

URSULINE HIGH SCHOOL



Year 7 Revision Evening Virtue- Joyful



SANCTA FAMILIA
CATHOLIC ACADEMY TRUST

Revision Evening 13th May 2025

Please register your
attendance by scanning this
code with the camera on
your phone



This evening



- The logistics of the exam period
- How to revise effectively
- Revision strategies / methods
- How can you help at home?
- This PPT will be on the school's website tomorrow

Key Information



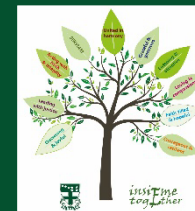
- End of Year Exams will take place Monday 9th June – Thursday 12th June.
- Exams will assess learning from across the whole year – not just most recent units / schemes of learning.
- The timings of the exams range from 45 mins – 1 hour 10 mins.
- Non-exam time during exam week will be allocated for independent revision in school.
- Revision information is all on MS Teams for students, including revision guides
- There will be no exam in PE – students will be assessed during their athletics and cricket units.
- There will be no drama exam – students will be assessed for their practical skills, and they will be asked to complete a written evaluation of their work.
- Exams will be sat in St Georges (where we have form time) desks will be individually spaced, there will be a clock on display.
- They must bring revision in everyday to revise in between lessons

Purpose of End of Year Exams



- End of Year exams are **formative** to help teachers identify any gaps in students' learning, and to help students identify targets and next steps.
- Results **not** used to group students next year.
- A structured exam week, helps to prepare students for the future.
- Not the be-all-and-end-all; but a step on a longer journey.

The timetable



Year 7 End of Year Assessment Timetable 2025

Period	Monday 9 th June	Tuesday 10 th June	Wednesday 11 th June	Thursday 12 th June
1	RE (60 mins)	English (1hr 10 mins)	French (60 mins) (reading & writing)	Revise for history – exam starts 9.25
2	Revise for DT/Art textiles	Revise for Art/Science	Revise for Geography	History (1 hr 10 mins)
3	DT / Art textiles (50 mins)	Art (60 mins)	Geography (60 mins)	Revise for Music
4	Revise for Maths	Revise for Science	Revise for Computer science	Music (45 mins)
5	Maths (50 mins)	Science (60 mins)	Computer science (50 mins)	Catch up Or normal lessons
6	Revise for English	Revise for French	Revise for History	Normal lessons

Please note that the 'normal' school day will be adhered to. There will be a break after period 2 and lunch after period 4










How to prepare?

- Reflect – what areas do I need to prioritise for revision?
 - **R/A/G** rating topics and checklists can be a good way of thinking about this.
- Revise – use the resources given to you by your teachers to help you, along with the resources and techniques that work for you. To revise effectively students must prepare, organise, memorise and recall (Price and Maier 2007)
- Routine – allocate time to revision, but also make sure there is time for everything else.
 - *Little and often is more effective than hours and hours of cramming.*



Revision Timetable (Example)

Term Time / weekends

MY REVISION TIMETABLE							(Make one of these for each of the weeks before the exams)				How many sessions per week ?
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	Subjects			
9 - 10am								 ENGLISH		X	
10-11am								 MATHS		X	
11-12am								 SCIENCE		X	
12-1pm										X	
1-2pm										X	
2-3pm										X	
3-4pm										X	
4-5pm										X	
										✓	

Revision Timetable during term time

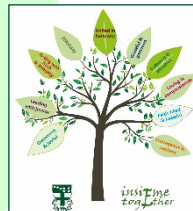
Are timings realistic?

Is enough time to have a rest planned in?

Should the same amount of time allocated to each subject?

Best to do 20mins, then a break.

Review the timetable if it doesn't work.

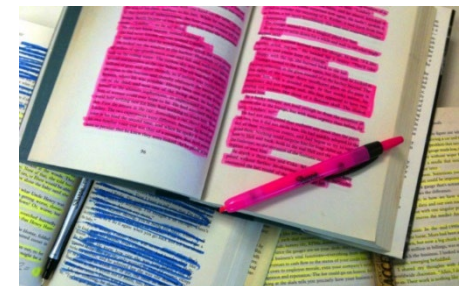
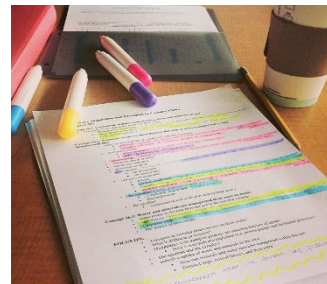
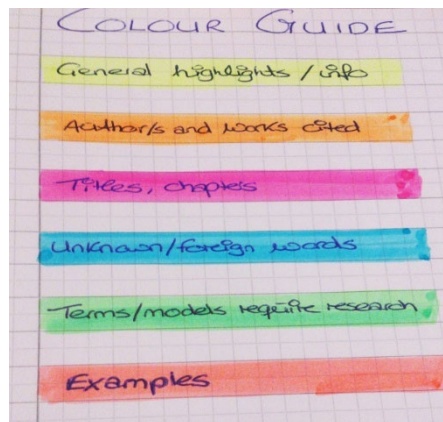
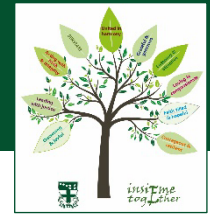


When do I work most effectively?
Morning
Afternoon
Evening

MY REVISION TIMETABLE			Subjects
SATURDAY	SUNDAY		
9 - 10am			ENGLISH
10-11am			MATHS
11-12am			SCIENCE
12-1pm			
1-2pm			
2-3pm			
3-4pm			
4-5pm			

Revision Timetable for the weekends

Revision Techniques

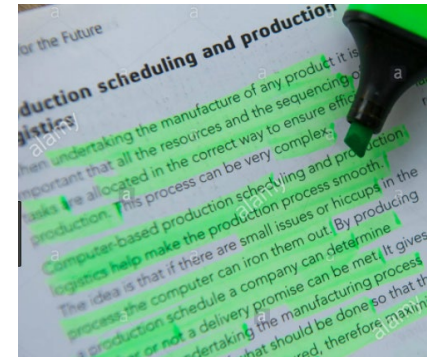


Remember – different people learn in different ways. What works for somebody else might not work as well for you. That's ok!!

What doesn't work so well



- **Re-reading class books / notes without summarising or note taking.**
 - Revision should be more active: you should be doing something with the information you revise.
- **Excessive or thoughtless highlighting of notes**
 - Can you explain why you've highlighted what you've highlighted?
 - Have you used different colours for different things?
 - If the whole page is highlighted, what is the point?



Top Tip:

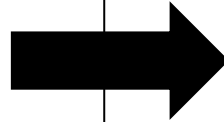
When re-reading your notes, you could summarise key points onto flashcards or mindmaps, or annotate your notes.



Effective Highlighting and Summarising



There are many forms of revision techniques that are thought to be effective, including: highlighting of notes; creation of flashcards and revision mindmaps; low-stakes quizzing; the use of past exam papers; creating songs, poems or raps to aid revision; presenting and talking about key concepts & ideas to others; teaching others and many more. Simply reading over lots of information has been shown to be less effective.



Good Revision:

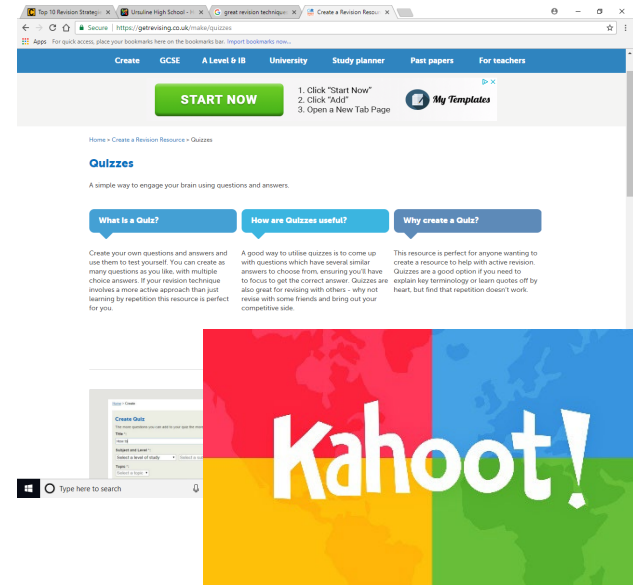
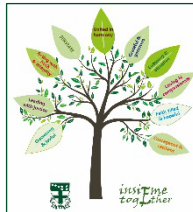
- ✓ Flashcards, mindmaps, posters.
- ✓ Past exam papers.
- ✓ Songs, poems, raps.
- ✓ Quizzes.
- ✓ Online resources – MyMaths, Kerboodle.

Bad Revision:

- Highlighting everything.
- Just reading over notes.
- Cramming the night before the test.

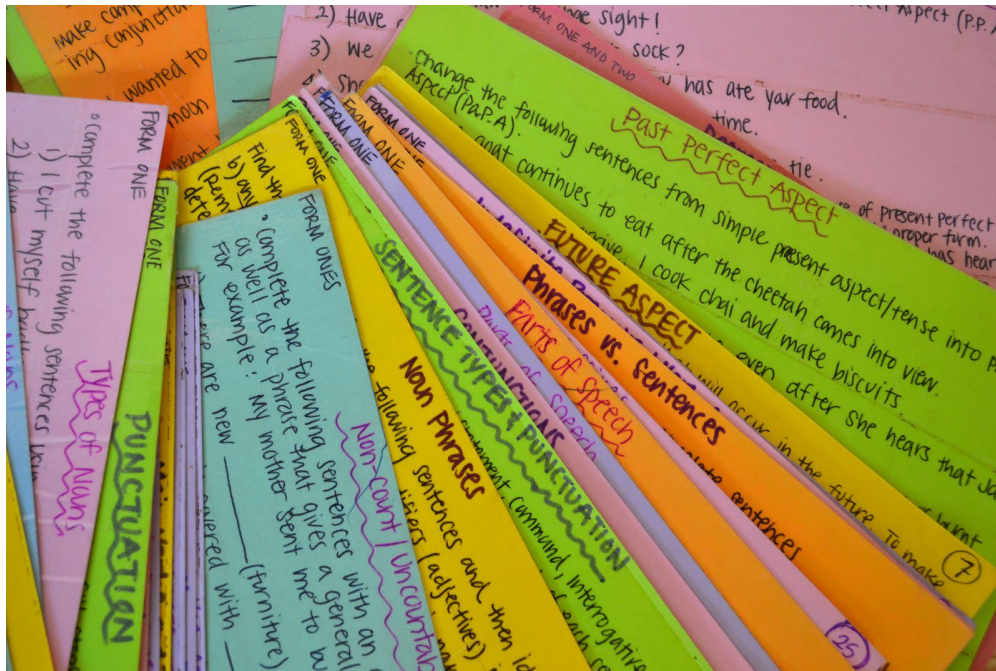
Quizzes and past papers

- Past papers and quizzes are an ideal vehicle to get students self-testing.
- Proven to be a robust revision strategy, so that students can calibrate their knowledge and remembering.
- There are various types of quizzes, of course, such as short answer, multiple-choice or true and false.
- Students can create their own quiz resources to help themselves & their peers revise.



While past papers might not be as relevant to Year 7 as to GCSE and A Level Students, completing practise exam-style questions enables students to develop their exam skills in preparation for their tests. Subject teacher will help with this.

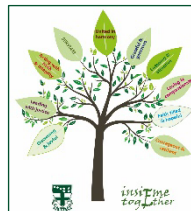
Use of flashcards



Questions to consider:

- Are the flashcards clearly labelled, e.g. with clear questions or headings?
- Are they arranged and organised in a logical way, e.g. by topic / unit?
- Is the information on the card(s) supported by images / diagrams?

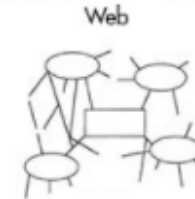
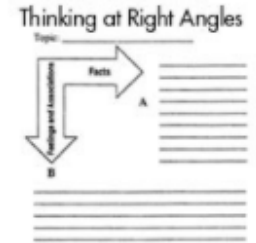
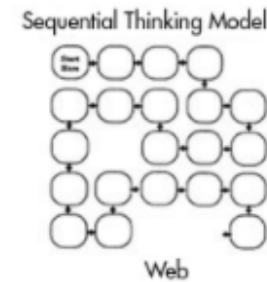
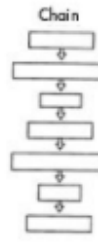
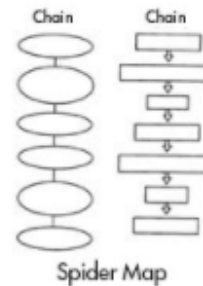
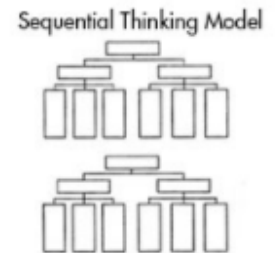
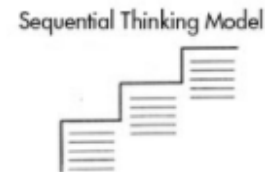
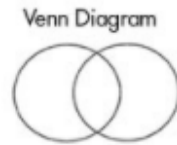
Try [Cram.com](https://cram.com). This is a website where you can make digital flashcards. It also has games that help you revise!



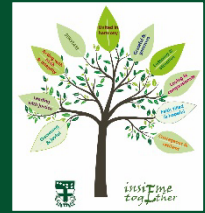
CRAM

Active Reading

- Summarising using graphics
- Explaining
- Identifying and key words and concepts
- Knowing why you read a text
- Knowing what information you look for
 - “From this information, I am looking for three reasons why...”



Presenting/Teaching



Ask your daughter to present a topic for a minute or to teach you about what they've been revising. (verbally explaining a topic helps them have a better grasp of it)

WHY?

A good way of checking that your child is revising and revising effectively.

Shows you are invested in their education.

HOW?

Parent: What have you been revising tonight?

Child: Science.

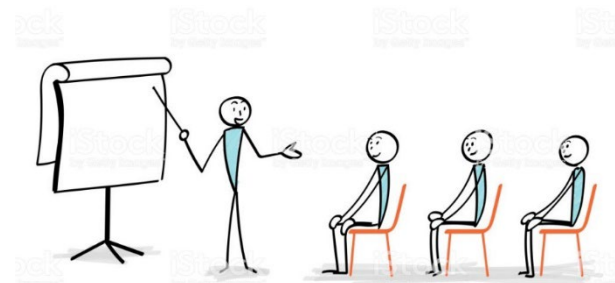
Parent: Specifically?

Child: Plant cells.

Parent: OK, tell me about...

MAKE IT
FUN

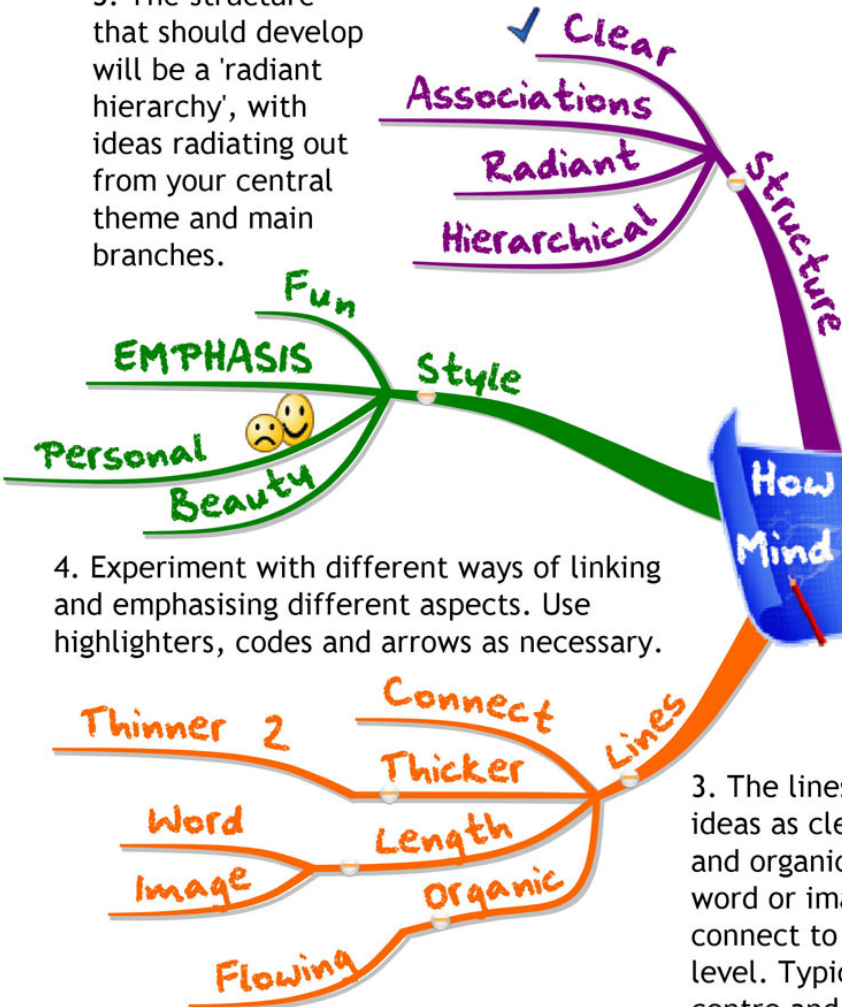
Why not play games like 'Just a Minute'. Give your child 1 minute to talk about a revision topic of their choice without hesitation, deviation, etc.



Creating a Mindmap



5. The structure that should develop will be a 'radiant hierarchy', with ideas radiating out from your central theme and main branches.



1. Start at the centre of a blank, landscape page, ideally with a colourful image to represent your subject.

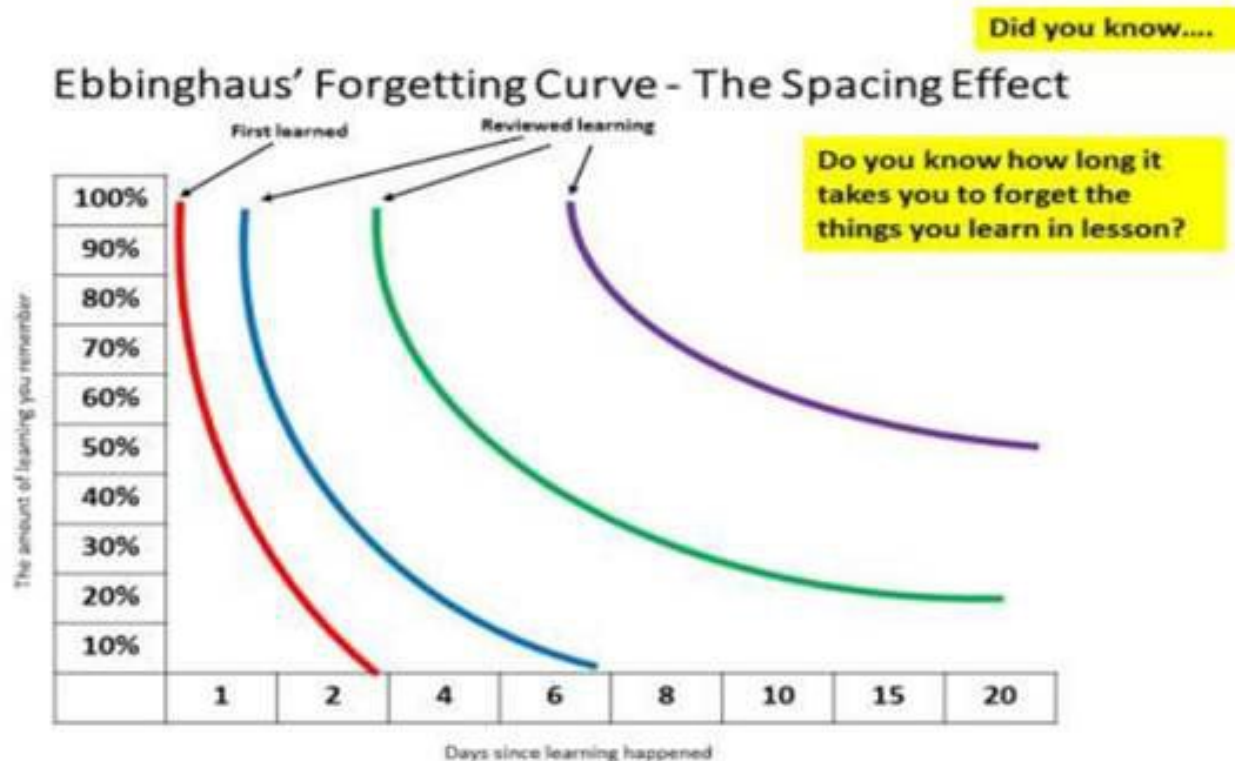
2. Use words and pictures throughout your map. Wherever possible use single KEY words, printed along a line. Each word or picture sits on its own line.

3. The lines make the associations between ideas as clear as possible. Make them flowing and organic, each line the same length as the word or image. Always ensure that lines connect to the end of the line at the previous level. Typically lines will be thicker at the centre and thinner further out.

4. Experiment with different ways of linking and emphasising different aspects. Use highlighters, codes and arrows as necessary.

Remember... the forgetting curve

Students should pick small topics and then revisit them constantly over a period of time, so the knowledge then sticks. The more you do it, the less you forget!



How can parents help?

- Wherever possible provide a quiet dedicated space to revise.
- Check that a revision timetable is in place and that it allows for enough rest time.
- Ask your daughter to explain to you what she is doing (not just are you revising?)
- Ensure that distractions are minimized (mobile phones etc.).
- Students may **say** that having music, etc. on helps them; this isn't necessarily true (but does work for some).
- Ensure that your daughter has enough sleep and has regular meals.
- Check her school revision material.
- **Provide reassurance**
- Wellbeing – remind them of techniques we have used during 'Wellbeing Wednesdays '
- Remind your daughter that support is available in school (Form Tutor, Head of Year, PSA etc)



How can parents help?

- On the morning of the exam:
- Make sure they have breakfast (avoid sugars, go for starchy foods – they release energy slowly) and have had something to drink.
- Make sure they leave home on time, being late can cause unnecessary stress for them.
- Have they got plenty of water with them?
- Have they brought a snack for breaktime?
- Do they have their pencil case? Please make sure it is clear / use a clear bag for their equipment. For DT they need some coloured pencils too, calculator for science.
- Remember we have a no smart watch rule
- Make sure they have their revision notes with them for exams that are happening that day or later in the week.



In Summary



Revision is about transferring information from one format to another in an active way.

1. Choose a topic.
2. Actively revise the topic.
3. Use the resources you've made to answer some questions.
4. Mark the work and then make any changes to your resources based on the mark schemes.
5. Now do some questions without the mark scheme.

After the exam



- They will be tired
- Sometimes exam stress does not show initially, they might be worried about getting the results
- Reassure your daughter – she revised and tried her hardest
- Try not to guess how the exam went – discourage chatting to others about it
- They can fixate on things they do not know – ignore this and acknowledge there will be lots that she did get right

Q&A

If there are any urgent questions relating to revision, please do email me:

Rachel.hoyles@ursulinehigh.merton.sch.uk

