

# GAMING AND GAMBLING AWARENESS AND INFORMATION SESSIONS FOR PARENTS, CARERS AND GUARDIANS



METROPOLITAN  
POLICE

Ygam are working with the Metropolitan Police to offer an online information session to help develop your understanding of gaming and gambling harms, enabling you to have open conversations with your children.

## Workshop overview:

- **Gambling: exploring the influences on children and young people**
- **Gaming: discussing the benefits and concerns**
- **The blurred lines between gaming and gambling**
- **How to spot the signs of harm**
- **Useful tips to create a healthy gaming balance**
- **Where to get help and support**

WHAT  
MIGHT INFLUENCE  
A YOUNG PERSON  
TO GAMBLE?

WHAT IS  
A LOOT  
BOX?

WHY ARE  
IN-GAME ITEMS  
SO IMPORTANT  
TO YOUNG  
PEOPLE?

We also have a dedicated Parent Hub which aims to provide information and guidance to help you safeguard your children against the potential harms of gaming and gambling. Find out more here: [parents.ygam.org](https://parents.ygam.org)

Book your **FREE** place now!

**DATE:** Tuesday 20th May 2025

**TIME:** 19:00 - 20:15

**VENUE:** Online via Microsoft Teams

To register, please scan the QR Code or click [HERE](#)

