanHanna
- Policy and Campaigns The British Youth Council
- Production Co-ordinator BBC
- Lead Project Engineer Saipem
- Watch Manager London Fire Brigade
- Commercial Director Fragrance Coty Luxury











Year 7 Careers Programme?

CANIBE...

- Understanding the World of Work
- Knowledge of different industries and work families
- Success through your attitude



Year 7 – Can I Be?

- START
- Apprenticeship Assembly
- WORLD OF WORK session my skills and qualities
- Employer Speaker how many job roles exist in one industry CONSTRUCTION My Journey
- Lunch and Learn
- Careers resources in LRC and access to all Careers staff for advice









Apprenticeships







YEAR 7

CAREERS

Why is it important to you?

- Support your learning experience in school
- Inspire you
- Widen your vision
- Expose you to new things
- Help you hear from people and industries you may never have heard of
- Help you connect what you learn at school to the world of work
- ▶ Help you understand ALL the SKILLS and QUALITIES you have
- ▶ Help you understand how to grow and improve those SKILLS and QUALITIES



Every year group ... Employability skills

- What you can do
- What your attitude and behavior is
- They are the qualities most employers want
- They are the skills almost everyone needs to do almost any job
- They are the transferable skills needed by an individual to make them 'employable'
- They are not about the qualifications or knowledge



7 Key Employability Skills... POSITIVE ATTITUDE applies to all of them



All employability skills need...

A POSITIVE ATTITIDUE

- Smiling
- Being friendly to those you don't know
- It's not complaining no matter how unfair things appear to be
- It's getting back up when you fall down. (No matter how many times you fall down)
- Not letting other people's negativity bring you down



How do your subjects relate to careers?

- Every subject you do will relate to a career or industry somewhere
- Science
 - Critical thinking, research, results, calculating, creativity and teamwork. It impacts countless decisions we make each day. From managing our health and well-being, choosing paper over plastic
- English
 - Research, understanding, reading, time management, analysing, creative and critical thinking, performance, voice projection, vocabulary, public speaking, oracy
- Maths
 - Budgets, spending, payroll, measuring, calculating, estimating, problem solving, team work



What students have said about how Careers activities and experiences ...

- "It opened my eyes about other jobs"
- "It allowed us dedicated lesson time to think about ourselves....to explore opportunities and prepare for the future"
- ▶ Hearing from the speakers today ...
 - "I felt encouraged to be the best person I can be and do what I love"
 - "She reminded us of the importance of working hard but also having faith in myself
 - "She helped me to put things and studies into perspectivethings do work out!"





What employers have said ...

- "Thank you for having us today at Ursuline High School today, it was great to meet the girls who were interested and eager to find out more about options out there"
- "The students were all well prepared, engaged and had some great questions!"
- "I really enjoyed myself and found it an insightful experience into my own work but also what the experiences, values and interests are of some young girls today"



"It was very good and I appreciate being invited and cant wait for the next one!"





Where to go for advice and information?

- Marion Lyons Careers Lead Office DK Block (behind finance)
- Shirley Ward Careers Advisor LRC
- Lorraine Petheram Sixth Form Careers UCAS, Apprenticeships, Employment etc - LRC
- https://www.ursulinehigh.merton.sch.uk/curriculum/careersprogramme/careers-further-information/

Additional Career Resources





