

# Year 8 Update

## Spring Term B 2026

See page 2 for a snapshot of upcoming events & page 3 for Health and well-being Services Directory and Resources



### Dear Parent(s)/Carer(s),

Over the last few weeks, the Church has observed its Lenten season – a time of fasting, almsgiving, and prayer. During this time, Year 8 students have had opportunities to engage in Lenten reflection sessions in the Chapel as part of their RE lessons and have been continuing to work on their Philanthropy project – supporting and raising awareness of the work of their selected charities and social issues. We have been impressed with the efforts of students towards this – notably the bake sales hosted by 8U, 8T, 8M, 8F and 8C in school, and all other efforts outside of school to raise money. Each bake sale so far has raised around £100 for the charities, and I look forward to seeing the efforts. 8A and 8M did a fabulous job of hosting additional events in school, Splat the Teacher and a Karaoke party respectively. I would like to extend my thanks to all students (and parents) for their part in donating baked goods for their sales, and for the support that students have been showing each other's charities. Excellent work! Please be reminded that the fundraising links and QR codes are still active, and that students are encouraged to continue their fundraising over the Easter Holidays. Please see the previous emails from Mrs Harrison, Mr Glavina, and myself for further details.

The Philanthropy Project will reach its culmination with the final shortly after Easter, and I look forward to seeing the presentations of each form's winning group in the final. Good luck to all students who have been selected to take part! Invitations will be sent out by Mr Glavina to the parents of all students taking part in the final, so please do keep an eye out if you know your daughter's group has been selected.

As we move into the Summer Term, the focus switches onto End of Year Exams. The Year 8 Exam Week will take place in the first week back after May Half-Term, the week beginning Monday 1<sup>st</sup> June. Digital versions of the revision guides for each subject are available for your daughter to access via MS Teams, and hard copies will be available to be purchased via ParentPay. We will start to distribute revision guides shortly after Easter. We have finished the end of this term on 94.64%. Whilst good, this is not reaching our school target. It is vital that your daughter is in school as much as possible to ensure success in their End of Year exams and exams in future.

Please be reminded that Year 8 Parents' Evening is taking place in-person in the school hall on Wednesday 22<sup>nd</sup> April. Appointments are bookable via School Cloud. Details on how and when to book these appointments will be made available shortly by Mr Glavina. In addition to Parents' Evening, the Year 8 Revision Information Evening will take place the following week. This will be held online on the 14<sup>th</sup> of April from 6.00pm and will include important information to help your daughter prepare for her exams. We look forward to seeing you all at both events.

Well done to Luciana in 8T for being voted runner up in the World Book Day competition under 'Most Creative! We thought we would give you a shout out -even though you did not want your photo taken- your efforts were noticed.

Finally, I would like to wish you and your families a wonderful Easter Holiday – and the students a well-earned rest ahead of Summer Term. School resumes for Year 8 on Monday 13<sup>th</sup> April. Please note, we do not have an INSET Day.

Miss Smith, Head of Year 8

*There have also been some other great achievements this half term, you can find these on our [main school](#) and [P.E Instagram accounts](#).*

## Students' Achievements

**Year 8 Total Rewards: 8833**

### 1 - Most Rewards in each Form:

- 8A – Antonia W 55
- 8B – Reem H 75
- 8C – Isabella Q 49
- 8F – Elizabeth W 40
- 8M – Georgina L + Precious R 54
- 8T – Clodagh I 45
- 8U – Maeve K 57

Congratulations to **8B** who currently leads the way with **1,499** Reward Points!

### 2 – Highest Attendance:

There are currently **28** students in Year 8 who have **100%** attendance.

Congratulations to **8T** who lead the way with **95.49%**!

### 3 – Sporting Success:

- Congratulations to **Issie H** who passed her ABRSM grade 5 piano exam with merit!
- Great work to **Serena B** placed 2nd in Unaffiliated Show jumping and she qualified for the Sunshine tour at Hickstead in September
- **Annabel H** performed in front of 12,000 people as part of the Voice in a Million school choir concert at Wembley Arena.
- Congratulations to **Chezka A** 8A for winning our award for this term's virtue, Compassion! She consistently makes those around her feel valued, listened to, and supported, and she helps create a positive and caring environment for everyone.

## Spring B Highlights:

- Start of Lent and Ramadan
- St Cecilia's Day Concert
- Multicultural evening / Culture Day
- Joseph Production
- Lenten reflections
- International Women's Day
- World Book Day
- Passion Service



St Cecilia's Concert



Hanbury Fountain Unveiling



Multicultural Evening

# Year 8 Update



**Virtues: Spring Term: Compassion, Summer Term: Faith-filled**

## Upcoming Events

### April

- 4<sup>th</sup> - 11<sup>th</sup> April – Ski Trip 2026; Alpendorf, Austria
- 30<sup>th</sup> March – 10<sup>th</sup> April: Easter Holidays
- 3<sup>rd</sup> April – Good Friday
- 5<sup>th</sup> April – Easter Sunday
- 6<sup>th</sup> April – Easter Monday
- 13<sup>th</sup> April – Summer Term A Begins
- 14<sup>th</sup> April – Joint Year 8/9 Parent Revision Evening (6.00-7.00pm)
- 22<sup>nd</sup> April – Year 8 Parents Evening, Hall, 3.50-6.30pm
- 24<sup>th</sup> April – Grand Final for the Y8 Philanthropy



**Annabel performing in the Voice in a Million school choir concert at Wembley Arena.**

### May

- 4<sup>th</sup> May – Bank Holiday
- 22<sup>nd</sup> May – End of Summer A
- 25-29<sup>th</sup> May – Half-Term
- 19<sup>th</sup> May – Year 8 Mosque Visit
- 21<sup>st</sup> May – World Day for Cultural Diversity

### Looking Ahead

- 1<sup>st</sup> June – Summer B Begins
- 1<sup>st</sup> June – Year 8 End of Year Exam Week
- 19<sup>th</sup> June – Sports Day at Weir Archer Kingsmeadow Athletics Track
- 29<sup>th</sup> June – 12th July- Wimbledon Championships
- 29<sup>th</sup> June – Student Leadership Celebration, Hall (7.00-9.00pm)
- 30<sup>th</sup> June – Summer Concert, Hall (6.00-8.00pm)
- 3<sup>rd</sup> July – Sports Awards Dinner
- 6<sup>th</sup> July – Yr8 Debates
- 7<sup>th</sup> July – Y8 Celebration P5 - P6; Hall
- 13<sup>th</sup> July – FEST week
- 17<sup>th</sup> July – End of term - End of Term - Summer Holidays

*\*Please note this is not a complete event list and is intended to provide a snapshot only. Events may be subject to change. on our school website.*



**Serena Year 8 Showjumping**



**Onatti German Play**



**Culture Day**

## Wellbeing

### Parental Workshops

The SWLSTG Education Wellbeing Service is offering lunchtime and evening parent Webinars across the year to help support your child's wellbeing and mental health.

wellbeinginschoolsevents@swlstg.nhs.uk South West London and St George's Mental Health NHS Trust

#### Upcoming Events For Secondary Parents Summer Term 2026

Supporting your teenager's mental health webinars

We also provide free 1:1 early help support programmes for young people to support with anxiety or low mood. Speak to your school to find out more.

<b>21<sup>ST</sup> APRIL 26</b> 7 PM - 8 PM	Managing Exam and Assignment Stress (Years 7-10)	<b>23<sup>RD</sup> APRIL 26</b> 1 PM - 2 PM
<b>10<sup>TH</sup> JUNE 26</b> 1 PM - 2 PM	Supporting your teenager with emotional difficulties and self-harm	<b>18<sup>TH</sup> JUNE 26</b> 7 PM - 8 PM

To view further event details and descriptions, and to book on to any of the webinars, please scan the QR Code or follow the link to our Eventbrite collection.

[Click here](#)

Making Life Better Together

You can sign up to any of their free webinars by copying this URL:

<https://www.eventbrite.com/cc/secondary-college-parents-wellbeing-workshops-725989?utm-campaign=social&utm-content=creatorshare&utm-medium=discovery&utm-term=odclsxcollection&utm-source=cp&aff=escb>

If your child is interested in 1:1 sessions with our in-school NHS Wellbeing Practitioners to help with worries, low mood or anxiety, they can pick up an application form from reception or speak to a member of staff.

# Year 8 Update



## Health and Well-being Services Directory and Resource Library

### Health and Wellbeing

The teenage years can bring about many well-being and mental health challenges for teens and their families. At the Ursuline High School, we fulfil our school values through our outstanding pastoral care. We understand that young women need to have the best view of themselves and the world around them to succeed.

We really do care for each one of our students and we ensure that their individual needs are known and met. Students have a variety of support available that they can access in school to support them, with any worries or anxieties students may have about school or outside of school.

Our focus on well-being is further supported by being part of the South-west London Mental Health Trailblazer. This partnership provides mental health support teams that work with students and their parents with the aim of ensuring they are well equipped to have healthy and honest conversations about emotional well-being – as well as connecting them to local services. This has enabled us to develop the services we have on offer at the Ursuline including a clinical psychologist, nurse and educational well-being practitioners.

If you or your daughter have a concern, then in the first instance please speak with your daughter's form tutor or pastoral support assistant. See the Year 8 list [here](#).

### Safeguarding

At the Ursuline High School, the well-being and the safety of young people in our care is paramount. We recognize our duty to ensure arrangements are in place for safeguarding and promoting the welfare of children. If you have a concern regarding a student please [contact the Safeguarding team](#).

### Laptops

A reminder that school laptops are for school related work only. Please remind your daughters that they are not for accessing non-school-related content including web browsing, social media, and gaming.

### Online Safety, Smart Devices and Social Media

To keep our children safe, it is essential they are media literate, can think critically and have boundaries. Normalising difficult conversations and holding open and ongoing discussions within the household around **online safety** is key. The minimum UK age restriction for social media incl. WhatsApp, Snapchat & TikTok is 13 years old, and we ask you to support us. Visit our [online safety library](#) for our Smart Devices & Social Media Guidance document and other valuable resources.

### Parent/Carer Support Services & Resources

Access our [Directory](#) of charities and other teen experts sharing practical strategies, and powerful insights to help inform your conversations at home. From parent webinars to guidance on hot topics including vaping, healthy eating & sleeping, friendships and school holiday inspiration, our library is expansive.

### Girls' only Education

The [On educating Girls': Creating a World of Possibilities' podcast](#) produced by the International Coalition of Girls' Schools (ICGS) is a robust global conversation among experts who are passionate about the education and healthy development of girls. Tune in for practical strategies, and powerful insights that can reshape your conversations at home.