

Year 10 Update

See page 2 for
a snapshot
of upcoming
events!



Autumn Term A 2025

Make sure to check out our Autumn Term
>>> Enrichment programme! <<<

Dear Parent(s)/Carer(s),

Welcome to the first Year 10 newsletter! Year 10 have had a very successful beginning to Key Stage 4. Their attention and diligence have been greatly noted by myself, their tutors and subject teachers, highlighting their passion and desire to succeed in all their subjects. The Year 10s conscientious and well-balanced approach to their education is also reflected in their tireless contributions to Serviam activities.

Most students in Year 10 have by this point engaged with at least one extra-curricular, student leadership or enrichment program offered by the school – including Wimbledon Ball Girl tryouts, sports clubs, school council, and school production rehearsals, to name a few. Several forms have led assembly, highlighting the importance of their Saint and many students have been part of the choir and chaplaincy team assisting in Mass. There is lots on offer for Year 10s to get involved with, so please do encourage your daughter to sign up if she has not already done so.

We are delighted to continue our partnership with King's College School which facilitates a Chinese language and culture club. Some of the year group participated in this club last year and thoroughly enjoyed it. We are delighted to see so many of the year 10s engaging with this fantastic opportunity. Lots of Year 10s have signed up and started to complete their Duke of Edinburgh Award evidence which is also great.

KS4 Target Grades have now been released for Year 10 and are available to view on your daughter(s)' report. There are two separate grades: the FFT Target, which is the minimum grade your daughter is expected to achieve at GCSE, and the Year 10 Target which is the grade she is expected to maintain throughout Year 10 on flightpath towards achieving her FFT Grade.

In the last week, we have celebrated Mass for St Ursula's feast day – a highlight of the Autumn A Term. Students have also been celebrating BHM in all of their lessons. The theme for this year is celebrating successes. The year group explored the multitude of contributions that black people have given to a multitude of areas. Attendance continues to be a major concern for Year 10. Absence has a direct correlation with Academic attainment. Please let us know if there is anything we can do to support your child being in school if they are struggling. return to school on Tuesday 4th November.

Wishing you a very happy half term!

Yours faithfully,

Ms Torode
Head of Year 10

**Awarded
'Outstanding'
in our
Catholic Schools
Inspectorate
(CSI) Report**



Students' Achievements

1 - Most Rewards:

1. Autumn 10A - 23
2. Sapphire 10A - 22
3. Kiyah 10T – 21
Maria 10A-21

Congratulations to **10T** who are currently leading the way with **342** Reward Points.

2 – Highest Attendance:

There are currently **74** students in Year 10 who have **100%** attendance. Please do keep up the good work!

Congratulations to **10F** who lead the way with **95.7%**!

3 – External Success:

- **Lucy 10U** who passed her Grade 5 Ballet!
- **Olivia M** Raised £206 in a 5K GOSH race in Hyde Park alongside Clara and Emilia recently – well done! Olivia has also been accepted to attend a day at her dream University (Royal Veterinary College, University of London) for an RVC anatomy event! Amazing!

If your daughter participates in sport or other activities outside of school do encourage her to let me know – I'd love to celebrate their efforts.

Autumn A Highlights

- Welcome back!
- Parents Information Evening
- Open Evening
- Black History Month
- Jack Petchey Award
- School Production



Hairspray rehearsals are going well!



Jack Petchey Award Winners:
Congratulations Chloe P-B & Sofia R!

Year 10 Update



There have also been some other great achievements this half-term, you can find these here: [UHS X UHS Instagram](#) [UHS PE Instagram](#)

Upcoming Events

- 28th October- 1st November: Half Term

December

- 3rd November: Inset Day
- 4th November: Start of Autumn B Term
 - AI Conference
- 11th November: Remembrance Day
- 14th November – Year 7-10 Progress Celebration Breakfast
- 24th November- Christmas Gift Appeal begins
- 27th – 28th November: Hairspray School Production - 7.00pm start. (Tickets available from finance from Monday 10th November. Tickets will be limited at 2 per student)



BHM - Wear Red Day!

December

- 1st December– Advent begins
- 12th December: Christmas Tree Service, Chapel, After School
- 15th December: Christmas Carol Service, 8.00-9.00pm, Sacred Heart Church
- 19th December: Christmas Assembly Peace on Earth and Last Day of Term, school closes at 12.50pm

Looking Ahead

- 5th January: Start of Spring A Term
- 4th - 11th April: Ski Trip; Alpendorf, Austria

**Please note this is not a complete event list and is intended to provide a snapshot only. Events may be subject to change.*



GCSE Music Students at Cadogan Hall



Thank you to our Open Evening helpers!

Wellbeing

Free Parental Workshops

South West London and St George's Mental Health NHS trust are running a number of free wellbeing workshops for parents / carers of secondary school aged children.

Click here for more information and to book:

Upcoming Events For Secondary Parents Autumn Term 2025

Supporting your teenager's mental health webinars

Date & Time	Topic	Action
3RD NOV 25 6 PM-7.30 PM	Healthy habits in teenagers with Autism	SCAN OR CLICK HERE
4TH FEB 26 12.30 PM-2 PM	Understanding and supporting teen sleep	SCAN OR CLICK HERE
11TH NOV 25 1 PM-2 PM	Understanding and supporting teen sleep	SCAN OR CLICK HERE
11TH NOV 25 7 PM-8 PM	Understanding and supporting teen sleep	SCAN OR CLICK HERE

To view further event details and descriptions, and to book on to any of the webinars, please scan the QR Code or follow the link to our Eventbrite collection.

[Click here](#)

<https://www.eventbrite.com/cc/secondary-college-parents-wellbeing-workshops-725989?utm-campaign=social&utm-content=creatorshare&utm-medium=discovery&utm-term=odclsxcollection&utm-source=cp&aff=escb>

wellbeinginschoolsevents@swlsthg.nhs.uk

We also provide free 1:1 early help support programmes for young people to support with anxiety or low mood. Speak to your school to find out more.

You can sign up to any of their free webinars by copying this URL:

<https://www.eventbrite.com/cc/secondary-college-parents-wellbeing-workshops-725989?utm-campaign=social&utm-content=creatorshare&utm-medium=discovery&utm-term=odclsxcollection&utm-source=cp&aff=escb>

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Health and Well-being Services Directory and Resource Library

Health and Wellbeing

The teenage years can bring about many well-being and mental health challenges for teens and their families. At the Ursuline High School, we fulfil our school values through our outstanding pastoral care. We understand that young women need to have the best view of themselves and the world around them to succeed.

We really do care for each one of our students and we ensure that their individual needs are known and met. Students have a variety of support available that they can access in school to support them, with any worries or anxieties students may have about school or outside of school.

Our focus on well-being is further supported by being part of the South-west London Mental Health Trailblazer. This partnership provides mental health support teams that work with students and their parents with the aim of ensuring they are well equipped to have healthy and honest conversations about emotional well-being – as well as connecting them to local services. This has enabled us to develop the services we have on offer at the Ursuline including a clinical psychologist, nurse and educational well-being practitioners.

If you or your daughter have a concern, then in the first instance please speak with your daughter's form tutor or pastoral support assistant. See the Year 10 list [here](#).

Safeguarding

At the Ursuline High School, the well-being and the safety of young people in our care is paramount. We recognize our duty to ensure arrangements are in place for safeguarding and promoting the welfare of children. If you have a concern regarding a student please [contact the Safeguarding team](#). Our webpage has details of who to contact during school and out of school hours.

Parent/Carer Support Services Directory

Explore our [Directory](#) for a list of charities and other parenting experts sharing practical strategies, and powerful insights that can help to inform your conversations at home.

Online Safety, Smart Devices and Social Media

Our [extensive online safety library](#) hosts our Smart Devices & Social Media Statement and other recommended resources related specifically to online safety. From social media and gaming to online challenges and conversation starters, our library is expansive.

Girls' only Education

The [On educating Girls': Creating a World of Possibilities' podcast](#) produced by the International Coalition of Girls' Schools (ICGS) is a robust global conversation among experts who are passionate about the education and healthy development of girls. Tune in for practical strategies, and powerful insights that can reshape your conversations at home.