

# MENU 3

22nd-26th January, 19th-23rd February, 11th-15th March

#### **MONDAY**

Beef Bolognese with Penne Pasta (C), Sweet Potato and Vegetable Goulash (Ce), Green Beans, Macaroni Cheese (C, M, may contain: Ce, E, Mu, So), Pepperoni and Cheese Panini (M, C, So, Mu, E), Jacket Potato with Tuna and Sweetcorn (F, E, may contain Mu), Jacket Potato with Baked Beans, Cheese and Tomato Pizza (C and M)

### **TUESDAY**

Chicken Burger (C, may contain: Se, Ce), Steak Pie (C, M), Falafel and Salad Wrap (C), Herby Diced Potatoes (C), Sweetcorn, Green Pesto and Parmesan Pasta (C and M), Jacket Potato with Tuna and Sweetcorn (F, E, may contain Mu), Jacket Potato with Baked Beans, Cheese and Tomato Pizza (C and M)

### WEDNESDAY

Garlic and Herb Chicken, Quorn Mince Burrito (C, may contain: Se, P), Pork Ravioli (C), Roast Potatoes (C), Baby Carrots, Tomato and Herb Pasta (C, Ce), Jacket Potato with Tuna and Sweetcorn (F, E, may contain Mu), Jacket Potato with Baked Beans, Cheese and Tomato Pizza (C and M)

### **THURSDAY**

Cottage Pie (C, Ce), Sausage in a Bun (C, may contain: Se, P) Southern Style Burger (C, E, M, may contain Se), Herby Diced Potatoes (C), Mixed Vegetables, Cheese and Tomato Panini (C, M, So), Roasted Vegetable and Tomato Pasta (C, Ce), Jacket Potato with Tuna and Sweetcorn (F, E, may contain Mu), Jacket Potato with Baked Beans, Cheese and Tomato Pizza (C and M)

# **FRIDAY**

Fish Fingers (F, E, C, M, May contain Mu), Herby Diced Potatoes (C), Cheese and Tomato Pizza (C and M), Baked Beans

(Please read individual labels for the full ingredients and allergens list)

Salad bar, Cookies, Cakes, Jellies, and Cold Drinks

Allergies: Ce = Celery, C = Cereal, E = Egg, F = Fish, L = Lupin, M = Milk, Mo Molluscs, Mu =

Mustard, N = Nuts, P = Peanuts, S = Sesame seeds, So = Soya, Su = Sulphur dioxide