

# Year 11 Update



## Spring Term A 2026

Dear Year 11 Parents and Carers,

As we reach the end of this half-term, I would like to take the opportunity to reflect on the continued hard work, commitment and resilience shown by our Year 11 students. Their determination during what is a very demanding stage of their education has been commendable, and we remain extremely proud of their efforts.

Firstly, I would like to congratulate all Year 11 students following Brown Envelope Day. Receiving mock GCSE results is never easy, and our students approached this experience with maturity and focus. Well done to everyone for the hard work they put into their mocks. These results provide a valuable opportunity to reflect, refine revision strategies and continue building confidence as we move closer to the final examinations.

In addition to their academic work, students recently benefited from their Careers Talk delivered by representatives from a number of universities. This was a fantastic opportunity for students to explore future pathways, ask questions and begin thinking more concretely about their post-16 and post-18 options. We hope this has helped to inspire and motivate them as they plan their next steps.

Looking ahead to the Spring B term, students will be covering a range of important topics in PSHE. These include Self-Worth, Addiction, Eating Disorders, Birth Control, Pornography and Sexually Transmitted Infections (STIs). These sessions are designed to support students' personal development, wellbeing and understanding as they prepare for adulthood.

I would also like to say a huge well done to all students who successfully completed their Food Technology NEA this week. This is a significant piece of coursework, and their effort and perseverance should be recognised. Additionally, good luck to all students who will be sitting their language mocks when school resumes after the half-term break – we wish them every success. Half-term itself brings with it the start of Lent – a period of prayer, fasting, and almsgiving for Christians. Throughout Lent, students will be provided with opportunities to reflect on and engage with these themes.

As always, I would like to thank you, our parents and carers, for your continued support. Working together is vital in ensuring our students feel supported, motivated and confident during this crucial year. I wish you and your families a restful and enjoyable half-term break, and we look forward to welcoming students back refreshed and ready to continue their hard work. School resumes for Year 11 on Tuesday 24<sup>th</sup> February.

Yours faithfully,  
Mr Mac Sweeney, Head of Year 11

## Spring A Highlights

- Brown Envelope Day
- Battle of the Bands
- Mass of St Angela
- Mocks Continue
- Year 11 Careers Talk
- Chattertucks Workshop



Brown Envelope Day



Feast of St Angela



Year 11 Mocks

## Students' Achievements

### 1 - Most Rewards:

Rebecca C and Vivienne W, 19 each

Lily Rose and Erin S, 16 each

Congratulations to 11B who are currently leading the way with 267 Reward Points

### 2 – Highest Attendance:

Congratulations to 11M who lead the way with 96%.

### 3 – Student Success:



**Battle of the Bands (Misteeq) -  
Hania K, Sophia C, Bella P, & Darcey**

There have also been some other great achievements this half-term, you can find these here: [UHS Instagram](#) [UHS PE Instagram](#)

# Year 11 Update

Virtues: Spring Term: Hopeful, Summer Term: Courageous



## Upcoming Events

### February

16<sup>th</sup> -20<sup>th</sup> – Half-Term  
23<sup>rd</sup> – INSET Day  
24<sup>th</sup> – Start of Spring B Term

### March

Lent Programme  
5<sup>th</sup> – World Book Day  
8<sup>th</sup> – International Women's Day  
11<sup>th</sup> – St. Cecilia Day Concert, 7.00-9.00pm  
18<sup>th</sup> – Multicultural Evening, 6.00-8.30pm  
19<sup>th</sup> – Cultural Day  
3<sup>rd</sup> – Y11 English Literature Day  
23<sup>rd</sup> – KS3 and KS4 Drugs Parental Workshop  
24<sup>th</sup> – Joint Concert with Wimbledon College 7.00-9.00pm  
24<sup>th</sup> – Feast of St Oscar Romero  
27<sup>th</sup> – Passion Services

### Looking Ahead

13<sup>th</sup> April – Summer Term A Begins  
25-29<sup>th</sup> May – Half-Term  
18<sup>th</sup> June – Year 11 Celebration Evening  
25<sup>th</sup> June – Year 11 Induction to Sixth Form  
29<sup>th</sup> June – Year 11 Work Experience week

*\*Please note this is not a complete event list and is intended to provide a snapshot only. Events may be subject to change.*



**Chattertocks Choir Workshop**

## Wellbeing

### **Parental Workshops**

Please see the below flyer for details of webinars / workshops provided by the NHS Education Wellbeing Service.

wellbeingschools@swlsgt.nhs.uk      South West London and St George's Mental Health NHS Trust

**Upcoming Events For Secondary Parents Spring Term 2026**

**Supporting your teenager's mental health webinars**

We also provide free 1:1 early help support programmes for young people to support with anxiety or low mood. Speak to your school to find out more.

16TH FEB 26 7 PM - 8 PM      Supporting your teenager with Exam Stress (Years 11-13)

17TH FEB 26 1 PM - 2 PM

9TH MAR 26 1 PM - 2 PM      Conflict, Communication and Compromise - the teen years

12TH MAR 26 7 PM - 8 PM

To view further event details and descriptions, and to book on to any of the webinars, please scan the QR Code or follow the link to our Eventbrite collection.

[Click here](#)

### Secondary/College Parents - Wellbeing Workshops | Eventbrite

**Cost of living crisis:** please use the link to check if you qualify for the governments Free School Meals scheme:

[https://self.merton.gov.uk/service/Pupil Premium and Free School Meals application](https://self.merton.gov.uk/service/Pupil_Premium_and_Free_School_Meals_application)



# Year 11 Update

## Health and Well-being Services Directory and Resource Library

### Health and Wellbeing

The teenage years can bring about many well-being and mental health challenges for teens and their families. At the Ursuline High School, we fulfil our school values through our outstanding pastoral care. We understand that young women need to have the best view of themselves and the world around them to succeed.

We really do care for each one of our students and we ensure that their individual needs are known and met. Students have a variety of support available that they can access in school to support them, with any worries or anxieties students may have about school or outside of school.

Our focus on well-being is further supported by being part of the South-west London Mental Health Trailblazer. This partnership provides mental health support teams that work with students and their parents with the aim of ensuring they are well equipped to have healthy and honest conversations about emotional well-being – as well as connecting them to local services. This has enabled us to develop the services we have on offer at the Ursuline including a clinical psychologist, nurse and educational well-being practitioners.

If you or your daughter have a concern, then in the first instance please speak with your daughter's form tutor or pastoral support assistant. See the Year 11 list [here](#).

### Safeguarding

At the Ursuline High School, the well-being and the safety of young people in our care is paramount. We recognize our duty to ensure arrangements are in place for safeguarding and promoting the welfare of children. If you have a concern regarding a student please [contact the Safeguarding team](#). Our webpage has details of who to contact during school and out of school hours.

### Parent/Carer Support Services Directory

Explore our [Directory](#) for a list of charities and other parenting experts sharing practical strategies, and powerful insights that can help to inform your conversations at home.

### Online Safety, Smart Devices and Social Media

Our [extensive online safety library](#) hosts our Smart Devices & Social Media Statement and other recommended resources related specifically to online safety. From social media and gaming to online challenges and conversation starters, our library is expansive.

### Girls' only Education

The [On educating Girls': Creating a World of Possibilities' podcast](#) produced by the International Coalition of Girls' Schools (ICGS) is a robust global conversation among experts who are passionate about the education and healthy development of girls. Tune in for practical strategies, and powerful insights that can reshape your conversations at home.