



# Enrichment Activities

## KS3 Spring Term 2024







## Foreword

Our school motto, **Serviam 'I Will Serve'**, permeates all aspects of school life and our students are encouraged to participate in activities which are designed to develop the whole person and allow them to extend themselves to others. Participation in the life of the school promotes a sense of belonging and pride in the school and is imperative to the success of every student. Our expectation is that all students will take part in an activity outside of the classroom. These experiences will enrich their lives, improve their skills and help them to enjoy school life to the full. This brochure outlines our **Enrichment Programme** for the *Spring Term 2024*.

Please encourage your child to choose some life-enriching activities. Please contact the staff member under each enrichment to book a place.

*Eoin Kelly*  
**Acting Headteacher**

## MONDAY

### KS3 Public Speaking Club

*Lunchtime, 12.40pm, B11*

**Staff Contact:** Ms Grandin and Ms Sidaway

[katharine.grandin@uhsw.com](mailto:katharine.grandin@uhsw.com)

[serena.sidaway@uhsw.com](mailto:serena.sidaway@uhsw.com)

### Year 7 Singers

*Lunchtime, Chapel*

**Year Group:** Y7

**Staff Contact:** Mr Williams

[paul.williams@uhsw.com](mailto:paul.williams@uhsw.com)

**Description:** Practising your singing as part of a choir!

**Skills required:** Teamwork, creativity, building community.

### Book Club

*3.15 - 4.00pm, LRC*

**Year Group:** Y8

**Staff Contact:** Ms Toop

[gemma.toop@uhsw.com](mailto:gemma.toop@uhsw.com)

**Description:** Fun environment where students can read and discuss books!

**Skills required:** A love of reading- that's it!

### Basketball Club

*3.15 - 4.15pm, UHS Sportshall*

*See P.E Dept for further details*

**Year Group:** Y9

**Staff Contact:** Mr Dunne and Mr Norford

[christopher.dunne@uhsw.com](mailto:christopher.dunne@uhsw.com)



### Science Club

*3.15 - 4.00pm, S8*

**Year Group:** Y7-8

**Staff Contact:** Mrs Clark

[jacqueline.clark@uhsw.com](mailto:jacqueline.clark@uhsw.com)

**Description:** This club will further explore some of the key science topics you face in your daily life and the world around you. This club will be project based with the sole requirement of having fun and exploring science!

**Skills required:** Leadership, planning, teamwork, creativity, making your ideas happen.

## TUESDAY

### D&T Club

*Lunchtime (Until 19th March)*

*See Ms Thomas in D&T for further details*

**Year Group:** Y7-9 (Max 15 students)

**Staff Contact:** Mrs Thomas

[paula.thomas@uhsw.com](mailto:paula.thomas@uhsw.com)

**Description:** – Structures and Mechanisms – Design, Make and Text a Medieval Siege Machine.

### Computing Club

*Lunchtime, T2*

**Year Group:** All Year Groups

**Staff Contact:** Mr Chiswa

[ian.chiswa@uhsw.com](mailto:ian.chiswa@uhsw.com)

**Description:** Pupils will have the opportunity to work on Mind Craft, Code Combat or practice programming skills.

**Skills required:** Leadership, planning, teamwork, creativity, making your ideas happen.conviction to discussion.

### Sycamore Club

*12:40 – 1:20pm, K2*

**Year Group:** Y9

**Staff Contact:** Ms Connor

[kerry.connor@ursulinehigh.merton.sch.uk](mailto:kerry.connor@ursulinehigh.merton.sch.uk)

**Description:** A 10 week programme to explore faith and big questions through videos and chat in a friendly environment.

### Drama Club

*Lunchtime, 12.50pm A5*

**Year Group:** Y7-9

**Staff Contact:** Ms Melluish

[nikki.melluish@ursulinehigh.merton.sch.uk](mailto:nikki.melluish@ursulinehigh.merton.sch.uk)

**Description:** This club provides all Key Stage 3 students with the opportunity to extend their performance skills. The club will focus on practice devising projects and will contribute to the staging of a Key Stage 3 production of a scripted play later in the year.

### History Club

*Lunchtime, 12.40pm*

**Year Group:** Y8

**Staff Contact:** Mr Noone

[josh.noone@uhsw.com](mailto:josh.noone@uhsw.com)

**Description:** Students will focus on a different historical event each half month, learning the key facts and creating either a piece of art or a poem etc to commemorate it.

### Year 8 Singers

*Lunchtime, Chapel*

**Year Group:** Y8

**Staff Contact:** Mr Williams

[paul.williams@uhsw.com](mailto:paul.williams@uhsw.com)

**Description:** Practising your singing as part of a choir!

**Skills required:** Teamwork, creativity, building community.

### Piano Club

*3:15 - 4pm, A4*

**Year Group:** Y7-9

**Staff Contact:** Mr Ching

[jason.ching@uhsw.com](mailto:jason.ching@uhsw.com)

**Description:** Students will improve their keyboard skills, learning how to play melodies and chords with good finger technique

**Skills required:** Dedication, Commitment, Willingness to learn and improve.

### Basketball Club

*3.15-4.15pm, UHS Sportshall*

*With Kingston Lions Basketball Coaches*

*See P.E Dept for further details*

**Year Group:** Y7-8

**Staff Contact:** Mr Dunne and Mr Norford

[christopher.dunne@uhsw.com](mailto:christopher.dunne@uhsw.com)

**Please see next page for more clubs**



## WEDNESDAY

### Bible and CAFOD Clubs

Lunchtime (12.50pm)

**Year Group:** Y7-8

**Staff Contact:** Mr Odhiambo / Sr Elizabeth  
[sulumenty.odhiambo@uhsw.com](mailto:sulumenty.odhiambo@uhsw.com)  
[elizabeth.mudzimu@uhsw.com](mailto:elizabeth.mudzimu@uhsw.com)

**Description:** Students will develop their skills on how to find and use Bible references as part of evidence in their academic writings; they will learn different genres within the Bible; they will explore the significance of Inspiration of the Bible writers by the Holy Spirit. They will discuss the relevance of different books of the Bible for Christians today.

### KS3 Spoken Verse and Poetry

Lunchtime (12.50pm), LRC

**Year Group:** Y7-9

**Staff Contact:** Ms McHale  
[laura.mchale@uhsw.com](mailto:laura.mchale@uhsw.com)

### Ursuline Concert Choir

Lunchtime, Chapel

**Year Group:** Y9

**Staff Contact:** Mr Ching  
[jason.ching@uhsw.com](mailto:jason.ching@uhsw.com)

**Description:** Practising your singing as part of a choir

**Skills required:** Teamwork, creativity, building community

### Orchestra

3.15-4.00pm, A4

**Year Group:** Y7-9

**Staff Contact:** Mr Williams  
[paul.williams@uhsw.com](mailto:paul.williams@uhsw.com)

**Description:** Learn a mixed challenging repertoire!

**Skills required:** Suitable for students on all grades I – III.

### School Council

3.20 - 4.00pm, Microsoft TEAMS

**Year Group:** Y7-9

**Staff Contact:** Mr Williams  
[paul.williams@uhsw.com](mailto:paul.williams@uhsw.com)

**Description:** The School Council meets once every half term to develop plans to support student learning, respond to proposals for the Senior Leadership Team and to raise issues and

concerns. School Councillors often represent the school.

**Skills required:** Leadership, planning, teamwork, creativity, making your ideas happen.

### UN Environment Programme

See Ms Parker for further details

**Staff Contact:** Ms Parker  
[hannah.parker@uhsw.com](mailto:hannah.parker@uhsw.com)

**Description:** At UHS we are committed to supporting and protecting our environment, which is why we are adopting the United Nation's 17 Sustainable Development Global Goals. We will be working towards meeting each goal throughout the year, using your creativity, ideas and teamwork to make a positive impact on our school's environment. You'll be able to design, produce and lead: competitions, events, seminars, presentations, fundraising activities, displays, and much more!

**Skills required:** An interest in the environment and a willingness to help!

### Little Giants Volleyball Academy

3.15-4.15pm, C4

Fully Booked, Waiting List Only

**Year Group:** Y8-9

**Staff Contact:** Ms Torode, Ms Corrigan  
[rachel.corrigan@uhsw.com](mailto:rachel.corrigan@uhsw.com)  
[anne-lise.torode@uhsw.com](mailto:anne-lise.torode@uhsw.com)

## THURSDAY

### Chaplaincy Team

12.50-1.20pm, Chapel

**Year Group:** Y7-9

**Staff Contact:** Mr Cunliffe  
[dominic.cunliffe@ursulinehigh.merton.sch.uk](mailto:dominic.cunliffe@ursulinehigh.merton.sch.uk)

**Description:** The Chaplaincy team meets every Thursday break time to plan liturgies and charity events.

**Skills required:** Leadership, planning, teamwork, creativity, making your ideas happen.

### Infour Athletics Fixtures

18th and 25th January

See P.E Dept for further details

**Year Group:** Y7-8

**Staff Contact:** Ms Corrigan  
[rachel.corrigan@uhsw.com](mailto:rachel.corrigan@uhsw.com)

### Maths Coding and Quiz Club

Lunchtime, G3

**Year Group:** Y7-9

**Staff Contact:** Mr Tyler  
[jacob.tyler@uhsw.com](mailto:jacob.tyler@uhsw.com)

**Description:** A chance to develop your coding skills as well as completing sudoku and other maths puzzles together, compete against others or just play for fun.

### Basketball Fixtures

As arranged. See P.E Dept for further details

**Year Group:** Y8-9

**Staff Contact:** Ms Corrigan  
[rachel.corrigan@uhsw.com](mailto:rachel.corrigan@uhsw.com)

### Geography Club

Lunchtime, 12.50pm

**Year Group:** Y8

**Staff Contact:** Mrs Grant  
[laura.grant@uhsw.com](mailto:laura.grant@uhsw.com)

**Description:** Students will focus on activities based on different cultures and countries each week.

### MFL Cooking Club

In students own time, Microsoft TEAMS

**Year Group:** All Year Groups

**Staff Contact:** Ms Guillet- Siad  
[melanie.guillet@uhsw.com](mailto:melanie.guillet@uhsw.com)

**Description:** Staff share tutorial videos of various cuisines. Students then have a week to cook chosen dish and bring photo / sample to share & discuss- discussion on cultures associated with dishes chosen will follow and posters to display best "work"

**Skills required:** Curiosity, commitment, resilience, positive can do attitude.

### Ukulele Club

3.15 - 4.00pm, A4

**Year Group:** Y7-9

**Staff Contact:** Mr Ching  
[jason.ching@uhsw.com](mailto:jason.ching@uhsw.com)

**Description:** Come along and learn how to play the ukulele!

**Skills required:** Willingness to learn or further your skills!

**Please see next page for more clubs**





## FRIDAY

### Dance Bites Street Dance Club (\*CHARGED)

1.40-2.45pm, See P.E Dept for further details

**Year Group:** Y7-9

**Staff Contact:** Ms Corrigan  
rachel.corrigan@uhs.com

### Skateboarding Club (\*CHARGED)

1.40-2.45pm, See P.E Dept for further details

**Code for Skate sign up;** <https://www.urbanstudiosessions.co.uk/uhs>

**Password:** sk8uss.

**Year Group:** Y7-9

**Staff Contact:** Ms Corrigan  
rachel.corrigan@uhs.com

### Beginners Trampolining Club (\*COMING SOON)

See P.E Dept for further details  
Trampolining club with the London  
Trampoline Company.

**Year Group:** Y7

**Staff Contact:** Ms Corrigan  
rachel.corrigan@uhs.com

## VARIOUS DAYS

### Student Recitals

Half-termly, St Angela's

See Music Dept for further details

**Year Group:** Y7-9

**Staff Contact:** Mr Ching  
jason.ching@uhs.com

### Philosophy Club

Lunchtime (12.50pm)

**Year Group:** Y7-9

**Staff Contact:** Mr Preastuin / Miss Park  
ronan.preastuin@uhs.com  
naen.park@uhs.com

## Instrumental and Singing lessons

### (FEE required)

Please see Mr Ching for full arrangements

**Year Group:** Y7-9

**Staff Contact:** Mr Williams  
jason.ching@uhs.com  
paul.williams@uhs.com

**Description:** Individual 20 or 30 minute  
instrumental or singing lessons with a visiting  
peripatetic teacher. 10 sessions per term.  
Sign up.

**Skills required:**

- Organisation; commitment to regular practice and rehearsal schedules.
- Instrumental and/or vocal technique, communication, expression.
- The ability to read music and understand musical notation.

### Student Leadership

Times will be arranged with the staff member allocated to the group.

**Year Group:** Y7-9

**Staff Contact:** Paul Williams  
paul.williams@uhs.com

**Description:**

Students will work on leadership opportunities in the following areas:

- Digital Learning
- International Links
- LRC
- Public Speaking
- Science
- Sports
- The Arts
- The Community
- The Environment
- The Media
- Teaching and Learning

**Skills required:** You will be able to work individually and as part of a team; you will need to show initiative and be willing to share ideas and to listen to others' ideas. Commitment and a desire to develop an area of the school.

**Description:** An opportunity for students to delve into various historical topics dependant on the time of Year.

**Skills required:** A love of history and an inquisitive nature.

### Irish Language Club

Please see Mr Preastuin for full arrangements

**Year Group:** Y7-9

**Staff Contact:** Mr Preastuin  
ronan.preastuin@uhs.com

**Description:** Students will be introduced to the Irish language (Gaeilge). They will learn vocabulary, counting and grammar with a view to developing a competency in conversational Irish.

**Skills required:**

An Interest in learning Gaeilge!

### Public Speaking Award

Monday, A7

**Year Group:** Y7-9

**Staff Contact:** Ms Tansey  
sarah.tansey@uhs.com

**Description:** Come along and practise your public speaking skills!

**Skills required:** Willingness to take part!

**Please see next page for more clubs**



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### Homework Support Year 7

3.10-4.10pm, Mon - Thurs, G8

**Year Group:** Y7

**Staff Contact:** Ms Jefferies

[victoria.jefferies@uhsw.com](mailto:victoria.jefferies@uhsw.com)

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### Homework Support Year 8

3.10-4.10pm, Mon - Thurs, M9

**Year Group:** Y8

**Staff Contact:** Ms Jefferies

[victoria.jefferies@uhsw.com](mailto:victoria.jefferies@uhsw.com)

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### Homework Support Year 9

3.10-4.10pm, Mon - Thurs, ROOM TBC

**Year Group:** Y9

**Staff Contact:** Ms Jefferies

[victoria.jefferies@uhsw.com](mailto:victoria.jefferies@uhsw.com)

Most enrichment activities will start w/b 15th January.

Check with the P.E Dept regarding any sports club start dates, as some may vary.

Summer Term activities will be available to view prior to the start of Summer Term.