

Year 9 Update



Spring Term A 2026

Make sure to check out our Spring Term
>>> [ENRICHMENT PROGRAMME](#) <<<

Dear Year 9 Parents/Carers,

As we approach the mid-point of the academic year, I am pleased to report that the students in Year 9 have maintained their excellent start to the year. The data from the Cumulative Assessments demonstrates the students' outstanding progress and their dedication and enthusiasm towards their studies, which is also evidenced by the high number of rewards accrued by the year group as a whole (see right).

Our Year 9 Spring Term virtue challenges students to be 'discerning' – to think carefully, especially around big decisions and personal growth and development, helping them to recognise ways in which they can live out Serviam and be the best they can be. This has been most evidently demonstrated by the students' mature approach towards the GCSE options programme and the positive way in which they threw themselves into the taster day on Friday 6th February. Students highly enjoyed the day, and I am certain that it will have proved beneficial to them as they look to firm up their options over the next few weeks. Students are reminded that the deadline for submitting their final options forms to Mr Nichols is Friday 6th March.

Throughout Spring A, students in Year 9 have continued to participate excellently in various extra-curricular and enrichment activities including: trips, sports and other clubs, student leadership programmes, school council, choir, chaplaincy, and more. If your daughter(s) are not currently signed up to something, I wholeheartedly encourage them to do so as we move into the second half of the school year. A link to the Spring Term enrichment programme can be found at the top of this page.

On Wednesday 28th January, Year 9 joined Year 10 in celebration of Mass for the Feast of St Angela. The students' reverence and participation in the liturgy was exemplary, and I was delighted to see so many students assisting through their stewarding, altar serving, reading, and singing with the school choir.

I am also particularly proud to share that Sophia A & Alejandra S-M (9U) have been selected for the Wimbledon Ball Girls' training programme at the All England Lawn Tennis Club alongside some of our Year 10 students. We wish them every success as they continue their preparations ahead of this summer's championships.

Half-term brings with it the start of Lent – a period of prayer, fasting, and almsgiving for Christians. Throughout Lent, students will be provided with opportunities to reflect on and engage with these themes through their RE lessons and collective worship during registration. I am sure that all students will contribute meaningfully towards this. School resumes for Year 9 on Tuesday 24th February.

Wishing you and your families a happy and restful half term break,

Mr Roberts, Head of Year 9

There have also been some other great achievements this half-term, you can find these here: [UHS Instagram](#) [UHS PE Instagram](#)

Spring A Highlights:

- St Angela Mass
- Year 9 Options Taster Day
- Employer Talks
- Wimbledon Ball Girls
- Chattertocks Workshop



Year 9 Options Taster Day



Congratulations to Wimbledon Ball Girls
Sophia A & Alejandra S-M (9U)

Year 9 Update

Virtues: Spring Term: Compassionate, Summer Term: Faith-filled



Upcoming Events

February

16th -20th – Half-Term
23rd – INSET Day
24th – Start of Spring B Term

March

Lent Programme
5th – World Book Day
8th – International Women's Day
11th – St. Cecilia Day Concert, 7.00-9.00pm
13th – Y9 Science Live trip
18th – Multicultural Evening, 6.00-8.30pm
16th – French exchange hosting Week
19th – Cultural Day
23rd – KS3 and KS4 Drugs Parental Workshop
24th – Joint Concert with Wimbledon College 7.00-9.00pm
24th – Feast of St Oscar Romero
27th – Passion Services
27th – End of Spring B Term

Looking Ahead

4th - 11th April – Ski Trip 2026; Alpendorf, Austria
13th April – Summer Term A Begins
14th April – Joint Year 8/9 Parent Revision Evening (6.00-7.00pm)
29th April – Year 9 Parent's Evening in Hall, 3.50-6.30pm
18th May – Year 9 End of Year Exam Week
25-29th May – Half-Term
19th June – School Sports Day at Weir Archer Kingsmeadow Athletics Track



Year 9 & 10 Basketball Team



Year 9 Employer Day –
Thank you to our guest
speakers!



Chattertocks Choir Workshop



Welcoming Milo –
Our Therapy Dog!

Wellbeing

Free Parental Workshops

South West London and St George's Mental Health NHS trust are running a number of free wellbeing workshops for parents / carers of secondary school aged children.

Click below for more information and to book:

 wellbeinginschoolsevents@swlstg.nhs.uk South West London and St George's Mental Health NHS Trust

Upcoming Events For Secondary Parents Spring Term 2026

Supporting your teenager's mental health webinars

We also provide free 1:1 early help support programmes for young people to support with anxiety or low mood. Speak to your school to find out more.

16TH FEB 26 7 PM - 8 PM Supporting your teenager with Exam Stress (Years 11-13)

17TH FEB 26 1 PM - 2 PM

9TH MAR 26 1PM - 2 PM Conflict, Communication and Compromise - the teen years

12TH MAR 26 7 PM - 8 PM

To view further event details and descriptions, and to book on to any of the webinars, please scan the QR Code or follow the link to our Eventbrite collection.

[Click here](#)

 Making Life Better Together



[You can sign up to any of their free webinars by copying this URL:](#)

https://www.eventbrite.com/cc/secondarycollege-parents-wellbeing-workshops-725989?utm_campaign=social&utm_content=creatorshare&utm_medium=discovery&utm_term=ooclisxcollection&utm_source=cp&aff=escb

Laptops & Social media/gaming

Just a polite reminder that school laptops are for school related work only. Please remind your daughters that they are not for accessing social media, gaming or web browsing non-school-related content.

Year 9 Update



Health and Well-being Services Directory and Resource Library

Health and Wellbeing

The teenage years can bring about many well-being and mental health challenges for teens and their families. At the Ursuline High School, we fulfil our school values through our outstanding pastoral care. We understand that young women need to have the best view of themselves and the world around them to succeed.

We really do care for each one of our students and we ensure that their individual needs are known and met. Students have a variety of support available that they can access in school to support them, with any worries or anxieties students may have about school or outside of school.

Our focus on well-being is further supported by being part of the South-west London Mental Health Trailblazer. This partnership provides mental health support teams that work with students and their parents with the aim of ensuring they are well equipped to have healthy and honest conversations about emotional well-being – as well as connecting them to local services. This has enabled us to develop the services we have on offer at the Ursuline including a clinical psychologist, nurse and educational well-being practitioners.

If you or your daughter have a concern, then in the first instance please speak with your daughter's form tutor or pastoral support assistant. See the Year 9 list [here](#).

Safeguarding

At the Ursuline High School, the well-being and the safety of young people in our care is paramount. We recognize our duty to ensure arrangements are in place for safeguarding and promoting the welfare of children. If you have a concern regarding a student please [contact the Safeguarding team](#). Our webpage has details of who to contact during school and out of school hours.

Parent/Carer Support Services Directory

Explore our [Directory](#) for a list of charities and other parenting experts sharing practical strategies, and powerful insights that can help to inform your conversations at home.

Online Safety, Smart Devices and Social Media

Our [extensive online safety library](#) hosts our Smart Devices & Social Media Statement and other recommended resources related specifically to online safety. From social media and gaming to online challenges and conversation starters, our library is expansive.

Girls' only Education

The [On educating Girls': Creating a World of Possibilities' podcast](#) produced by the International Coalition of Girls' Schools (ICGS) is a robust global conversation among experts who are passionate about the education and healthy development of girls. Tune in for practical strategies, and powerful insights that can reshape your conversations at home.