

Year 11 Update

Spring B Term 2026

See page 2 for a snapshot of upcoming events & page 3 for Health and well-being Services Directory and Resources Library



Dear Year 11 Parent(s)/Carer(s),

As we move through the second half of the spring term, I would like to take a moment to reflect on the continued hard work and commitment shown by our Year 11 students. With GCSE examinations now fast approaching, this is a crucial time for focus, resilience and maintaining positive routines.

I want to applaud the dedication of our students, particularly those completing their NEAs, Drama, and PE practical's. A special mention goes to those who performed in the St Cecilia's Concert, their talent was truly outstanding. This term also saw our fantastic Multicultural Evening on March 18th, followed by Multicultural Day on March 19th. Students embraced our school's diversity with enthusiasm, with many Year 11s proudly participating in the catwalk parade. Thank you to our Culture Team!

As we approach the Easter holiday. This is also a good opportunity to review online safety at home. We encourage parents and carers to check privacy settings on devices and apps, monitor usage and access where appropriate, and help students maintain a healthy balance between screen time and other activities such as revision, exercise, social interaction and family time. Establishing clear routines over the holiday can support both wellbeing and academic progress.

Finally, I would like to emphasise the importance of strong attendance in the coming weeks. Every lesson counts at this stage of the year, and consistent attendance gives students the very best opportunity to secure positive GCSE outcomes. Thank you for your continued support in ensuring students attend school punctually and ready to learn each day.

Our school virtue this term has been hope, and I am inspired by the resilience and determination of our students. As they continue their hard work, I have no doubt their efforts will be rewarded in August. As we approach the Easter break, I wish you all a restful and joyous holiday.

I encourage students to recharge while setting aside time for revision to ensure they are well-prepared for exams. I wish you and your families a restful and enjoyable Easter break.

Best wishes,
Mr Mac Sweeney,
Head of Year 11

There have also been some other great achievements this half term, you can find these on our [main school](#) and [P.E](#) Instagram accounts.

Students' Achievements

1 - Most Rewards:

1. Rebecca C- 20
2. Vivienne W -19
3. Lily Rose and Erin S- 18

Congratulations to 11B with 276, who earned the most rewards. Congratulations also 11F in second with 273.

2 – Highest Attendance:

Congratulations to 11M who lead the way with the highest attendance 96.14%!
Well done also to 11U with 96.12% in second place.

3 –Success:

Well done to who has made progress in their most recent EMBs, your hard work is really paying off. Keep up the good work.



Good luck with your revision!

Spring B Highlights

- St Cecilia's Concert
- Multicultural Evening
- The start of Lent and Ramadan
- GCSE PE and Drama moderations
- Passion Services



St Cecilia's Concert



Multicultural Evening & Culture Day

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Virtues: Spring Term: Hopeful, Summer Term: Courageous

Upcoming Events

Summer A:

April

- 4th - 11th April – Ski Trip 2026; Alpendorf, Austria
- 30th March – 10th April: Easter Holidays
- 3rd April – Good Friday
- 5th April – Easter Sunday
- 6th April – Easter Monday
- 13th April – Summer Term A Begins

May

- 4th May – Bank Holiday
- From 5th May: Year 11 GCSE Exams
- 22nd May – End of Summer A
- 25-29th May – Half-Term
- 21st May – World Day for Cultural Diversity

Looking Ahead

- 20th August – GCSE Results Day
- 18^h June – Year 11 Celebration Evening, Main Hall

**Please note this is not a complete event list and is intended to provide a snapshot only. Events may be subject to change.*



Wellbeing

Parental Workshops

The SWLSTG Education Wellbeing Service is offering lunchtime and evening parent Webinars across the year to help support your child's wellbeing and mental health.

Education Wellbeing Service | wellbeinginschoolsevents@swlstg.nhs.uk | South West London and St George's Mental Health NHS Trust

Upcoming Events For Secondary Parents Summer Term 2026

Supporting your teenager's mental health webinars

We also provide free 1:1 early help support programmes for young people to support with anxiety or low mood. Speak to your school to find out more.

21 ST APRIL 26 7 PM - 8 PM	Managing Exam and Assignment Stress (Years 7-10)	23 RD APRIL 26 1 PM - 2 PM
10 TH JUNE 26 1 PM - 2 PM	Supporting your teenager with emotional difficulties and self-harm	18 TH JUNE 26 7 PM - 8 PM

To view further event details and descriptions, and to book on to any of the webinars, please scan the QR Code or follow the link to our Eventbrite collection.

[Click here](#)

Making Life Better Together

You can sign up to any of their free webinars by copying this URL:

<https://www.eventbrite.com/cc/secondarycollege-parents-wellbeing-workshops-725989?utm-campaign=social&utm-content=creatorshare&utm-medium=discovery&utm-term=odclsxcollection&utm-source=cp&aff=escb>

If your child is interested in 1:1 sessions with our in-school NHS Wellbeing Practitioners to help with worries, low mood or anxiety, they can pick up an application form from reception or speak to a member of staff.



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Health and well-being Services Directory and Resource Library

Health and Wellbeing

The teenage years can bring about many well-being and mental health challenges for teens and their families. At the Ursuline High School, we fulfil our school values through our outstanding pastoral care. We understand that young women need to have the best view of themselves and the world around them to succeed.

We really do care for each one of our students and we ensure that their individual needs are known and met. Students have a variety of support available that they can access in school to support them, with any worries or anxieties students may have about school or outside of school.

Our focus on well-being is further supported by being part of the South-west London Mental Health Trailblazer. This partnership provides mental health support teams that work with students and their parents with the aim of ensuring they are well equipped to have healthy and honest conversations about emotional well-being – as well as connecting them to local services. This has enabled us to develop the services we have on offer at the Ursuline including a clinical psychologist, nurse and educational well-being practitioners.

If you or your daughter have a concern, then in the first instance please speak with your daughter's form tutor or pastoral support assistant. See the Year 11 list [here](#).

Safeguarding

At the Ursuline High School, the well-being and the safety of young people in our care is paramount. We recognize our duty to ensure arrangements are in place for safeguarding and promoting the welfare of children. If you have a concern regarding a student please [contact the Safeguarding team](#).

Laptops

A reminder that school laptops are for school related work only. Please remind your daughters that they are not for accessing non-school-related content including web browsing, social media, and gaming.

Online Safety, Smart Devices and Social Media

To keep our children safe, it is essential they are media literate, can think critically and have boundaries. Normalising difficult conversations and holding open and ongoing discussions within the household around **online safety** is key. The minimum UK age restriction for social media incl. WhatsApp, Snapchat & TikTok is 13 years old, and we ask you to support us. Visit our [online safety library](#) for our Smart Devices & Social Media Guidance document and other valuable resources.

Parent/Carer Support Services & Resources

Access our [Directory](#) of charities and other teen experts sharing practical strategies, and powerful insights to help inform your conversations at home. From parent webinars to guidance on hot topics including vaping, healthy eating & sleeping, friendships and school holiday inspiration, our library is expansive.

Girls' only Education

The [On educating Girls': Creating a World of Possibilities' podcast](#) produced by the International Coalition of Girls' Schools (ICGS) is a robust global conversation among experts who are passionate about the education and healthy development of girls. Tune in for practical strategies, and powerful insights that can reshape your conversations at home.