

Year 10 Update

See page 2 for a snapshot of upcoming events.



Autumn Term B 2025

If your daughter participates in sport or other activities outside of school do encourage her to let us know! We would love to celebrate their efforts.

Dear Parent(s)/Carer(s),

As we approach the end of the Autumn Term, I am delighted to share that Year 10 students have maintained their excellent start to the year. In particular, staff have given outstanding feedback on the recent oracy assessments, and we are impressed by the resilience students have shown in adapting to their GCSE schemes of learning.

Engagement with extra-curricular activities, student leadership roles, and enrichment programmes continues to be a real strength of the year group. We wish the very best of luck to the two students representing us in upcoming events, and extend our congratulations to all Year 10 students who took part in the school production of *Hairspray*. The performances were polished and professional—worthy of the West End! Year 10 students played significant roles in the production and contributed greatly to its success. **Main parts:** Lara P (10M), Emily O'S (10A), Daniella J (10M), Georgia B (10C), Grace B (10B), Abigail C (10C), Sofia R (10T), Lara A (10M), Chloe P-B (10M), Jewel N-D (10U), Sariah S D (10T), Tawiah T (10C), Jay G (10T), Francesca B (10M,) and Isabella Reilly (10T) **Dancers/nicest kids (lead ensemble parts):** Stephanie V, Lois D, Freya E, Olivia D, Willow H, Esme E, Louise L, Sofia S, Alicia M, and Jasmine S. As always, we strongly encourage every student to participate in at least one extra-curricular, leadership, or enrichment opportunity offered by the school. There is so much available for Year 10s to get involved in, so please encourage your daughter to sign up if she hasn't already. If there is something she would like to see offered, we would love to hear her ideas. We also value hearing about achievements and activities outside of school—please do share these with us.

Recently, we have noticed an increase in sanctions related to homework, organisation, and lack of equipment. Please support us by ensuring your daughter has the necessary equipment for school, and by regularly checking her homework planner to confirm that tasks are being completed. Students should be receiving homework across a range of subjects each day, and all assignments should be recorded in their planners.

We have also observed a drop in attendance across the cohort in recent weeks. While we understand that illness is more common at this time of year, we ask for your continued support in ensuring students attend school whenever possible and return promptly after any period of absence. Finally, I would like to wish you and your families a very Merry Christmas and a joyful New Year!

Yours faithfully

Ms Torode, Head of Year 10

Students' Achievements

1 - Most Rewards:

Elizabeth S 10T: 18

Wendy K 10T: 17

Kiyah P 10T: 17

Congratulations to **10T** who continue to lead the way with **578** Reward Points. Year 10 have received a total of **899** rewards this half-term

2 – Highest Attendance:

There are currently **35** students in Year 10 who have **100%** attendance and half the year group have attendance at or above the school target of 96%. Please do keep up the good work!

Congratulations to **10F** who have the highest attendance in the year group!

3 – External Success:

- Congratulations to Lucy J 10U for being promoted to Lance corporal at Cadets.
- Congratulations to Jewel D 10U for passing her Grade 6 Piano Practical with distinction.
- Well done to Lara P 10M for performing at Richmond and Wandsworth Council staff awards

There have also been some other great achievements this half term, you can find these on our [P.E Dept Twitter](#) and [Instagram](#)!

Autumn B Highlights

- Catholic Children's Society Gift Appeal
- Christmas Jumper Day
- Advent Programme
- Christmas lunch – a full roast dinner together.



Hairspray



Christmas Tree Service

Year 10 Update



Virtues: Spring Term: Leading for Justice, Summer Term: Acting with Truth

Upcoming Events

January

- 5th – Start of Spring A Term
- 6th – Mass in Chapel – Feast of the Epiphany
- 7th – Safer Internet Day
- 20th – Jack Petchy Speak Out Challenge
- 27th – Feast of St Angela
- 28th – Year 10 Mass of St. Angela (1:40 - 2:40pm), Sacred Heart Church
- 30th – Year 10 Bronze DofE Training Day



Christmas Tea Party for Elderly Community

February

- 2nd – LGBT History Month, Children's Mental Health Week, 10A form retreat P1/2
- 3rd – 10B Form retreat P1/2
- 4th – 10C Form retreat P1/
- 6th – 10F Form retreat P1/7th
- 9th – 10M Form retreat P1/
- 10th – 10T Form retreat P1/
- 12th – 10U Form retreat P1/
- 12th – Academic Review Day (P5 & 6)
- 13th – Academic Review Day (P5 & 6)
- 13th – Last Day of Spring A Term
- 16th-22nd – Half-Term
- 23rd – INSET Day
- 24th – Start of Spring B Term



Year 10 Art Trip Tate Modern

Looking Ahead

- March - Launch of Lent programme
- 3rd March – Year 10 Sixth Form Transitions Parents' Evening (6:30–7:30pm); Main Hall
- 11th March – St. Cecilia Day Concert 6.00-8.00pm
- 18th March – Multicultural Evening, 6.00-8.30pm

**Please note this is not a complete event list and is intended to provide a snapshot only. Events may be subject to change.*



7-10 Progress Celebration Breakfast



Young Writer Winners

Wellbeing

Free Parental Workshops

South West London and St George's Mental Health NHS trust are running a number of free wellbeing workshops for parents / carers of secondary school aged children.

Click here for more information and to book:

Upcoming Events For Secondary Parents Autumn Term 2025
Supporting your teenager's mental health webinars

Event	Date & Time	Topic
Healthy habits in teenagers with Autism	3RD NOV 25 6 PM-7.30 PM	Healthy habits in teenagers with Autism
Understanding and supporting teen sleep	11TH NOV 25 1 PM-2 PM	Understanding and supporting teen sleep
	4TH FEB 26 12.30 PM-2 PM	

To view further event details and descriptions, and to book on to any of the webinars, please scan the QR Code or follow the link to our Eventbrite collection.

[Click here](#)

wellbeinginschoolsevents@swlsgtg.nhs.uk

We also provide free 1:1 early help support programmes for young people to support with anxiety or low mood. Speak to your school to find out more.

You can sign up to any of their free webinars by copying this URL:

<https://www.eventbrite.com/cc/secondarycollege-parents-wellbeing-workshops-725989?utm-campaign=social&utm-content=creatorshare&utm-medium=discovery&utm-term=odclxcollection&utm-source=cp&aff=esclb>

Laptops & Social media/gaming

Just a polite reminder that school laptops are for school related work only. Please remind your daughters that they are not for accessing social media, gaming or web browsing non-school-related content.

Year 10 Update



Health and Well-being Services Directory and Resource Library

Health and Wellbeing

The teenage years can bring about many well-being and mental health challenges for teens and their families. At the Ursuline High School, we fulfil our school values through our outstanding pastoral care. We understand that young women need to have the best view of themselves and the world around them to succeed.

We really do care for each one of our students and we ensure that their individual needs are known and met. Students have a variety of support available that they can access in school to support them, with any worries or anxieties students may have about school or outside of school.

Our focus on well-being is further supported by being part of the South-west London Mental Health Trailblazer. This partnership provides mental health support teams that work with students and their parents with the aim of ensuring they are well equipped to have healthy and honest conversations about emotional well-being – as well as connecting them to local services. This has enabled us to develop the services we have on offer at the Ursuline including a clinical psychologist, nurse and educational well-being practitioners.

If you or your daughter have a concern, then in the first instance please speak with your daughter's form tutor or pastoral support assistant. See the Year 10 list [here](#).

Safeguarding

At the Ursuline High School, the well-being and the safety of young people in our care is paramount. We recognize our duty to ensure arrangements are in place for safeguarding and promoting the welfare of children. If you have a concern regarding a student please [contact the Safeguarding team](#). Our webpage has details of who to contact during school and out of school hours.

Parent/Carer Support Services Directory

Explore our [Directory](#) for a list of charities and other parenting experts sharing practical strategies, and powerful insights that can help to inform your conversations at home.

Online Safety, Smart Devices and Social Media

Our [extensive online safety library](#) hosts our Smart Devices & Social Media Statement and other recommended resources related specifically to online safety. From social media and gaming to online challenges and conversation starters, our library is expansive.

Girls' only Education

The [On educating Girls': Creating a World of Possibilities' podcast](#) produced by the International Coalition of Girls' Schools (ICGS) is a robust global conversation among experts who are passionate about the education and healthy development of girls. Tune in for practical strategies, and powerful insights that can reshape your conversations at home.