

# Year 7 Update

## Autumn Term B 2025

See page 2 for a snapshot of upcoming events.

See page 4 who to contact.



Dear Parents / Carers,

What a busy and fulfilling half-term it has been. There have been a number of highlights, but I would like to reflect about the ones which have touched me the most.

Firstly, the Commissioning Service; after completing the transition from primary school to secondary, every Year 7 student has been presented with their Serviam badge, which they are wearing on their blazers with pride. It has been a long journey for them, they have overcome a lot of change, but they have shown resilience throughout. They are certainly living out our core value of 'Serviam', this is reflected in the number of activities they have logged on their Serviam Passport; to date we have 1495 entries and students have logged 2,263 hours – amazing!

Secondly, Hairspray! 61 of our Year 7s were in the choir, their contribution was magical, voices spectacular and behaviour exemplary. I was so proud of them all, a great reminder of why we teach!

Thirdly, the Christmas Fair; the tutors and their tutees spent a lot of time organising their stalls and preparing to sell to the Year 9s. Lots of fun was had. Year 7 have raised **£1025.96** overall for their chosen charity Cancer Research – a fantastic achievement. A particular well done to 7Bernadette who raised £240.51.

Rehearsals are well underway for a Community Production, made of 20 local schools. Alannah 7C described having this opportunity as 'helping with confidence' she has really enjoyed the experience.

Alice (7F) is busy with Gardening club, she told me "There are many jobs we are doing like planting, sweeping leaves and building decorations. We are currently building stars out of branches for the Christmas decorations". One of many opportunities the students have.

Thank you for your continued support, and kind messages. We wish you and your families a joyous Christmas and a happy and healthy New Year.

Yours sincerely,  
Ms Hoyles  
Head of Year 7

*There have also been some other great achievements this half term – just click here: [UHS X UHS Instagram](#) [UHS PE Instagram](#)*

## Autumn B Highlights (photos on page 3)

- Commissioning Service
- Year 7 Netball Team are Borough champions
- Hairspray!
- Team building towers in PSHEC
- Julia 7A won the school's competition to design our Christmas Card
- 7 students in Year 7s enjoyed a celebration breakfast



**Gardening Club: Natalia 7M, Dominica 7M, and Alice 7F**

## Students' Achievements

### 1 - Rewards: Year 7 Total Rewards : 5.799

The students with the most rewards are:

Dominica 7M - 63  
Lotanna 7T - 57  
Layla 7T - 56  
Ella 7U – 49  
Valentina 7M – 47

### The tutor group rewards:

7 Angela – 831  
7 Bernadette – 963  
7 Catherine – 759  
7 Francis - 822  
7 Margaret - 815  
7 Teresa - 779  
7 Ursula – 830  
Total – 5,799

### 2 – Attendance:

There are currently **81** students in Year 7 who have 100% attendance – well done!

I am pleased with the attendance percentage, since September we are at 97.1%

The tutor group with the best attendance so far is 7 Angela with 98%, closely followed by 7 Francis with 97.5%, 7 Margaret with 97.4% and 7 Teresa with 97.4%– really well done!

We encourage each student to get involved in enrichment activities, use this link to see what is on offer

[Serviam/Character Development/Enrichment - Ursuline High School](#)

### Outside of school

Richedie (7F) won lots of medals for swimming for Streatham Swimming Club, winning all medals (in her category) in a recent swimming gala.

Elena (7A) has successfully auditioned for a place in National Youth Choir.



# Year 7 Update



**Virtues: Spring Term: Hopeful, Summer Term: Courageous**

*\*Please note this is not a complete event list and is intended to provide a snapshot only. Events may be subject to change.*

## January 2026

- 5<sup>th</sup> – School returns for all students
- 7<sup>th</sup> – 7 Angela lead prayers to 8 Angela
- 8<sup>th</sup> – 7 Bernadette lead prayers to 8 Bernadette
- 9<sup>th</sup> – 7 Catherine lead prayers to 8 Catherine
- 14<sup>th</sup> – 7 Francis lead prayers to 8 Francis
- 15<sup>th</sup> – 7 Margaret lead prayers to 8 Margaret
- 16<sup>th</sup> – 7 Teresa lead prayers to 8 Teresa
- 19<sup>th</sup> – Hispanic Heritage Week
- 21<sup>st</sup> – 7 Ursula lead prayers to 8 Ursula
- 27<sup>th</sup> – Feast of St. Angela
- 30<sup>th</sup> – St. Angela Mass at Sacred Heart Church

## February 2026

- 2<sup>nd</sup> – Children's Mental Health Week
- 11<sup>th</sup> – Serviam Assembly
- 12<sup>th</sup> – Academic Review Day – students dismissed at 12.50
- 13<sup>th</sup> – Academic Review Day – students dismissed at 12.50
- 16<sup>th</sup> – 20<sup>th</sup> Half term
- 23<sup>rd</sup> – INSET day

## March 2026

- 3<sup>rd</sup> – 7 Angela lead prayers to 10 Angela
- 3<sup>rd</sup> – Lent reflection for parents in the Chapel
- 4<sup>th</sup> – 7 Bernadette lead prayers to 10 Bernadette
- 5<sup>th</sup> – World Book Day
- 6<sup>th</sup> – 7 Catherine lead prayers to 10 Catherine
- 10<sup>th</sup> – 7 Francis lead prayers to 10 Francis
- 11<sup>th</sup> – 7 Margaret lead prayers to 10 Margaret
- 11<sup>th</sup> – St. Cecelia's Concert
- 12<sup>th</sup> – National Careers Challenge for Year 7
- 13<sup>th</sup> – 7 Teresa lead prayers to 10 Teresa
- 17<sup>th</sup> – 7 Ursula lead prayers to 10 Ursula
- 18<sup>th</sup> – Multicultural Evening, 6.00-8.30pm
- 19<sup>th</sup> – Culture Day
- 24<sup>th</sup> – St. Cecilia Day Concert, 6.00-8.00pm
- 30<sup>th</sup> – Easter Holidays

## April 2026

- 13<sup>th</sup> – Start of Summer A term

## Wellbeing

### Free Parental Workshops

South West London and St George's Mental Health NHS trust are running a number of free wellbeing workshops for parents / carers of secondary school aged children.

Click here for more information and to book:

**Upcoming Events For Secondary Parents Autumn Term 2025**

Supporting your teenager's mental health webinars

Date	Time	Topic
3RD NOV 25	6 PM-7.30 PM	Healthy habits in teenagers with Autism
4TH FEB 26	12.30 PM-2 PM	Healthy habits in teenagers with Autism
11TH NOV 25	1 PM-2 PM	Understanding and supporting teen sleep
11TH NOV 25	7 PM-8 PM	Understanding and supporting teen sleep

To view further event details and descriptions, and to book on to any of the webinars, please scan the QR Code or follow the link to our Eventbrite collection. [Click here](#)

[wellbeinginschoolsevents@swlsgtg.nhs.uk](mailto:wellbeinginschoolsevents@swlsgtg.nhs.uk)

We also provide free 1:1 early help support programmes for young people to support with anxiety or low mood. Speak to your school to find out more.

You can sign up to any of their free webinars by copying this URL:

## Laptop / Social Media

Just a polite reminder that the school laptop is for school related work only, please remind your daughters that it is not for downloading or playing games on. Age restrictions on WhatsApp in the UK are 13 years old. Snapchat's age requirement is 13 years old. Please support us with this, recently we have been dealing with fallouts on Social Media. Please support us with our policy that no year 7 should be on social media.



# Year 7 Update



Community Production rehearsals are well under way.



Year 7 Athletics team are Borough Champions, now off to the London Youth Games!



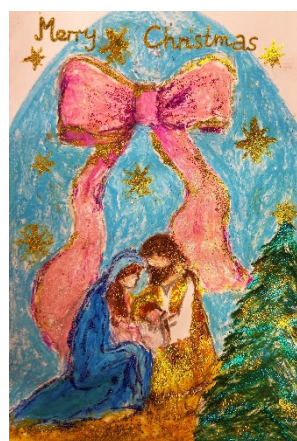
Year 7 are the Borough Netball Champions!



Celebration Breakfast for highest rewards (Dominica 7M), most Serviam entries (Angela 7M) and students who are above their target grades (Desange 7A, Esther 7B, Martina 7T, and Tilly 7F)



46 students enjoyed our festive inter-house Netball competition, well done to the overall winners 7 Ursula with 28 points, closely followed by 7 Francis with 26 points and 7 Teresa with 22 points – well done to everyone who took part!



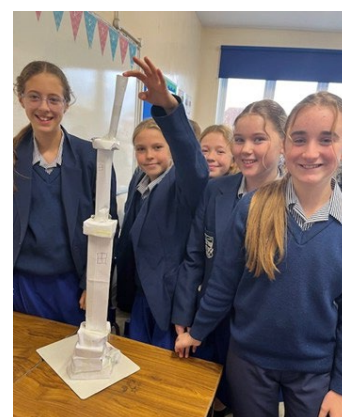
Julia's (7A) winning Christmas Card



Rakti, Alice, Tahlia and Alexia 7F – tallest tower



Esther, Irina, Sara and Chloe 7B – 2<sup>nd</sup> tallest



Sara, Isabelle, Grace, Emma & Saoirse 7C – 3<sup>rd</sup> tallest

# Year 7 Update



Dear parent(s)/carer(s),

## **Parent Communications:**

At the Ursuline, parental communication is really important to us. I have listed below a reminder of the correct person you should contact for a particular enquiry, which I hope you will find useful.

**Form tutors** – general enquires about the Ursuline, friendship issues, organisation, homework, clubs/enrichment, uniform, equipment, travelling to/from school, punctuality, trips/calendar events.

7 Angela	Ms Thomas	<a href="mailto:Paula.Thomas@ursulinehigh.merton.sch.uk">Paula.Thomas@ursulinehigh.merton.sch.uk</a>
7 Bernadette	Ms Taylor	<a href="mailto:geraldine.taylor@ursulinehigh.merton.sch.uk">geraldine.taylor@ursulinehigh.merton.sch.uk</a>
7 Catherine	Ms Grandin	<a href="mailto:Katharine.Grandin@ursulinehigh.merton.sch.uk">Katharine.Grandin@ursulinehigh.merton.sch.uk</a>
7 Francis	Ms Kearney	<a href="mailto:Seoighe.Kearney@ursulinehigh.merton.sch.uk">Seoighe.Kearney@ursulinehigh.merton.sch.uk</a>
7 Margaret	Ms Gregory	<a href="mailto:Gabriela.Gregory@ursulinehigh.merton.sch.uk">Gabriela.Gregory@ursulinehigh.merton.sch.uk</a>
7 Teresa	Ms Gordon	<a href="mailto:Marlyn.Gordon@ursulinehigh.merton.sch.uk">Marlyn.Gordon@ursulinehigh.merton.sch.uk</a>
7 Ursula	Dr Kosmider	<a href="mailto:Rowena.Kosmider@ursulinehigh.merton.sch.uk">Rowena.Kosmider@ursulinehigh.merton.sch.uk</a>

**Head of Year or Pastoral Support Assistant** – Mental health, bullying, safeguarding, online safety, absence request forms, request for your daughter to receive school counselling/educational well-being practitioner, financial support/free school meals.

[Rachel.hoyles@ursulinehigh.merton.sch.uk](mailto:Rachel.hoyles@ursulinehigh.merton.sch.uk) Head of Year – telephone: 02039083102

[Karlin.Eloff@ursulinehigh.merton.sch.uk](mailto:Karlin.Eloff@ursulinehigh.merton.sch.uk) Pastoral Support Assistant – telephone: 02039083105

**Ms Young – Attendance and punctuality/lateness.** All absences and lates must be reported via email, or phone no later than 8.45am. [Bernadette.young@ursulinehigh.merton.sch.uk](mailto:Bernadette.young@ursulinehigh.merton.sch.uk) 02039083144

**Subject teachers should be contacted for any subject specific enquiries.**

All staff contact details can be found on the [Ursuline directory](#) on our website.

Yours sincerely,

Ms Hoyles