

Year 8 Update

Spring Term B 2025

See page 2 for a snapshot of upcoming events & page 3 for Health and well-being Services Directory and Resources



Dear Parent(s)/Carer(s),

Over the last few weeks, the Church has observed its Lenten season – a time of fasting, almsgiving, and prayer. During this time, Year 8 students have had opportunities to engage in Lenten reflection sessions in the Chapel as part of their RE lessons and have been continuing to work on their Philanthropy project – supporting and raising awareness of the work of their selected charities and social issues. We have been impressed with the efforts of students towards this – notably the bake sales hosted by 8A, 8B, 8C, and 8M in school, and all other efforts outside of school to raise money. Each bake sale so far has raised around £100 for the charities, and I look forward to seeing the efforts of 8F, 8T, and 8U after the Easter Holiday. I would like to extend my thanks to all students (and parents) for their part in donating baked goods for their sales, and for the support that students have been showing each other's charities. Excellent work! Please be reminded that the fundraising links and QR codes are still active, and that students are encouraged to continue their fundraising over the Easter Holidays. Please see the previous emails from Mrs Harrison, Mr Glavina, and myself for further details.

The Philanthropy Project will reach its culmination with the final shortly after Easter, and I look forward to seeing the presentations of each form's winning group in the final. Good luck to all students who have been selected to take part! Invitations will be sent out by Mr Glavina to the parents of all students taking part in the final, so please do keep an eye out if you know your daughter's group has been selected.

As we move into the Summer Term, the focus somewhat switches onto End of Year Exams. The Year 8 Exam Week will take place in the first week back after May Half-Term, the week beginning Monday 2nd June. Digital versions of the revision guides for each subject are available for your daughter to access via MS Teams, and hard copies will be available to be purchased via ParentPay. We will start to distribute revision guides shortly after Easter.

Please be reminded that Year 8 Parents' Evening is taking place in-person in the school hall on Wednesday 23rd April. Appointments are bookable via School Cloud. Details on how and when to book these appointments will be made available shortly by Mr Glavina. In addition to Parents' Evening, the Year 8 Revision Information Evening will take place the following week. This will be held in the school hall on Tuesday 29th April from 6.00pm and will include important information to help your daughter prepare for her exams. We look forward to seeing you all at both events.

Finally, I would like to wish you and your families a wonderful Easter Holiday – and the students a well-earned rest ahead of Summer Term.

School resumes for Year 8 on Tuesday 22nd April.

God bless,

Mr Roberts, Head of Year 8

There have also been some other great achievements this half term, you can find these on our [main school](#) and [P.E Instagram accounts](#).

Students' Achievements

Year 8 Total Rewards: 8833

1 - Most Rewards in each Form:

• 8A – Flavia G	47
• 8B – Maddison H	59
• 8C – Hind K	63
• 8F – Lena AB	51
• 8M – Danica C	73
• 8T – Mienke E	100
• 8U – Laura A	67

Congratulations to **8T** who currently leads the way with **1,891** Reward Points!

2 – Highest Attendance:

There are currently **27** students in Year 8 who have **100%** attendance.

Congratulations to **8T** who lead the way with **96.84%**!

3 – Sporting Success:

- Congratulations to all students who are part of the U14s Football Team for your progress to the final – very best of luck!

Please do let us know of any external successes ahead of our next newsletter. We would love to be able to celebrate them!

Spring B Highlights:

- Start of Lent and Ramadan
- St Cecilia's Day Concert
- Multicultural evening / Culture Day
- Joseph Production
- Lenten reflections
- International Women's Day
- World Book Day
- Passion Service



*'Walking the Way'
Passion Service*



*Joseph Production at
Wimbledon Theatre*



*Multicultural Evening
& Culture Day*

Year 8 Update



Upcoming Events

April

- 4th – 12th April – Ski Trip
- 7th April – 21st April: Easter Holidays
- 18th April – Good Friday
- 19th April – Feast of Our Lady of Good Counsel
- 20th April – Easter Sunday
- 21st April – Easter Monday
- 22nd April: Return to School: Start of Summer A Term
- 23rd April - 3.50pm-6.30pm- Year 8 Parents Evening, Hall, 3.50-6.30pm
- 29th April - Year 8 Parents' Revision Evening for Internal Exams; Hall, 6.00-7.00pm

May

- 2nd May – Grand Final for the Y8 Philanthropy
- 5th May – May bank holiday
- 12th May – Mental Health Awareness Week
- 16th May - KS3 Music Showcase, St Angelas Centre
- 21st May – World Day for Cultural Diversity
- 23rd May – End of Summer A
- 26th – 30th May – Half term

Looking Ahead

- 2nd June – Summer B Begins
- 2nd June - Year 8 End of Year Exam Week
- 5th June- Parental Workshop KS3- Relationships and healthy lifestyles in USFC
- 27th June – Sports Day
- 30th June – 13th July- Wimbledon Championships
- 30th June – Student Leadership Celebration in the School Hall
- 1st July – Summer Concert, Hall
- 4th July – Sports Awards Dinner
- 8th July – Yr8 Debates
- 8th July – Yr 8 celebration, 1.35-3.20pm
- 18th July – End of term - End of Term - Summer Holidays

**Please note this is not a complete event list and is intended to provide a snapshot only. Events may be subject to change on our school website.*



Year 7-10 Cross Country Runners



St Cecilia's Concert

Wellbeing

Parental Workshops

South West London and St George's Mental Health NHS trust are running a number of free wellbeing workshops for parents / carers of secondary school aged children.

Click here for more information and to book: [Secondary/College Parents - Wellbeing Workshops | Eventbrite](#)

Education Wellbeing Service
South West London and St George's Mental Health NHS Trust

Upcoming Events For Secondary Parents Spring/Summer Term 2025
Supporting your teenager's mental health webinars

- 4TH OR 6TH FEB** Social Media & Gaming: What Parents Need To Know
- 24TH FEB** Managing Exam & Assignment Stress For Parents Of Young People In Years 11-13
- 26TH OR 27TH MAR** Exam And Assignment Stress Management For Parents Of Young People In Years 7-10
- 24TH OR 30TH APR** Parenting Teenagers: Conflict And Communication
- 7TH OR 9TH MAY** Supporting Your Teenager With Emotional Difficulties And Self-Harm

To view further event details and descriptions, and to book on to any of the webinars, please scan the QR Code or follow the link to our Eventbrite collection. [Click here](#)

We also provide free 1:1 early help support programmes for young people to support with anxiety or low mood. Speak to your school to find out more.

Cost of living crisis: please use the link to check if you qualify for the governments Free School Meals scheme:

<https://self.merton.gov.uk/service/Pupil Premium and Free School Meals application>

Year 8 Update



Health and well-being Services Directory and Resource Library

Health and Wellbeing

The teenage years can bring about many well-being and mental health challenges for teens and their families. At the Ursuline High School, we fulfil our school values through our outstanding pastoral care. We understand that young women need to have the best view of themselves and the world around them to succeed.

We really do care for each one of our students and we ensure that their individual needs are known and met. Students have a variety of support available that they can access in school to support them, with any worries or anxieties students may have about school or outside of school.

Our focus on well-being is further supported by being part of the South-west London Mental Health Trailblazer. This partnership provides mental health support teams that work with students and their parents with the aim of ensuring they are well equipped to have healthy and honest conversations about emotional well-being – as well as connecting them to local services. This has enabled us to develop the services we have on offer at the Ursuline including a clinical psychologist, nurse and educational well-being practitioners.

If you or your daughter have a concern, then in the first instance please speak with your daughter's form tutor or pastoral support assistant. See the Year 8 list [here](#).

Safeguarding

At the Ursuline High School, the well-being and the safety of young people in our care is paramount. We recognize our duty to ensure arrangements are in place for safeguarding and promoting the welfare of children. If you have a concern regarding a student please [contact the Safeguarding team](#).

Parent/Carer Support Services Directory

Explore our [Directory](#) for a list of charities and other parenting experts sharing practical strategies, and powerful insights that can help to inform your conversations at home.

Online Safety, Smart Devices and Social Media

Our [extensive online safety library](#) hosts our Smart Devices & Social Media Statement and other recommended resources related specifically to online safety. From social media and gaming to online challenges and conversation starters, our library is expansive.

Girls' only Education

The [On educating Girls': Creating a World of Possibilities' podcast](#) produced by the International Coalition of Girls' Schools (ICGS) is a robust global conversation among experts who are passionate about the education and healthy development of girls. Tune in for practical strategies, and powerful insights that can reshape your conversations at home.