

13<sup>th</sup> to 17<sup>th</sup> September

4<sup>th</sup> to 8<sup>th</sup> October

3<sup>rd</sup> to 5<sup>th</sup> November (1<sup>st</sup> & 2<sup>nd</sup> are Inset days)

### **Monday**

Pork meatball with tomato sauce (C and E), Savoury rice, Sweetcorn, Cheese and tomato pasta (C and M), Green Thai vegetable curry (M), Tomato and cheese pizza (C and M), Jacket potato served with Baked beans, Tuna mayonnaise (F) and Grated cheese (M)

### **Tuesday**

Chilli con carne, Chicken curry (M), Pork ravioli (C), Mixed vegetables, Pilaf rice, Macaroni cheese (C and M), Tomato and cheese pizza (C and M), Jacket potato served with Baked beans, Tuna mayonnaise (F) and Grated cheese (M)

### **Wednesday**

Roasted chicken, Beef and onion casserole, Mushroom stroganoff (M), French beans, Roast potatoes, Tomato and herb pasta (C and M), Tomato and cheese pizza (C and M), Jacket potato served with Baked beans, Tuna mayonnaise (F) and Grated cheese (M)

### **Thursday**

Chicken and wild mushroom pie (C and M), Cumberland sausages (C and Su), Quorn mince and vegetable crêpe (C and E), Broccoli, Potato wedges, Macaroni cheese (C and M), Tomato and cheese pizza (C and M), Jacket potato served with Baked beans, Tuna mayonnaise (F) and Grated cheese (M)

### **Friday**

Fish fingers (C and F), Tomato and cheese pizza (C and M), French fries, Baked beans

Sandwiches, rolls and wraps

(Please read individual labels for the full ingredients and allergens list)

Salad bar, Cookies, Cakes, Jellies, and Cold Drinks

**Allergies: Ce = Celery, C = Cereal, E = Egg, F = Fish, L = Lupin, M = Milk,**

**Mo Molluscs, Mu = Mustard, N = Nuts, P = Peanuts, S = Sesame seeds,**

**So = Soya, Su = Sulphur dioxide**

20<sup>th</sup> to 24<sup>th</sup> September

11<sup>th</sup> to 15<sup>th</sup> October

8<sup>th</sup> to 12<sup>th</sup> November

**Monday**

Chicken korma, Quorn sausages (C and E) Potato wedges, Peas, Macaroni cheese (C and M), Cheese and ham quiche (C and M), Tomato and cheese pizza (C and M), Jacket potato served with Baked beans, Tuna mayonnaise (F) and Grated cheese (M)

**Tuesday**

Chicken drumsticks, Frankfurter in a bun, Sauté potatoes, Broccoli, Vegetable burger, Tomato and herb pasta (C and M), Tomato and cheese pizza (C and M), Jacket potato served with Baked beans, Tuna mayonnaise (F) and Grated cheese (M)

**Wednesday**

Roast beef with Yorkshire pudding (C and E) Cornish pasty (C and may contain E and M), Rice, Roast potatoes, French beans Quorn mince (E), Macaroni cheese (C and M), Tomato and cheese pizza (C and M), Jacket potato served with Baked beans, Tuna mayonnaise (F) and Grated cheese (M)

**Thursday**

Spaghetti Bolognese (C), Vegetable burger, Pork ravioli (C), Cheese and tomato pasta (C and M), Tomato and cheese pizza (C and M), Jacket potato served with Baked beans, Tuna mayonnaise (F) and Grated cheese (M)

**Friday**

Fish fingers ( C and F), Tomato and cheese pizza (C and M), French fries, Baked beans

Sandwiches, rolls and wraps

(Please read individual labels for the full ingredients and allergens list)

Salad bar, Cookies, Cakes, Jellies, and Cold Drinks

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27<sup>th</sup> September to 1<sup>st</sup> October

18<sup>th</sup> to 22<sup>nd</sup> October

22<sup>nd</sup> to 26<sup>th</sup> November

**Monday**

Sweet and Sour Pork (**may contain: Mu, N and P**), Chilli con carne, Mixed Vegetables, Rice, New Potatoes, Tomato and herb pasta (**C and M**), Tomato and cheese pizza (**C and M**), Jacket potato served with Baked beans, Tuna mayonnaise (**F**) and Grated cheese (**M**)

**Tuesday**

Beef Lasagne (**C and M**), Steak Pie (**C**), Pork Ravioli (**C**), Potato Wedges, Sweetcorn, Macaroni cheese (**C and M**), Tomato and cheese pizza (**C and M**), Jacket potato served with Baked beans, Tuna mayonnaise (**F**) and Grated cheese (**M**)

**Wednesday**

Roasted chicken, Chicken casserole, Rice, Carrots, Roast potatoes, Quorn mince (**C and E**), Macaroni cheese (**C and M**), Tomato and cheese pizza (**C and M**), Jacket potato served with Baked beans, Tuna mayonnaise (**F**) and Grated cheese (**M**)

**Thursday**

Cheeseburger (**M**) or Beefburger, Sausage rolls (**C, M and E**), Vegetable Burger (**C**), French Beans, Steak Cut Chips, Cheese and tomato pasta (**C and M**), Tomato and cheese pizza (**C and M**), Jacket potato served with Baked beans, Tuna mayonnaise (**F**) and Grated cheese (**M**)

**Friday**

Fish fingers (**C and F**), Tomato and cheese pizza (**C and M**), French fries, Baked beans

Sandwiches, rolls, and wraps

(Please read individual labels for the full ingredients and allergens list)

Salad bar, Cookies, Cakes, Jellies, and Cold Drinks

**Allergies: Ce = Celery, C = Cereal, E = Egg, F = Fish, L = Lupin, M = Milk,**

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