

URSULINE HIGH SCHOOL, WIMBLEDON



CURRICULUM GUIDE YEAR 7

2025/2026



Introduction

We are delighted to welcome you to Ursuline High School and hope that your daughter has a very happy and fulfilling time at Ursuline High School.

In this Year 7 Curriculum Guide you will find all the information you and your daughter need to successfully navigate year 7.

It is our intention that this Guide should serve as a handy reference for parents who have queries about their daughter's learning. To this end, we have tried to include all the information you might want to know, dividing the Guide into three sections: General Information, Curriculum and Standards, Assessment, & Reporting.

We have also suggested ways of supporting your daughter with her studies, as well as aiding you to keep abreast of her progress. Your daughter will be taught all the National Curriculum subjects, and, in addition, she will learn to develop essential qualities and skills through our Curriculum.

Our aim is for each student to develop her learning skills as well as her knowledge and understanding through a rigorous and challenging programme. Beyond the curriculum, there are many opportunities for your daughter to participate in co-curricular activities, from sports to music to drama and charity events. Meanwhile, our 1:1 laptop scheme, allied to the development of our Microsoft Teams Virtual Learning Environment, will allow us to provide further exciting and inspiring learning experiences for your daughter.

Please do not hesitate to contact the school if you have any queries.

We wish your daughter a successful and enjoyable year.

Mr O Nichols

Assistant Head Teacher Teaching & Learning



Mission Statement

Inspired by the life and work of St Angela, our Ursuline School commits itself to education for tomorrow's world within the dynamic tradition of Catholic belief and practice. As a Christian community, characterised by a spirit of respect, trust and joy, we promote excellence in every aspect of life, thereby fully developing each individual.

We aim:

- 1. To build a caring and supportive Christian community where each individual is able to grow in their understanding of the faith and in their commitment to Christ.
- 2. To set standards of excellence in teaching and learning and to provide a broad and balanced and relevant curriculum.
- 3. To develop personal qualities of understanding of self and others, self-discipline and motivation, responsible maturity, creative freedom and integrity.
- 4. To foster an attitude of respect for all regardless of age, race and colour, creed or gender.
- 5. To build peace, to promote justice, social concern and through the celebration of difference, the equality of all peoples.
- 6. To widen horizons, to encourage a sense of commitment and service to the wider world and to enable each one to go on learning and changing all through life.

Serviam Programme

Religious formation at the Ursuline is inspired by the spirituality of St Angela Merici. It is based on the motto, **'Serviam : I will serve'**. It seeks to develop young people for others. Particular care and attention is given to providing students with opportunities to explore their relationship with God, with themselves and with others. This care of the whole person is achieved through the Serviam programme. This programme is fundamental to our school and is the basis of our Roman Catholic ethos.

The Serviam programme offers the following:

- Shared and personal prayer
- Feast Day celebrations
- Retreats
- Service as a whole school and through individual projects
- Leadership opportunities
- Service trips in the local and international community

Year 7 Curriculum Guide 2025-2026



SECTION 1:

GENERAL INFORMATION



Timings of the school day

Monday to Thursday

8.20-8.30am	Staff briefings
8.30-8.50am	Registration
8.55-9.45am	Period 1
9.50-10.40am	Period 2
10.40-11.05am	Break time
11.05-11.55am	Period 3
12.00-12.50pm	Period 4
12.50-1.35pm	Lunch time
1.35-2.25pm	Period 5
2.30-3.20pm	Period 6
3.20-4.10pm	Period 7

Friday

8.20-8.30am	Staff briefings
8.30-8.50am	Registration
8.55-9.45am	Period 1
9.50-10.40am	Period 2
10.40-11.05am	Break time
11.05-11.55am	Period 3
12.00-12.50pm	Period 4
12.50-1.40pm	Period 5



Year 7 Tutor Team

I would like to take this opportunity to introduce the year 7 team responsible for your daughter's academic and pastoral development during this very important year in their school career.

Please use email to contact us in the first instance. Should you wish to contact us by phone (**020 8255 2688**) you will be more likely to speak to us directly at the following times: 10:30am, 12:40pm and after 3:15pm. Parents are welcome to make appointments throughout the year to meet teachers and staff.

Our full staff directory can be found <u>here</u>.

Form	Teacher	Email
Head of Year	Ms Hoyles	rachel.hoyles@ursulinehigh.merton.sch.uk
Pastoral Assistant	Karlin Eloff	karlin.eloff@ursulinehigh.merton.sch.uk
Attendance Officer	Mrs Young	bernadette.young@ursulinehigh.merton.sch.uk
		Absences must be reported by 8.45 either via email or by calling 020 3908 3144. This is a safeguarding duty.

Form	Form Tutor	Population	Email
7 Angela	Paula-Lee Thomas	А	paulalee.thomas@ursulinehigh.merton.sch.uk
7 Bernadette	Geraldine Taylor	А	geraldine.taylor@ursulinehigh.merton.sch.uk
7 Catherine	Katharine Grandin	А	Katharine.grandin@ursulinehigh.merton.sch.uk
7 Francis	Seoighe Kearney	А	seoighe.kearney@ursulinehigh.merton.sch.uk
7 Margaret	Gabriela Gregory	В	Gabriela.gregory@ursulinehigh.merton.sch.uk
7 Teresa	Marlyn Gordon	В	Marlyn.gordon@ursulinehigh.merton.sch.uk
7 Ursula	Rowena Kosmider	В	rowena.kosminder@ursulinehigh.merton.sch.uk



How do we teach at Ursuline High School?

Our students succeed because they know how to: Learn, Remember, Apply

We empower our students to do this through: Checking & Challenge

Checking is a multi-disciplined approach used to systematically assess learning, rectify misconceptions, quality-assure teaching and foster progress.

Challenge is when students use learnt knowledge and fluent retrieval of this knowledge to apply, synthesise and transfer.

Checking	Challenge
Retrieval practice	Using knowledge to apply, synthesise and make their own conclusions and theories, applying
Consolidation	knowledge to unfamiliar scenarios.
Checking the learning	Activating prior knowledge and building schema so students know more to learn more.
Clearing up misconceptions	Sequencing and building a shallonging surriculum
Identifying and closing gaps	Sequencing and building a challenging curriculum for all students with a high level of expectation.
Feedback that enables progress.	

A summary of Checking & Challenge



House System



The Ursuline High School has a well-established House System for Years 7 - 11.

Aims for the House System

- To promote a smooth transition from Primary School House systems.
- Create sense of belonging Micro communities, integrate with other year groups and forms.
- Create roles of responsibility within KS3 and Sixth form. Link to Student Leadership.
- Healthy competition within inter-house activities run within Faculties during the year.
- To develop confidence and respect for others
- House Captains in higher years to be role models for younger years.
- Help provide opportunities to contribute to Serviam within School.

Organisation

Each of the 7 forms within each year group represents 1 House from either St Angela, St Bernadette, St Catherine, St Francis, St Margaret, St Teresa and St Ursula. Each house has 1 form from each year 7, 8 and 9.

Each form in Key Stage 3 nominates 2 House Captains who have roles and responsibilities in promoting and organising Inter-Form Events with Staff.

House Captains have the help and guidance of Sixth Form House Prefects within these roles and work directly with the School's House System Director member of staff.

Each house can also be identified by the Colour Bear pupils have on their PE shirts. These colour Themes are also indicated on House Captain Badges.

Angela – Red. Bernadette – Purple. Catherine – Green. Francis – Orange. Margaret – Pink. Teresa – Yellow. Ursula – Sky Blue.



Inter-House Events

One designated Inter-House event will run every half term. It is an optional event for pupils to participate in; however, their participation and overall success in them will gain House Points for their House. These events will vary from sports events to art competitions, to Inter-House debating at the end of the year.

The House with the highest total of points at the end of the year will be crowned House Champions. Pupils in each House can keep up to date with how their House is progressing in their competitions via notices on each of the Houses' information boards.



Parent/Carer Concerns

Please refer to the diagram below to be able to channel your concerns to the correct member of staff. You may contact any member of staff by phone or email directly to arrange an appointment.

Pastoral Concerns

Examples of pastoral concerns: Behaviour in/out of school, friendship issues, attendance, punctuality

Academic Concerns

Examples of academic concerns: Behaviour in lessons, quality and standards of classwork, homework, tests and exam study skills





School Policies

The use of Planners at KS3

All students at KS3 are issued with a **FREE** planner. The planner contains a lot of very important information about the school; it is also an extremely effective way for you to communicate with the school. May I take this opportunity to remind you to check your daughter's planner and sign it weekly to show that you have done so. When inspecting your daughter's planner, please ensure that all homework has been set and completed. The planner is school property, and we expect your daughter to treat it with respect and use it correctly. Any planner that is lost, graffitied or misused in anyway will need to be replaced. This year we have photocopied spare planners, and your daughter will be expected to bear the cost of the replacement planner (£4.00).

Attendance & Punctuality at KS3

Attending school regularly and on time is crucial. School starts at 8.35a.m. (prompt). Your daughter's attendance is monitored weekly. If your daughter is absent from school, please ring either the attendance officer Ms Young (020 3908 3144) or the Pastoral Support Assistant Mrs Eloff (020 3908 3105) to report the absence. The school has a target of 96% attendance, and it is our expectation that all girls meet this target. This equates to a maximum of 7.5 days absence per year.

Use of the Medical Room

If your daughter is unwell during the school day, she must have a signed note from her subject teacher before reporting to the main school office where she will be seen. If she is too unwell to return to class, then contact with home will be made and arrangements for you to collect your daughter confirmed.

Use of toilets

Students are expected to use the toilets at break and lunch time. Should students need the toilet during lesson times, then they need to be given permission from the subject teacher and take their lunch card with them. The toilets at student services will be kept open and students logged. Should students be using the toilets frequently during lessons we will communicate this home.

Permission for Leave in Term Time

The Government changed the law in 2013 and leave of absence may now only be taken for **Exceptional** reasons:

- Educational event
- Family event

Parents must request leave for exceptional circumstances as far in advance as possible.

The request should be made in writing using the appropriate Form (Leave of absence, Educational Event or Family Event Form (available from the school office or on the school website).

This must include the reason why you feel that it is necessary to take a leave of absence. This may include any extenuating or compassionate reasons, including evidence of circumstances such as medical certificate or letter from employers.

On receipt of an application for leave on the appropriate form together with any supporting documentation, consideration will be given to the circumstance. A letter outlining the decision of the school will be sent to you within 7 days.



Governors' Development Fund

The Governors Development Fund is the schools' parental contribution scheme. As a Catholic Academy Trust school, we rely on good financial management of school funds and the fantastic generosity of our whole school community to enable and enhance the education experience to our students. All additional funding secured makes a significant impact on our school's offering and the programmes we provide for our students.

Your support goes directly towards **enriching the educational opportunities** for our students and **maintaining the exceptional environment** in which the students learn. In recent years, your contributions have supported many works including: refurbishment of student services, construction of the accommodation of T Level Nursing, our Katherine Johnson T Level Digital Building, Business and T Level Science, the new roof at St Angela's, new doors, floors and heating upgrades/repair, renovation of our main kitchen /dining room, tennis court upgrade, and LED lighting and CCTV throughout the Main School.

Additionally, Governors contribute to the **School's Chaplaincy programmes** to sustain and develop the school's charism and ethos, and our **Laptop Scheme** where our students have the use of a laptop throughout your child's education at the Ursuline.

Donations

We ask all parents / carers to make a voluntary contribution of **£30 per month** to the school, for the duration of their child's education at Ursuline High School. An **annual payment of £360** can be made if preferred.

Monthly donations will be collected by Direct Debit. We ask parents / carers to make the first donation on the date of their daughter's interview. Further donations will be collected by Direct Debit from September onwards.

For those facing financial constraints, the **school supports families who are unable to afford the full donation**. If this is the case, please let us know. Also, your ongoing support through involvement in school activities, volunteering, and fostering a sense of community is equally invaluable.

Gift Aid is a way for the school to increase the donation amounts. If you are a UK taxpayer, please complete the **Gift Aid** Declaration section of the form provided. This allows us to claim back the tax you have already paid, from the Inland Revenue. For every £1 you donate, the school receives an additional 25 pence, at no extra cost to you.

May I take this opportunity to thank you and all our families for your continued support. It is appreciated and defines the schools' overall success.

If you would like to set up your donation, or have any queries please contact our finance department.



Homework

Please note that during Autumn A, Year 7 will only get homework from the Core subjects, English, Maths, RE and Science. This will be reviewed as the half term progresses. If students can cope with this, then the homework will roll out for all subjects in Autumn A.

Your daughter will receive homework once a week per subject, unless they study the subject more than three periods a week (Maths & Science). Students will be given sufficient time to complete the homework and the timings per year group can be seen below.

Cohort	Duration of each homework per subject
7&8	30 minutes
9	45 minutes
Ks4	1 hour
Ks5	5 hours

The Learning Resource Centre (LRC) is open every day until 4pm; we encourage your daughter to make use of this quiet, well-resourced study environment. If you have any concerns about the amount or quality of homework set at KS3, please feel free to contact either your daughter's tutor or Head of Year regarding this matter.

Purpose of homework

- Homework is an essential aspect of a student's study and a requirement for success.
- Homework set will be appropriate: reinforcing classwork or accessing extension tasks.
- Homework will stretch and challenge your daughter's learning.
- Homework will help contribute to your daughter's personal development by building learning skills, perseverance, time-management and self-confidence. Homework will enable her to develop sound, personally directed study habits.
- Homework will reinforce the aim of the Ursuline to develop independent learners.

Best types of homework tasks involve

- Prep work
- Re-drafting & making corrections
- Rote learning
- Applying knowledge through practising exercises
- Extended writing
- Independent work using Microsoft Teams or other digital resources (MyMaths)
- Rehearsals & practice (particularly for the Arts)



Procedures in the setting and monitoring of homework

- All homework will be set by staff on Assignments in Teams.
- Work does not need to be submitted on Teams. The teacher will indicate how to submit work.
- An Assignments Tab on MS Teams will show all of the set homework and due deadlines. You will be able to see this on your daughter's laptop.
- Subject teachers will acknowledge all work produced and reward in line with the rewards and sanctions policy.

Textbooks

Textbooks are very costly, and the school views them as an investment in your daughter's education. If your daughter is issued with a textbook, she should treat it with the greatest care, and it should be returned when requested in the condition it was received in. Your daughter will be expected to reimburse the full cost of any textbook that has been damaged or lost whilst in your daughter's care. A new book will be purchased with the money and your daughter may keep the damaged.



Digital Learning

1:1 Devices and Microsoft Teams

Students at the Ursuline can participate in our forward thinking 1:1 device scheme that provides an engaging way for students to learn. Using their own school device and the Microsoft Teams VLE, students can take advantage of a wide range of learning opportunities both in school and at home.

Laptops and Tablets at School

As you will be aware, Ursuline High School is a Voluntary Aided Secondary Girls Catholic School. As a Voluntary Aided School all **Capital Works** undertaken around the school are **10% funded by the parents**. Additionally, Governors contribute to the School's **Chaplaincy programmes** to sustain and develop the school's charism and ethos, and our **Laptop Scheme** which enables the school to lease a tablet to students in Year 7. Students can use the tablet at home as well as at school.

A bank of tablets is also available for students during the school day. These tablets may be borrowed from the "Laptop Doctor" for a single lesson at a time and they must be returned by the same student. Students who participate to the tablet initiative may not borrow any machine from the Laptop Doctor, unless theirs is in repair. Students should respect the fact that these are limited in number and available to support the initiative. It is important that students use their own machine if they are lucky enough to have one. Tablets are a fantastic resource, and while they are insured against accidental loss or damage; students should always take care of them, especially as they are school property. Please note insurance will only cover the cost of one repair; any further damage must be paid for by the student.

It is not expected that students will use their tablets all the time every lesson. Rather, they are a resource in our toolkit of learning that should be used for short periods during lessons. It is expected that students will charge their tablet each evening and take care not to waste the battery life on trivial things in between lessons. This is first and foremost a learning facility. Tablets should come into school each day in the school bag for protection. Safe use instructions are provided along with instructions and a training session when the tablets are distributed, along with our internet safety policy.



Microsoft Teams: The Virtual Learning Environment

Microsoft Teams is an excellent resource that students can use both in school and at home. This safe web environment provides students with a wide range of learning opportunities:

- 1. Flipped learning: prepare for a lesson before hand by reading set material, watching a video, listening to a podcast etc.
- 2. Find resources for the lesson on MS Teams both in school and at home for reference.
- 3. Revise what has been done in the lesson before doing homework.
- 4. Complete quizzes to assess learning and get personalised feedback.
- 5. Upload work for the teacher and receive feedback on MS Teams.
- 6. Use links with the internet that have been chosen and checked by the teacher.
- 7. Check what homework has been assigned and the deadlines.
- 8. Take part in monitored discussions with your peers and the teacher to get help or to discuss ideas

All work completed on the school network or uploaded to Microsoft Teams should be considered "best work", just like writing in an exercise book. Sanctions will apply if for example, students use slang or inappropriate language/material. The forums and discussion groups are for assessed work, not personal chat. More serious infringements like bringing inappropriate images into school on the tablet or using resources in a disrespectful way will be referred directly to the Assistant Head teacher responsible for ICT and the school behaviour procedures will be followed. Please see the rewards and sanctions page of the student planner for details.

The school has an "E-safety" policy which may be viewed on our website. Parents are asked to read and discuss the use of ICT and e-safety through the "E-Safety Agreement and Acceptable Use of ICT and Social Media" in students' planners and must countersign the agreement.

We hope all students will enjoy using their 1:1 device and that it will add positive value to their progress.



AI

Please note that there is a strict no AI use in student produced work at Ursuline High School.

All NEAs and any work suspected of using AI will be entered through TurnItIn Software, which is used by Exam Boards and Universities to accurately detect plagiarism and the use of AI. Appropriate sanctions will be taken for the use of AI. The work will be discarded and the student sanctioned in line with school policy and, if necessary, Exam Board Regulations. There have been many cases in the last two years of students barred from the exam board for Malpractice.

Guidance from JCQ on the use of AI in assessments.

- ξ As has always been the case, and in accordance with section 5.3(j) of the JCQ General Regulations for Approved Centres, all work submitted for qualification assessments must be the students' own.
- ξ Students who misuse AI such that the work they submit for assessment is not their own will have committed malpractice, in accordance with JCQ regulations, and may attract severe sanctions.
- ξ Students and centre staff must be aware of the risks of using AI and must be clear on what constitutes malpractice.
- ξ Students must make sure that work submitted for assessment is demonstrably their own. If any sections of their work are reproduced directly from AI generated responses, those elements must be identified by the student and they must understand that this will not allow them to demonstrate that they have independently met the marking criteria and therefore will not be rewarded.
- ξ Teachers and assessors must only accept work for assessment which they consider to be the students' own (in accordance with section 5.3(j) of the JCQ General Regulations for Approved Centres).
- ξ Where teachers have doubts about the authenticity of student work submitted for assessment (for example, they suspect that parts of it have been generated by AI but this has not been acknowledged), they must investigate and take appropriate action. Detected or suspected use must be reported.



The Ursuline Serviam Passport

Every student in KS3 has a Serviam Passport. This is so students, parents and tutors can keep track of all the extracurricular activities students are doing in and out of school and make sure that every student is getting involved. After all, Serviam is all about getting involved.

The Serviam Passport does not exist on paper. Instead, it is a document on MS Teams which only students and tutors can see. Each students' Serviam Passport is printed for the Spring Academic Review Day. The Serviam Passport is divided into 2 sections:

- 1. Serviam
- 2. Virtues (each year group focus on 3 Ursuline virtues per year).

Tutors will ask students to keep their passport updated on MS Teams. Students will need to add any activities they have been involved in, into the correct section, adding the date, the teacher/person in charge and a brief evaluation. From time-to-time tutors will look through passports with students. If students are getting involved in lots of activities, they'll get rewards; if not, tutors will plan with students which activities they are going to get involved in so they can fill in the gaps in their passport. By the end of the year, all four sections should be full!



Attendance and punctuality

- We want the students to be in school wherever possible.
- Absences must be reported by 8.45 either via email or by calling 020 3908 3144. This is a safeguarding duty.
- We monitor all students with under 92% attendance weekly.
- Students with excellent attendance have a much higher chance of succeeding socially and academically.
- Please support us in ensuring our students have the best access to our curriculum, so they can achieve in all areas.
- Punctuality is monitored daily, and consequences are in place for those who are persistently late.

Punctuality Plan KS3

- Punctuality is taken very seriously. It is important that students are on time to school and for lessons.
- Every week, your head of year and tutor will check your punctuality and communicate with you and your parents if there are any concerns. If you arrive late, you must have evidence of a valid reason.
- Please see the actions and consequence for poor punctuality below.

Notifying students and parents

- At 10.30 am, any student with an unauthorised late will be emailed by the attendance officer via Arbor and notified about their late detention.
- At 10.30 am, the parents of students with an unauthorised late will be emailed by attendance officer via Arbor and notified about their late detention.
- The attendance officer to print off names and to be handed to AHT behaviour of who to expect daily.



Absence Actions and Consequences

Number of lates	Action to be taken	Consequence for pupil
1	Same day detention Then same for any late thereafter.	Same day detention- 30 mins If doesn't attend 1 hour Friday.
4	Tutor call home. Parents informed and plan agreed for being in on time.	Same day detention 30 mins If doesn't attend 1 hour Friday.
5-8	HoY to send punctuality letter home to parents and offer support.	Same day detention- 30 mins If doesn't attend 1 hour Friday Punctuality report.
9-12	HoY meeting with parents Parent meeting and action plan in place.	Same day detention- 30 mins If doesn't attend 1 hour Friday Punctuality report escalated.
13-14	Assistant Headteacher meeting parents to review action plan and support.	Same day detention- 30 mins If doesn't attend 1 hour Friday Punctuality report escalated.
15	Meeting with Headteacher and parents.	Saturday detentions- 2 hours Failure to turn up to detention leads to suspension.



Travel To and From School

- We STRONLGY encourage students to walk as much as possible. It is often quicker to walk into Wimbledon, Wimbledon Chase or Raynes Park given long queue times at the bus stop and traffic. We also encourage a healthier lifestyle.
- Students must be considerate of our neighbours regarding noise and must never enter a resident's garden or sit on walls/railings.
- No loitering in Wimbledon, Wimbledon Chase or Raynes Park no shops.
- No more than 4 students together.
- Travel carefully (e.g. using crossings, avoiding use of phones, ear buds and headphones etc).
- KS3 students catching buses from school must line up at the Arterberry Road bus stop (KS4 students at the bottom of Crescent Road).

Staying Safe

- Take the most direct route home.
- Stick to a recognised route that parents/carers would be expecting them to take.
- Retain a charged phone where they have one.
- Avoid short cuts through parks and fields, alleys etc, particularly during the darker evenings.
- Should anyone cause them difficulty or there be someone who they are worried about take
 themselves to a busy area, contact a parent, carer, or other family member etc. Where required
 seek help from others think about who it might be best to approach i.e. shop staff, a lady with
 children etc (this doesn't guarantee safety, and students should be aware of this, but likely to be a
 better choice than approaching a lone male). If near to school, then return and seek assistance
 from a staff member.
- Not to openly display expensive items the latest iPhone, Canada Goose jackets, cash, air pods, smartphones and smart watches etc as these are the items that are most frequently targeted.
- Not walking alone with headphones/ear buds in and remaining alert regarding their surroundings.
- Don't assume that other young people are safe and do not pose a threat.

Road Safety

We regularly speak with our students about road safety, and we ask parents/carers to please do the same – having these important conversations regularly is essential for our children to really hear us. Road safety has always been an important topic but with more electric cars (silent), and children carrying and using phones and headphones/ear buds, risks are even more heightened.

Please remind your children of how to be safe on the roads, to never wear headphones while walking, and to put phones away. Children should be stopping somewhere safe if they need to use their phones. Let's also remember that using headphones/phones while walking/commuting is a safety risk more generally. Situational awareness is always vital.

To help inform your conversations, Brake UK, the road safety charity and THINK!, the government's designated road safety campaign, have a huge number of resources for children on their websites.



Behaviour Management

Students are rewarded for:

- Demonstrating the school's Core Virtues
- Serviam: using their gifts, talents and time for the benefit of others
- Representing the school in a positive way
- Cooperation & positivity
- Growth mindset
- Marked improvement in attitude or progress
- Consistently good classwork or homework
- Good stewardship
- Acts of solidarity/support

Sanctions

Conversely students can be given sanctions for lack of cooperation, rudeness, failure to follow instructions etc.

Multiple sanctions can trigger a requirement to attend homework club, a detention or participation in a weekly report card.

Each sanction will trigger an email to the parents stating the nature of the sanction.

The aim of the system is to foster and reward positive behaviour for learning.

You can monitor your daughter's rewards and sanctions on Arbor.



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Mental Health & Student Support

At the Ursuline High School, we recognise that sometimes our students experience difficulties that affect their performance in school. To help in the removal of these barriers, several services are available to students including:

- Counselling from qualified Psychotherapists.
- Assessment and support from the Social Inclusion Manager.
- Health advice and monitoring from the School Nurse.
- Peer mentoring from year 12 students.
- Restorative Justice meetings for students in conflict.
- Information and guidance for continuing education and careers.
- Targeted groups for issues like Social Skills, Anger management and Self Esteem.
- Support to overcome learning difficulties from the Learning Support Department.

If we are unable to meet a student's needs fully within school, she may also be referred to agencies such as:

- Educational Psychologist
- Children and Adolescent Mental Health Service (CAMHS)
- Social Care
- Young Carers
- Educational Welfare Officer.

For further information and a list of recommended resources please visit our <u>website</u>. However, we would always recommend you speak with the school in the first instance.

Safer Schools Police officer



This is PC Gunn, our school police officer, who your daughter will see around school and in assemblies. PCSOs work with schools and young people as well as supporting crime and disorder reduction partnerships. He also helps educate on some of the issues that arise in PSHEC such as gang crime, peer abuse and sexual exploitation.



Equalities, Diversity and Inclusion

The Ursuline Have a clear policy on inclusivity, and we respect all the protected characteristics.

- Age
- Disability
- Gender Reassignment
- Race and ethnicity
- Sex
- Sexual Orientation
- Religion

We will look at each one across the year and think about how inclusive our community is and what actions we as individuals will take to work towards better equality for all.

Anti-Bullying Policy

How we deal with alleged bullying:

- Incident reported to school by staff/parent/student
- HOY/SLT begins investigation of incident
- Statements taken from all concerned, including witnesses
- Parents informed of investigation by HOY/SLT
- Decision regarding incident is made once all evidence is collated
- Appropriate sanction/support given, and parents informed
- Support /strategies offered to students
- Conflict resolution between students
- Incident logged and monitored by HOY. Further incidents will be considered in future.



Parent Engagement & Communications

Ursuline High is committed to ensuring parents are engaged in supporting their daughter's academic progress and personal development, and to effectively communicating with our parents and carers about school life and news.

Engagement

We are committed to ensuring parents are engaged in supporting their daughter's academic progress and personal development. Parents are given many opportunities over the year to meet with their daughters' teachers and tutors to discuss their progress, and in addition receive regular progress reports.

We also provide opportunities for parents to learn more about the world their daughter's live in, through resource sharing, information evenings, and specialist sessions on issues such as online safety and mental health.

Communications

We are committed to effectively communicating with our parents and carers about school life and news. We use a range of mediums including email, website, information meetings, communications from the Head and other staff, our suite of newsletters and social media.

We communicate with all primary guardians. Primary Guardians have daily parental responsibilities for the child, they receive updates on the academic affairs of the child and communications from the school. There can be more than 1 primary guardian per student.

We communicate with the email addresses on record. Do let us know if you details do change.

We use several portals to support various elements of our students' learning journeys, including Arbor, Evolve, ParentPay and SchoolCloud. See below for more information.

Please ensure you are reading all emails from the school to ensure you are not missing important communications relating to your daughter's education and wellbeing. Where possible, we recommend notifications are enabled and that emails are read daily to ensure nothing important and urgent is missed. Please ensure you add us to your safe senders list, and that you regularly check your junk/spam folders.



The following communications mediums are used by the school to keep our community informed.

Email

All communication from the school whether school-wide, year group, form, class or 1:1 will be sent by email. Where possible, we recommend notifications are enabled and that emails are read daily to ensure nothing important and urgent is missed. Do ensure we are added to your safe senders list, but it is worth checking spam/junk folders for emails from the school.

Phone

Teachers and support staff will on occasion contact parents and carers directly via phone about student matters.

Information Meetings

Many in-person and online information meetings take place throughout the year. We ask all parents and carers to attend. Where parents are unable to, we ask that they watch the recording and/or read the slides. These are shared with parent directly and/or available on our website afterwards.

Academic Reviews

Parents and carers of students in years 7 to 10 are invited to attend several meetings during the academic year, to discuss academic progress and attainment. Two academic reviews (ARD) take place each year. These reviews take place online with either the Form Tutor or Head of Year. In addition, parents are invited to attend an in-person meeting with their daughter's subject teachers at one point in the academic year. Further details including dates will be shared in advance.

Year 11 and our 6th form follow a different schedule, and parents/carers will be communicated about this separately.

Progress and Reporting

Students in years 7-10 are regularly assessed throughout the academic year, and attainment and targets for improvement are tracked for each subject (Results logs can be found in exercise books). Three formal reports are produced across the academic year. Reports are uploaded to Arbor and parents/carers will be notified when these are available. At all times parents/carers can keep up to date with progress by reviewing their results logs.

Year 11 and 6th form follow a different schedule; parents/carers will be communicated about this separately.

Headteacher Roundup

A weekly snapshot of school news is shared each Friday by the Headteacher. Roundups can be viewed on our <u>website</u>.

Newsletters

We produce a suite of newsletters. Inform, our school wide newsletter and our Year Group newsletters are produced at the end of each half term whilst our *Catholic Life* and 6th form newsletters are shared termly. All newsletters are shared with parents directly and are accessible via our <u>website</u>.



Prospectus and other Collateral

We produce a suite of collateral including our main school and 6th form Prospectus and Transitions Booklets. These are shared where relevant and are accessible on our website.

Social media

We have an active presence on Instagram (@Uhswimbledon / @uhssixthform) and Twitter (@uhswimbledon / @sixthformuhswc) where we share lots of behind-the-scenes content. Please give us a follow to access our visual window into the enriching experiences, accomplishments, and opportunities that our students are embracing. If you are not a social media user, please don't worry - important school/child information is always shared with parents and carers directly.

Website

Our website is our window to the Main School and 6th Form. Here you can read about the School, Admissions, Curriculum, School life, Safeguarding, Health & Wellbeing and so much more.

Visit the <u>Parent Engagement & Communications</u> page of our website to read more.



Parent Portals

We use several portals to support our students' learning journeys. See below for details.

Parents and carers receive relevant logins when they join the school or in the case of SchoolCloud at the time it is needed.

<u>Arbor</u> is used by the school to track student records, timetables, reports, and behaviour. Parents have access to their child's records and can view academic progress and behaviour records. You can access our FAQs <u>here</u>.

Evolve is a platform that we use to request parent consent for school trips. Consent Forms will be sent via email to your mailbox.

<u>ParentPay</u> allows you to credit money to your child's account, obtain balance reports, see what your child has ordered, and pay for trips and events.

SchoolCloud is used to book academic review meetings, and host online parent/teacher meetings.

Microsoft Teams is used to host our online parent presentation meetings. Teams meetings are accessible via a computer browser or mobile devise, via the Teams app. (you will need the Teams app installed on your mobile).

Please visit the <u>Parent Portals</u> page of our website for further information, user manuals and FAQs.



Contact Us

Important KS3 contacts are shared in this Guide and a full staff directory can be found on our <u>website</u>.

Please use email to contact us in the first instance. Should you wish to contact us by phone (**020 8255 2688**) you will be more likely to speak to us directly at the following times: 10:30am, 12:40pm and after 3:15pm. **Parents are welcome to make appointments throughout the year to meet teachers and staff.**

Form Tutors – general enquires about the Ursuline, friendship issues, organisation, homework, clubs/enrichment, uniform, equipment, travelling to/from school, punctuality, trips/calendar events.

Head of Year, Assistant Head of Year or Pastoral Support Assistant – Mental health, bullying, safeguarding, online safety, absence request forms, request for your daughter to receive school counselling/educational well-being practitioner, financial support/free school meals.

Ms Young – Attendance and punctuality/lateness. All absences and lates must be reported via email or phone no later than 9.30am on the day in question. If students are late more than 5 times to school, you will be notified, and they will receive a one-hour detention which is held on Friday afternoons after school.

Subject Teachers must be contacted for any subject specific enquiries.

Our IT Helpdesk is available to help with any parent portals, laptops, and other IT related matters.

For all other queries contact the Head of Year or AHT Ms Connor.



Mobile Phones, Smart Watches and Social Media – Guidance, Resources and Recommendations

Smartphones and social media are huge safeguarding concerns which you will all be aware of due to ongoing research, campaigning and media attention.

In addition, academic research is clear that mobile phone use in school is a distraction, negatively impact behaviour, progress and attainment, compromise the integrity of assessments, enable access to apps we cannot control or monitor in school and are banned by JCQ, the exams regulatory authority.

Smart Devices and social media at school

We are proud to say we have a clear policy in place regarding the use of phones and smart watches at school.

Phones are allowed for travel purposes. However, to help keep everyone safe while commuting and at school, we recommend that expensive mobile phones are not brought into school. However, this is at parents' discretion.

Smart Watches of any kind are not allowed on school premises at all. Please keep them at home.

Regardless of phone make/model, and in accordance with research, Government guidance and our <u>Digital</u> <u>Learning & Safety Policy</u>, if you choose to send your daughter to school with a mobile phone, it must be switched off, placed in their padlocked locker at the start of the day and remain there until the end of the day. Any phones seen or heard in school will be confiscated. There are exceptions for medical reasons, please speak to us.

If a phone (or other device) is confiscated, a letter will be sent home to inform parents and request that they collect it from Student Services. Confiscated devises will not be returned on the same day. Students who are concerned about being contactable on the way home will be offered one of our school's 'emergency' phones and they can text the number to a parent, returning the phone to Student Services the next day.

In accordance with our <u>Digital Learning & Safety Policy</u> (and the current minimum age of 13), **social media will not be tolerated at school**, and there will be consequences for anyone found to be engaging in it 'for bad' regardless of whether they are of the minimum age. If students do use social media, this will be taken into consideration when dealing with issues raised.



Research

There is growing evidence of the negative impact of smartphones and social media. Smartphones are highly addictive, correlate to mental health problems, negatively impact sleep and social skills, expose children to harmful content, reduce attention spans, and rob children of their childhood. There is a call to delay smartphones and to date over 100,000 <u>Smartphone Free Childhood</u> parent pacts - agreeing to delay the smartphone - have been signed across the UK, many of these within our community.

Whilst social media does not negatively impact everyone, every child who uses these platforms is exposed to dangerous algorithms that care nothing about their wellbeing. In 2023, The Online Safety Bill was introduced and The US Surgeon General, Dr Vivek Murthy, published his <u>Advisory</u> that social media poses "a profound risk of harm". In 2024 CEOs of Discord, Meta, Snapchat, TikTok, and X were questioned before US Congress over alleged harms to young users on their platforms and Jonathan Haidt launched #freetheanxiousgeneration, a movement (and book) looking at the 'great re-wiring' of childhood. At the end of 2024 the 'Swiped' Documentary aired and 2025 has brought us the harrowing and groundbreaking miniseries 'Adolescence'. Whilst social media currently has a minimum age of 13+, there is widespread campaigning for the minimum age to be raised to 16+. We'd therefore recommend parents do their research and consider delaying social media well past the age of 13.

Recommendations and Resources

To keep our children safe, it is essential they are media literate, can think critically and have boundaries. Normalising difficult conversations and holding open and ongoing discussions within the household around **online safety, challenges and dangers, fake news, algorithm bubbles and how to change them, echo chambers** and so on is key.

Should you allow your daughter(s) to have a smartphone/digital device and post 13 decide to allow them access to social media, we recommend **following expert advice**:

- Researching apps to understand the dangers and risks before they are allowed.
- Agreeing family rules including **family digital contracts.**
- Setting up parental controls, screen time, Ask to Buy, app limits and content & privacy restrictions. Smartphones and popular apps have their own parent controls, experts recommend using both.
- **Removing screens from bedrooms** especially during homework and overnight.
- Password sharing.
- Regularly checking your child's devices.
- Delaying, avoiding or limiting social media and web browsing.



It is essential that parents get to know the common platforms and how your children engage with them, understand more about online cultures and terminology, and talk to your kids about what they are engaging with and how it makes them feel. Finally, if you suspect risky behaviour then reach out for help.

There are many valuable online safety resources available to parents including <u>Common Sense Media</u>, <u>Devorah Heitner</u>, <u>Dr Jean Twenge</u>, <u>Jessica Chalmers (Social Jess)</u>, <u>Jonathan Haidt</u>, <u>National Online Safety</u>, <u>NSPCC</u>, <u>Titania Jordan</u>, <u>Thinkuknow.co.uk</u>, and <u>UK Safer Internet Centre</u>.

The Netflix drama <u>Adolescence</u>, and documentaries <u>Swiped</u>, <u>Childhood 2.0</u> and <u>The Social Dilemma</u> are recommended. Also, Jonathan Haidt's <u>The Anxious Generation</u> and Dr Vivek Murthy's <u>The Social Media and</u> <u>Youth Mental Health Advisory</u> are very insightful reads and finally, the UK campaigns <u>@smartphonefreechildhood</u>, <u>@delaysmartphones</u> and <u>Safescreens.org are ones to follow</u>.

Please visit the <u>Keeping Safe Online</u> page of our website to access our extensive online safety resource library. In addition, you can access our Directory of additional parenting resources <u>here</u>.

Thank you in advance for your support. We need to work together to support our young people, and we are stronger when we all do the same.



SECTION 2:

STANDARDS, ASSESSMENT, & REPORTING



Key Stage 3 (KS3) Targets – An Overview

Aims and principles

At the Ursuline we use the Ursuline Key Stage 3 Four Standards Framework for target setting and progress tracking. This aims to raise standards by strengthening teaching, learning and assessment across the curriculum at Key Stage 3 (Years 7-9). This supports the delivery of high-quality teaching, learning and assessment, and ensures teachers consistently communicate feedback and next steps enabling students to improve in what and how they learn.

What is the Four Standards Framework?

Standards are based on age-related expectations and are a continuation of the language used at Primary School when tracking and monitoring progress. There are four possible targets within the Framework: **Bronze, Silver, Gold, and Platinum**.

Each of the four Standards are subdivided into three steps:

- D Developing (Lower Level)
- S Secure (Middle Level)
- P Proficient (Higher Level)

See following page overleaf for further information.

When are students given a Standard Target for their subjects?

Upon entry in the school, students are given a Standard Target for all their subjects. Targets and progress reports can be found in <u>Arbor</u>. Also, parents/carers can always keep up to date with their child's progress by reviewing their results logs (in each exercise book).

How are targets set?

Targets are set for each subject based on Key Stage 2 (KS2) data from the Department of Education and analyses from the Fischer Family Trust (FFT-see below for further information) alongside information sent to us by primary schools and our own internal Autumn term assessments in each students' subjects. Students will need to ensure they always work to their targets and try their best to move up to the next target. Teachers will explain what students need to do to meet and exceed these targets by the end of KS3 in Year 9. Targets can change in line with progress.

Fischer Family Trust (FFT)

FFT is a nonprofit providing educational analysis and data to help schools make more effective use of pupil performance data, set targets and help students achieve their potential. FFT takes students' performance at primary (KS2) and uses this to set an appropriate target for KS3 and KS4.



Targets

The Bronze Standard Target (Below Age-Related Expectation). This target will be allocated to students arriving in Year 7 below Age-Related Expectation. Students attaining Bronze by the end of Year 8 will be targeted a Grade 3 at GCSE. Students will be supported to work towards Silver.

The Silver Standard Target (At Age-Related Expectation). This target will be allocated to students arriving in Year 7 at Age-Related Expectation. Students attaining Silver by the end of Year 8 will be targeted a Grade 4-5 at GCSE. Students will be supported to work towards Gold.

The Gold Standard Target (Above Age-Related Expectation). This target will be allocated to students arriving in Year 7 above Age-Related Expectation. Students attaining Gold by the end of Year 8 will be targeted a Grade 6-7 at GCSE. Students will be supported to work towards Platinum.

The Platinum Standard Target (Significantly Above Age-Related Expectation). This target will be allocated to students arriving in Year 7 significantly above Age-Related Expectation.

Students attaining Platinum by the end of Year 8 will be targeted a Grade 8-9 at GCSE.

Assessment and Reporting

Students are expected to meet or exceed their standard target at each assessment point throughout years 7-9, particularly for the summative point, twice yearly.

Standards are not capped cap. Students making outstanding progress may be recorded as working above their target standard. A student achieving a standard below their target is considered underachieving.

KS3 students are regularly assessed, and attainment and targets for improvement are tracked for each subject. Twice yearly there are formal assessments on work completed to date (at the end of January and in May/June). In addition, students complete regular class tests, referred to as EMBs (Electronic Markbook Grades) so that teaching staff can regularly track progress and address gaps.

For each subject, students will be given a set of Standard Descriptors explaining what knowledge, understanding and skills need to be acquired to achieve their target from Autumn A to Spring A (up to February half-term). After February half-term (the start of Spring B), students will receive a new set of Standard Descriptors for Spring B to Summer B.

During the year, parents/carers will receive regular grade reports and one full report. There will be one parents evening where you will meet your daughter's subject teachers and two Academic Review Days where you will meet your daughter's form tutor and/or Head of Year. It is important that parents/carers attend all appointments. All Reports are uploaded to Arbor and parents/carers will be notified when these are available. At all times, parents can view their student's Results Logs which can be found in subject exercise books.
Year 7 Curriculum Guide 2025-2026



SECTION 3: THE CURRICULUM



Art

1 lesson per week



Course content

Projects are designed to allow students to:

- Develop Ideas by looking at other artists and contexts.
- Explore and refine using a variety of media and materials.
- Record ideas and concepts using drawing, photography and research.
- Present final ideas.

Students spend 1 lesson a week in form groups learning about the formal art and design elements, collograph printing, expressive watercolour painting, packaging design and paper clay techniques. Work is based around natural forms allowing the students to develop a strong visual language before moving on to conceptual work. Throughout the year, students research, analyse and respond to a range of historical and contemporary artists to produce personal, creative and visual outcomes.

Student groups

Mixed-ability tutor groups.

Monitoring progress

Every half term students' sketchbooks will be marked in line with the new Key Stage 3 assessment structure. Along with an assessed level, students will be given individual targets that they will be expected to meet in the following half term.

Assessments

- Formative assessment every half term
- Summative assessment in line with Key Stage 3 Curriculum guidelines at the end of each term
- Levels recorded in sketch books
- Art Exam in the Summer term



Practical and written homework is set according to School Policy, with at least one extended piece of writing set every half term.

Textbooks, materials & trips

Department provides sketchbooks and resources.

How parents can help

Parents should ensure that pupils have 2b pencils, a soft rubber, pencil sharpener and soft oil pastels. A starter pack of watercolour paints ensures that painting can be developed at school and at home.



Art Textiles

1 lesson per week for half a year



Course content

Projects are designed to allow students to:

- Develop Ideas by looking at other artists and contexts.
- Explore and refine using a variety of textile media and materials.
- Record ideas and concepts using drawing, photography and research.
- Present final ideas.

In Textile Art students have 1 lesson a week for half a year in form groups learning about textile techniques as well as the formal art and design elements. Work is based around the theme of 'Under the Sea' allowing students to develop a strong visual language before moving on to conceptual work. Throughout the half year, students research, analyse and respond to a range of historical and contemporary artists to produce personal, creative and visual outcomes.

Student groups

Mixed-ability tutor groups

Monitoring progress

Every half term student sketchbooks are marked in line with the new Key Stage 3 assessment structure. Along with an assessed level, students will be given individual targets that they will be expected to meet in the following half term.

Assessments

Formative assessment every half term Summative assessment in line with the new Key Stage 3 Curriculum guidelines at the end of each term Levels recorded in sketch books Textile Art Exam in the Summer term



Practical and written homework is set according to School Policy, with at least one extended piece of writing set every half term.

Textbooks, materials & trips

Department provides sketchbooks and resources.

How parents can help

Parents should ensure that pupils have 2b pencils, a soft rubber, pencil sharpener and black biros or fine liners. A starter pack of watercolour paints ensures that painting can be developed at school and at home.



Computing

1 lesson per week



Course content

Students in Year 7 will embark on the new Computing curriculum for 1 lesson per week where they will understand the fundamental aspects of this discipline including; programming, digital literacy and information technology. Students will develop a strong awareness of their responsibilities as online citizens and will research and share their understanding of digital literacy. Students will learn and practice basic programming skills in a range of software including Scratch. Students will develop their logical ability and will create algorithms and they will also understand how data is represented in computer systems.

Student groups

Students are taught Computing in their tutor groups and are not set according to ability. All units involve group and individual tasks.

Monitoring progress

Students are taught in line with the School Marking Policy of the school and are assessed according to the school KS3 Computing standards that have been developed using the Computing Progression Pathways developed by the Computing At School organisation. Students will be assessed against the Bronze, Silver, Gold and Platinum standards. Homework is set on a weekly basis.

Assessments

Students will be assessed once per half term according to the School Policy. This will be based on their classwork, project work, homework or a specific 'end of topic' test at the end of each half term.



Homework is set according to the School Homework timetable and will relate to the unit of work being studied. Homework may include worksheets, internet research tasks, wider reading, continued development on an IT solution.

All homework is marked in accordance with School Policy.

Textbooks, materials & trips

Students are provided with workbooks and worksheets where appropriate throughout the year. Useful websites: www.cs4fn.org.uk www.csunplugged.org www.code.org <u>Computing lessons for Key Stage 3 students - Oak National Academy (thenational.academy)</u> <u>https://www.typingclub.com</u>

How parents can help

Parents can encourage students to use computers at home if they have access. Parents can also help students to have an awareness of the latest technology advances by encouraging them to watch any relevant TV programmes and make them aware of any news stories.

Design & Technology



1 lesson per week for half a year

Why do we teach Design & Technology?

Design Technology is an area of study that focuses on planning, designing, making and evaluating products. By understanding how the materials and processes are used and impact on our environment; you will become an empowered consumer and your practical and problem solving skills can be applied at home, to future education courses and at work.



How do we teach Design & Technology?

You will apply your new skills and learning from other subjects such as Maths, Science, Geography and Art to design and make products by hand and computer-controlled machines and to have lots of fun.

Identify - Research - Design - Make - Evaluate - Apply

Course content

Mixture of 'design and make' and focused practical tasks using textiles and plastic.

Project Titles in Product Design

"Funky Pen Project"

An introduction to the techniques of 3D drawing, isometric drawing, Isometric 3D drawing and orthographic drawing using the computer aided design program 2D design.

Student groups

Students are taught in small mixed ability groups. Projects are completed individually.

Monitoring progress

Projects marked in line with the school marking policy and graded using bronze, silver, gold and platinum. Progress recorded on assessment record sheets in students' Design and Technology booklets. Students will do one of the two DT subjects e.g. Product Design until February half-term, and then will change for the other DT subject e.g. Textiles until July.

Assessments

At the end of each project, prior to rotation, and an interim grade will also be given.

•

Set each week related to practical projects where possible and will include:

Research

- Planning the making
- **Collecting materials** •

Designing ICT •

Packaging •

Homework is marked in accordance with School Policy and one piece of homework each half term will be an Extended Writing Piece focusing on Literacy. There will also be a numeracy task each half term.

Textbooks, materials & trips

Department generated booklets. Textbook - Collins: Design and Makes Assignments by Stewart Dunn Textbook – RCA: Challenges Year 7

How parents can help

Encourage recycling of useful materials for school e.g.: Broken toys, fabrics and trimmings.

- Safety related issues •
- **Evaluations**
- Prep work •



Drama

1 lesson per week

Why do we teach Drama?

How do we teach Drama?

We teach Drama because it is one of the great art forms to which, we believe, all students should have access, because the skills it delivers, such as vocal and physical expression, have huge transferable value and because it shines a light upon the ways in which human beings interact.

Drama is taught through shared modelling and examples of dramatic skills and/or genres, followed by application through group work with use of such techniques as hot seating, improvisation and role play.

Skill/genre > research > rehearsal > performance > evaluation

Course content

- Arranging Drama: Understand and demonstrate the basic social and group skills necessary for meaningful drama to take place (listening, observation, concentration and co-operation) Work constructively and creatively in solo, small and large group work. Develop negotiation skills
- Building a Character: Understand the impact on a live performance audience of their choice of Drama Forms. Develop their knowledge and understanding of a range of dramatic forms to communicate meaning to an audience. Develop the ability to select the appropriate physical expression and stage craft to communicate their desired audience impact
- Creating A role: develop the ability to select the appropriate vocal tone, pitch, pace to achieve their desired audience impact.
- Designing for Performance: develop the knowledge, understanding and ability to select the appropriate design element i.e. costume, lighting, sound and music to communicate their desired audience impact.
- Ensemble Action: Develop their knowledge and understanding of a range of Ensemble Actions to support the on-stage action in performance.
- Evaluating live performance: Be able to respond constructively to the work created by themselves and others.







Autumn Term 1- Baseline (Matilda)

Key Drama skills are introduced and tested for further use and development in all subsequent units. Students identify and demonstrate the social communication skills for effective drama through exploring the story of Roald Dhal's Matilda.

Autumn Term 2- Greek Theatre (Oedipus)

Students learn about some of the earliest manifestations of theatre and therefore its essential purpose. Using the story of Oedipus students will learn about why stories where told, how and where they told their stories. The unit sets up ideas of the Greek theatrical skills and learns that they are not realistic (nonnaturalistic). The sheer scale of ancient Greek theatres requires that the students consider how both voice and body language are best projected.

SpringTerm 1 and 2 Spears Sport (issue-based Drama/ Stewardship

Focus on one of the Catholic virtues of Stewardship (of the planet) Students explore environmental issues of pollution and are introduced to basic script writing as well as embedding the vocal and physical skills they have learnt in the baseline scheme when creating character. Students learn how to develop and extend vocal and physical skills and add further to their skills set with non-naturalistic techniques. The scheme introduces the idea of physical theatre and soundscape. In the above unit, students learn how vocal and physical skills can be used for role play, character development and the linking of narration and mime. Their use in conveying mood, atmosphere and message is also important in the unit, thus equipping students to adapt to different styles of drama and to gain variety within self-created drama.

Summer 1 and 2- A Midsummer Night's Dream

In the above unit, students learn how to adapt and extend vocal and physical skills to match the conventions of Shakespeare's theatre. This serves to extend students' awareness of the stylistic and cultural differences evident throughout theatre history and reflective of History proper

Student groups

In mixed ability tutor groups. Class activities will be in a variety of groupings from pairs to groups of fives with occasional individual work.

Monitoring progress

- Observation in class of student led exercises, oral presentations and evaluations, individual, pair and small group performance.
- End of topic performances/recordings.
- Rehearsal Homework Students must practically practise their presentations, performances 5 minutes a day for 5 consecutive days.

Assessments

Half Term-Formative Assessment; Summative Assessment in February and June. Drama performance exam in the summer term.

Homework

Practice: Students are expected to practice the skills learned in Drama 5 minutes a day or 30 minutes a week. Practice is critical to developing their Vocal and Physical ability. Students will analyse their recordings of their practical work. Students are also actively encouraged to take part in the annual school production and the weekly Drama club.



Textbooks, materials and trips

Weekly Drama Rehearsals in our 2 purpose-built Drama Studios. 'A Midsummer Night's Dream' by William Shakespeare.

How parents can help

Encourage your daughter to discuss and practise the skills learned in drama, take part in the annual School Production and the weekly Drama club. Encourage your daughter by taking her to see the rich diverse theatre we have in Wimbledon at The Polka Theatre, Colour House Theatre, New Wimbledon Studio and New Wimbledon Theatre as well as the National Theatre.

English

3 lessons per week

Mrs J Lewis – Head of Y7 & Y8 English

Why study English?

The study of English fosters critical thinking skills, develops creativity, exposes us to ideas from other cultures, and encourages thoughtful self-examination. English enables you to understand the world and the world to understand you.

Great literature is not simply the exploration of facts; it reminds us of perpetual cycles of collective human experience, cycles that *are shared*, in which humans across all cultures and all time periods have found ways, albeit imperfectly, to understand others.



How do we teach English?

You will explore texts, discuss complex ideas, analyse works of great literature, evaluate writers' intentions, and be inspired to develop your creativity.

Course content

Students will study a range of fiction and non-fiction texts across the year including a modern novel, a Shakespeare play, poetry and non-fiction texts. Students will build on literacy work from Key Stage 2 in their grammar lessons. A strong emphasis is placed on student's independent reading through reading challenges and reviews. When writing, students are encouraged to review and redraft their work independently, using their green pen. Speaking and listening opportunities include poetry and drama performances and learning lines by heart.

Student groups

All students are set according to ability. Staff review progress each term and students are moved between sets as appropriate at the end of terms.

Monitoring progress

Redrafted work is marked regularly using the Ursuline Standards and effort grades. Targets are set where appropriate. Marking codes are displayed in every classroom and are used in student's books with the most common errors being highlighted. Students have details of the Standards in their books. There are three strands of assessment in English: Speaking and Listening, Reading and Writing.

Assessments

Each half term unit will include a key assessment piece. End of year exams are in June.

Homework

Students are set two pieces of homework per week. They are expected to spend 30 minutes approximately on each. Where an extensive task or project is set, students will be given more than one homework slot in which to complete this. Homework tasks include written work as well as research and reading. Where students are required to research a topic on the Internet or in the library, they will be given sufficient time in which to do this. Students will usually complete one grammar homework each week.





Textbooks, materials & trips

Students will need their own dictionary and thesaurus at home. They must also have a reading book available every day. We have theatre groups, writers and journalists coming into school to perform to students. We are also involved in the Wimbledon Book Festival events.

How parents can help

Encourage your daughter to read widely for pleasure: we expect every student to be a member of her local library and to visit both the school and her local library. All reading helps improve literacy levels! Students should read a range of fiction and non-fiction texts including novels, short stories, graphic novels, guides, newspapers and magazines. There are reading lists on the school website.

French

3 lessons per week





<u>MFL pedagogy</u>: the way we teach and learn in MFL includes a lot of repetition and manipulation- using our mistakes to get better; we go from being able to simply understand the language to using it actively. <u>Why do we learn foreign languages?</u> Because we are citizens of the same world!

Languages open our minds and help us become more knowledgeable and more tolerant of other cultures, other people and other views.

Course content

Autumn Term: transition units: poems + describing myself and others + family and pets. Key verbs Etre / Avoir + intorduction SSCs (= phonics).

Spring Term: Free time and weather + daily routine. Key verbs jouer / faire /aller + reflexives (se lever / se laver / s'habiller / se coucher etc.) + more on SScs.

Summer Term: Home life, helping at home and holiday plans + project and end of year consolidation /summer exam revisions.

Student groups

In sets from September, based on English groups

Monitoring progress

Half termly assessments (EMBs)

Formal and informal assessment in all four skills: reading (including translation from French into English) / writing (including translation from English into French) / speaking / listening + vocabulary / verb tests

Assessments

Half termly: End of unit tests and vocabulary tests

2 linear assessments (cumulative assessment of all the work done up to that stage) at the end of Spring A (January/February) and in the Year 7 internal Exams (June).

Homework

- 30-45 minutes per week minimum
- Vocabulary learning, grammar rule learning + exercises + written and reading work.
- Translations: from French into English and from English into French
- Display / presentation work using ICT.
- Creating a starter / plenary based on previous knowledge or on research (grammar or cultural elements)



Textbooks, materials & visits

- School-devised ICT Resources based on Conti's EPI (extensive processing instruction)
- Dictionary
- Use of websites: www.languagesonline.org.uk, www.duolinguo.co.uk, www.language-gym.co.uk
- 4-day trip to Normandy in UHS Fest week (July)

How parents can help

- Ensure homework is done and test learning homework to ensure it has been done.
- Purchase Mary Glasgow magazine subscription through the school (£8 for the year)
- Purchase small French dictionary
- Encourage trips to France (with or without school)



Geography

2 lessons per week

HOW do we learn Geography at UHS?	WHY do we learn Geography at UHS?		
 ✓ By investigating different places both in the UK and around the world to understand their physical and human conditions ✓ By exploring geographical concepts and theories to make sense of our world ✓ By using a range of up to date geographical data such as: maps, graphs, photographs and videos to better understand our world 	 ✓ To stimulate an interest in places, people and the environment. ✓ To make sense of a complex and dynamically changing world and how society, the economy and environment combine to bring about change. ✓ To explain where places are, how places and landscapes are formed and how people and their environment interact. 		

Course Content

- How can Geography help us understand the UK better?
- How does a river changes from source to mouth?
- How does standard of living differ around the world?
- How can we protect the 'frozen' planet?
- Who are the winners and losers in a globalised world?

Student groups

Students are taught in their mixed ability tutor groups.

Monitoring

Students are taught in line with the school marking policy with Platinum, Gold, Silver, Bronze standards awarded for key assignments.

Assessments

End of topic tests and structured assignments. Assessments will take various forms: written tests, debates, presentations / speeches, or enquiry-based assessments.

Homework

Homework set weekly. This includes research, report writing, extended pieces of writing (essays, letters, diary entries, speeches) and structured questions

Textbooks, materials & trips

CGP: KS3 Geography Complete Revision & Practice KS3 Geography All-in-One Complete Revision and Practice



How parents can help

Keeping up to date with current geographical issues in the news and discussing them with your daughter or perhaps watching a high-quality geographical documentary (e.g. Planet Earth) together and discussing the key themes and issues.

History

2 lessons per week

Why do we learn History?

"History is 'Her-story' is 'Our-story,' so that we know what happened in the past, so that we understand our current world, so that we can shape our future."



How do we learn History?

We study History through enquiry-based learning, where we critically evaluate sources, interpretations and content.

Course content

England pre-1066 What was Anglo-Saxon life like? How and why did the Anglo-Saxons migrate around England?

England after 1066 Who were the contenders to the throne? Why did William win the Battle of Hastings? What were the techniques used in the Battle?

William's Methods of Control How did William control England? What was the Harrying of the North? What was William's most effective method? What was the Domesday Book?

Medieval Religion Why was Religion important in 1066?

Student groups

All students are taught in their mixed ability tutor groups.

Monitoring

Student work and progress is monitored during lessons through participation in class discussions, small group and individual work. Likewise, classwork and homework will be monitored through marking, feedback and student response to feedback.

What was a pilgrimage What were the crusades?

Medieval Realms What are the causes/ consequences of the Black Death? How did it effect England? What was the Peasants Revolt Was King John a good/bad king? Who was Thomas Becket?

The Tudors What are the interpretations of Henry VII? Why did Henry VIII break from Rome? How successful was Henry VIII? Was Mary really 'Bloody'? Why is Elizabeth seen as 'our greatest monarch'?





Assessments

Continuous assessment as well as cumulative assessments in February and June.

Homework

Homework is set once a week as per the homework timetable. Students should spend 30 minutes per week on this homework. Homework tasks will take on a variety of formats across the year. This could be independent research, creative writing, formal writing e.g. short and long answer questions, presentations, role-play, posters, project work and revision.

Textbooks, materials & visits

Useful websites:

Information and quizzes - http://www.bbc.co.uk/bitesize/ks3/history/ Information - http://www.spartacus.schoolnet.co.uk/ Videos & podcasts - http://www.youtube.com/user/mrallsop Original documents - http://www.nationalarchives.gov.uk/education/key-stage3.htm

How parents can help

The most basic but practical way to help, is ask your daughter what she has been learning and perhaps even ask her to teach you a specific topic or skill. Another way could be to read through and check your daughter's work with her – this does not have to focus on the historical content - it could be for spelling, effort and presentation.

Students should also be encouraged to watch the news and read newspapers. This will help broaden her historical knowledge and allow her to place her learning in the context of the modern world. Discussing any current affairs with your daughter would be of great benefit.

Historical fiction, theatre, musical theatre, films and documentaries are also excellent ways for students to extend their knowledge and understanding, empathy and interest in the subject. Likewise, if there are opportunities to visit any museums or sites of historical interest in the local area or beyond this helps to bring the subject of history to life.

Maths

4 lessons per week



Why do we teach mathematics?

Maths is a universal language that helps us to solve problems, look for patterns and find order through logical, systematic thinking. It helps us make sense of our world and how we can make a difference in it.



How do we teach mathematics?

In order to do that: we explore and discuss new concepts, impart knowledge, model new skills, develop fluency in those skills, and then apply and adapt the skills for different situations.

Course content

- Six areas of: Algebra, Number, Geometry & Measure, Statistics, Ratio & Proportion and Probability are covered in Mathematics throughout year 7.
- Students will be taught how to use and apply mathematical methods in these six topics through lessons designed to improve student's fluency, reasoning and problem solving.

Student groups

• Students are taught in mixed ability groups.

Monitoring progress

- Student work and progress is monitored during lessons through participation in class discussions, small group and individual work.
- Likewise, classwork and homework will be monitored through marking, feedback and student response to feedback.

Assessments

• Two assessments per half-term. A fluency-based Skills Test and a Cumulative Assessment.



- Homework is set twice a week as per the homework timetable.
- Students should spend between 30 and 45 minutes per week on this homework.
- Homework tasks will take on a variety of formats across the year. This could involve worksheets, Mathswatch assignments or tasks set on MS Teams.

Textbooks & Materials

- Collins KS3 Maths Now is the textbook used in lessons.
- Each pupil will be registered for Mathswatch and homework may be set from this site.
- Support, extension and investigation materials provided by Maths Faculty staff.
- A maths equipment set is required. It includes a compass, a protractor and a scientific calculator.

How parents can help

- Check homework diaries to see that Maths homework is recorded and marked off when completed.
- Help with practice of mental Maths e.g. multiplication tables, estimates of shopping bills, practical percentages and fraction calculations.
- Ensure students have a calculator and mathematics equipment.

Revision websites:

www.bbc.co.uk/schools/gcsebitesize/maths http://corbettmaths.com/ www.mathswatch.vle.co.uk

Music

1 lesson per week

Why do we teach Music?

We teach Music because it is one of the great art forms and a



truly global language to which, we believe, all students should have access. The skills it delivers have huge transferable value and they will help you be successful in your lives. Being able to appreciate and perform music will enrich you as a person. Music is found in every culture in the world and it helps create a sense of personal identify



and allows you to express yourself: we celebrate human diversity by studying music from different cultures and traditions.

How do we teach music?

Music is taught through practical activities based on listening and

appraising, composing and performance. You will become more effective and confident performers by learning to rehearse effectively and by assessing the impact of your own performances and those of others whilst considering how to make them even better. Experimentation and risk taking are important



aspects of composing and you will be encouraged to be creative when developing your own music. You will learn about music by developing your aural skills and understanding of key musical terms.

Course content

- Singing
- Keyboard skills •
- Gamelan and Indian music
- African music
- Programme music and instruments of the orchestra

Student groups

In mixed ability tutor groups.

Monitoring progress

- **Observation in Class** •
- Regular performances given in class ٠
- End of topic recordings
- Peer and self-assessment
- Work completed on tablets / Folders kept in class •
- Most homework and 'written work' will be submitted on the VLE. •

Assessments

- Every topic will end with a formal assessment of practical work ٠
- On-going teacher assessments throughout the year
- End of year exam (practical composing/performing task and a written appraising exam)





- 30-45 minutes per fortnight. This will sometimes be a practical activity.
- Extended piece of writing once every half-term.

Textbooks, materials and visits

- A large selection of percussion instruments in school.
- Multi-timbral keyboards with sequencing ability and disc drives.
- A number of pianos.
- 5 Practice rooms and two large classrooms/rehearsal spaces.

How parents can help

- Assist your daughter with research projects by allowing her access to the library/Internet.
- Encourage your daughter to take part in the many music clubs on offer at the school.
- Support her in her homework tasks and ensure completion and on time delivery.
- Help you daughter to explore the music of great composers and musicians from different cultures and times.





PE

Mrs Corrigan 2 lessons per week

Course content

A broad-based curriculum offering a range of experiences in PE with health-related Fitness as a component within each activity. Students participate in all the following activities:

Autumn A	Autumn B	Spring A	Spring B	Summer A	Summer B
Netball	Dance	C. Country	Trampolining	Athletics/ Cheerleading	Tennis
Netball	Netball	Indoor Athletics	Basketball	Kwik Cricket	Kwik Cricket

Student groups

• Mixed ability tutor groups.

Monitoring progress

- End of activity formal practical assessments and written in some cases.
- Standards will be assessed every half term.
- Rewards are given for participation in extra-curricular clubs and for representing the school, such as a formal invite to the annual Sports Awards Dinner in July.

Assessments

• End of each activity area they will have a formal practical assessment on the activity area and will complete some theory work at the end of each unit to demonstrate knowledge and understanding of rules, tactics and strategies.

Homework

- Key homework for PE is attendance to clubs students are expected to attend a club once a week as their homework.
- Students will be set termly homework to complete with use of FROG.

Textbooks, materials & trips

- Sports Clubs opportunities; Jump Rope for Heart Skip-a-thon; National Sports Week.
- Dance/leadership Workshops; Gifted & Talented PE opportunities.
- Inter school competitions; Inter-house weekly competitions & Sports Day in June.

How parents can help

- Encourage your daughter to take part in regular physical activity, eat a healthy balanced diet and drink plenty of fluids. Each student should attend at least one extra-curricular club.
- Ensure your daughter wears the correct named PE kit to all lessons and that it is washed regularly. Inform teachers if PE kit is lost and replace immediately.
- Inform the teacher if your daughter is injured or unwell and unable to participate in lessons.
- Parents will be encouraged to support their child and ensure that homework is completed and handed in on time. Ensure that your daughter has a lock on her locker.



Religious Education

3 lessons per week



Course content

In Year 7, pupils revisit some of the most important learning from their study of Catholicism in primary school. For those who have not attended Catholic primary school, this year presents the theological foundations that are the basis for understanding Catholicism. The focus of the entire year is God's revelation and the way in which this has gradually unfolded through salvation history. Year 7 students study the following topics:

- Creation and Covenant Distinction between general and special revelation
- Prophesy and Promise Special revelation: scripture
- Galilee to Jerusalem Fulness of revelation: Jesus Christ.
- Desert Garden The incarnation through time: the sacraments
- To the Ends of the Earth The Holy Spirit and the Church
- Dharmic Religion Hinduism beliefs and teachings; Hinduism practices.

Student groups

• RE is studied in mixed ability tutor groups.

Monitoring progress

- RE class and homework is checked by the teacher each week. Students will also be encouraged to assess each other's work and set their own targets for improvement.
- Effort is rewarded through the school's rewards system.

Assessments

- Students will be regularly informally assessed each fortnight using the school's Bronze / Silver / Gold / Platinum standards, which are linked to the Catholic Bishops' Levels of Attainment.
- They will also complete a formal assessment at the end of each unit.



• Homework is set each week. This may involve research, reading, writing, creative activities, reflection on life experiences, evaluation of the media, use of the internet and the VLE.

Textbooks, materials & trips

- The RE Scheme of Work is based on the Religious Education Directory for Catholic Schools.
- Textbook 'Source to Summit' available online (Kerboodle) and in the classrooms.
- Class Mass and other Chapel Services are included in our programme. One Retreat Day and Ethos Day.
- Trip to the Hindu Temple.
- All lesson resources and posted on Virtual Learning Platform (Teams).

How parents can help

- It is helpful if your daughter has a Bible she can use at home.
- Students with access to the internet at home will be able to access the VLE to revise, prepare work or homework.
- Please ask your daughter to show you what she is doing and discuss topics with her.
- Visits to a library are always beneficial.

Science



4 lessons per week



Course content Biology

Structure and function of living organisms (cells and organisation and reproduction) Interactions and interdependencies (relationships in an ecosystem)

Chemistry

The particulate nature of matter (atoms, elements and compounds, pure and impure substances and Chemical reactions) The Earth and atmosphere

Physics

Electricity and electromagnetism (current/ static electricity and magnetism) Matter (physical changes, particle model and energy in matter)

Student groups

• Taught in mixed ability tutor groups.

Monitoring progress

- Formative assessment throughout all units
- Bi-monthly assessment and grades entered for EMBs
- Homework marked as per school policy
- SATS-style end of year exam



Assessments

- Continuous assessment
- Formal practical write-ups each term.
- End of year exam

Homework

• 3 pieces of homework of 30-45 minutes each per week, one of which will be a research task to prepare for upcoming lessons.

Textbooks, materials & trips

- The course materials are from a wide variety of sources and the schemes of learning have been rewritten by the department to reflect the new curriculum.
- Various other supporting materials are used, for instance the new Scientifica textbooks and Hodder Science books and materials.

How parents can help

- Provide additional reference materials books, websites.
- Encourage pupils to visit libraries, museums.
- Watch appropriate TV programmes.
- Use the Internet.
- Monitor homework diary. Show an interest in what your child is doing in Science.